

Event	Age	S	Name	Time/Dist	Date	Venue
80m	U11	F	S WHITTAKER	13.3	20 Aug 2000	King's Lynn
Long Jump	U11	F	S WHITTAKER	2.86	20 Aug 2000	King's Lynn
80m	U11	M	S DEYKIN	12.8	20 Aug 2000	King's Lynn
Long Jump	U11	M	S DEYKIN	3.29	20 Aug 2000	King's Lynn
100m	U13	F	Rebecca HALL	14.1	13 May 2000	Grantham
100m	U13	F	Rebecca NEWSOME	14.4	20 Aug 2000	King's Lynn
100m	U13	F	Sarah STEWART	15.1	16 Jul 2000	Grantham
100m	U13	F	Laura POSSNET	16.3	16 Jul 2000	Grantham
100m	U13	F	Daisy IVATT	16.7	24 Apr 2000	Lincoln
200m	U13	F	Alisa CLARKE	30.5	16 Jul 2000	Grantham
200m	U13	F	Rebecca NEWSOME	30.7	16 Jul 2000	Grantham
200m	U13	F	Rebecca HALL	31.0	24 Apr 2000	Lincoln
200m	U13	F	Claire THARBY	33.9	16 Jul 2000	Grantham
200m	U13	F	Laura POSSNET	35.0	16 Jul 2000	Grantham
200m	U13	F	Katie BEE	35.6	20 Aug 2000	King's Lynn
800m	U13	F	Katie BEE	3:00.0	20 Aug 2000	King's Lynn
800m	U13	F	Rebecca HALL	3:11.2	20 May 2000	Lincoln
1500m	U13	F	Katie BEE	7:01.7	3 Sep 2000	Lincoln
70m Hurdles	U13	F	Rebecca HALL	13.0	20 Aug 2000	King's Lynn
70m Hurdles	U13	F	Katie BEE	16.1	9 Apr 2000	Grantham
70m Hurdles	U13	F	Daisy IVATT	16.9	24 Apr 2000	Lincoln
75m Hurdles	U13	F	Katie BEE	15.6	16 Apr 2000	King's Lynn
Discus	U13	F	Rebecca HALL	26.50	3 Sep 2000	Lincoln
High Jump	U13	F	Daisy IVATT	0.95	24 Apr 2000	Lincoln
Long Jump	U13	F	Rebecca HALL	4.41	16 Jul 2000	Grantham
Long Jump	U13	F	Alisa CLARKE	3.56	16 Jul 2000	Grantham
Long Jump	U13	F	Rebecca NEWSOME	3.29	20 Aug 2000	King's Lynn
Long Jump	U13	F	Sarah STEWART	3.05	16 Jul 2000	Grantham
Long Jump	U13	F	Laura POSSNET	2.88	16 Jul 2000	Grantham
Long Jump	U13	F	Katie BEE	2.81	3 Sep 2000	Lincoln
Shot	U13	F	Rebecca HALL	10.30	20 Aug 2000	King's Lynn
Shot	U13	F	Sally BOLDEN	5.85	3 Sep 2000	Lincoln
Shot	U13	F	Katie BEE	4.67	20 Aug 2000	King's Lynn
Shot	U13	F	Claire THARBY	4.52	16 Jul 2000	Grantham
Shot	U13	F	Rebecca NEWSOME	4.01	16 Jul 2000	Grantham
100m	U13	M	Duncan TOMLIN	13.8	16 Jul 2000	Grantham
100m	U13	M	David WALKER	14.7	16 Jul 2000	Grantham
100m	U13	M	Richard SHARP	15.1	16 Apr 2000	King's Lynn
100m	U13	M	Tim STUBLEY	15.7	9 Apr 2000	Grantham
100m	U13	M	Paul JARVIS	15.9	3 Sep 2000	Lincoln
100m	U13	M	Jimmy MCNULTY	17.0	9 Apr 2000	Grantham
200m	U13	M	Jake GOSLING	29.4	20 Aug 2000	King's Lynn
200m	U13	M	Richard SHARP	31.8	16 Apr 2000	King's Lynn
200m	U13	M	Paul JARVIS	32.2	3 Sep 2000	Lincoln
200m	U13	M	Tim CARR	33.5	13 May 2000	Grantham
200m	U13	M	Tim STUBLEY	34.6	16 Apr 2000	King's Lynn
200m	U13	M	Scott SIMPSON	36.7	13 May 2000	Grantham
200m	U13	M	Jimmy MCNULTY	36.7	13 May 2000	Grantham
300m	U13	M	Scott SIMPSON	59.0	9 Apr 2000	Grantham
800m	U13	M	Jake GOSLING	2:29.6	20 Aug 2000	King's Lynn
800m	U13	M	Duncan TOMLIN	2:29.8	13 May 2000	Grantham
800m	U13	M	David WALKER	2:50.2	3 Sep 2000	Lincoln
800m	U13	M	Tim CARR	3:55.3	16 Apr 2000	King's Lynn
1500m	U13	M	Jake GOSLING	5:11.9	13 May 2000	Grantham
1500m	U13	M	David WALKER	5:41.0	16 Jul 2000	Grantham
1500m	U13	M	Blair MCMURRAY	6:17.1	13 May 2000	Grantham
75m Hurdles	U13	M	Jake GOSLING	16.3	9 Apr 2000	Grantham
75m Hurdles	U13	M	Tim CARR	16.8	13 May 2000	Grantham
75m Hurdles	U13	M	Scott SIMPSON	18.6	9 Apr 2000	Grantham
75m Hurdles	U13	M	Jimmy MCNULTY	19.1	24 Apr 2000	Lincoln

75m Hurdles	U13 M Blair MCMURRAY	19.7	13	May	2000	Grantham
80m Hurdles	U13 M Tim CARR	18.1	16	Apr	2000	King's Lynn
80m Hurdles	U13 M Tim STUBLEY	18.9	16	Apr	2000	King's Lynn
Discus	U13 M Jake GOSLING	17.99	3	Sep	2000	Lincoln
High Jump	U13 M Richard SHARP	1.20	16	Apr	2000	King's Lynn
High Jump	U13 M Paul JARVIS	1.15	3	Sep	2000	Lincoln
High Jump	U13 M Tim STUBLEY	1.10	16	Apr	2000	King's Lynn
Long Jump	U13 M Jake GOSLING	4.38	13	May	2000	Grantham
Long Jump	U13 M Duncan TOMLIN	4.15	16	Apr	2000	King's Lynn
Long Jump	U13 M Blair MCMURRAY	3.89	16	Apr	2000	King's Lynn
Long Jump	U13 M David WALKER	3.72	3	Sep	2000	Lincoln
Long Jump	U13 M Tim STUBLEY	3.71	13	May	2000	Grantham
Long Jump	U13 M Richard SHARP	3.55	13	May	2000	Grantham
Long Jump	U13 M Jimmy MCNULTY	3.19	13	May	2000	Grantham
Long Jump	U13 M Scott SIMPSON	3.17	13	May	2000	Grantham
Long Jump	U13 M Jonathon FEAST	2.88	9	Apr	2000	Grantham
Shot	U13 M Jake GOSLING	7.37	3	Sep	2000	Lincoln
Shot	U13 M Tim CARR	5.48	16	Apr	2000	King's Lynn
Shot	U13 M Duncan TOMLIN	5.23	13	May	2000	Grantham
Shot	U13 M Blair MCMURRAY	4.90	16	Apr	2000	King's Lynn
Shot	U13 M Jimmy MCNULTY	4.87	24	Apr	2000	Lincoln
Shot	U13 M Scott SIMPSON	4.58	24	Apr	2000	Lincoln
100m	U15 F Amy IVATT	13.5	24	Apr	2000	Lincoln
100m	U15 F Beatrice ASHTON	14.0	13	May	2000	Grantham
100m	U15 F Sevie WRIGHT	14.0	20	Aug	2000	King's Lynn
100m	U15 F Anna LENTON	14.5	16	Jul	2000	Grantham
100m	U15 F Katie TOWLE	15.2	9	Apr	2000	Grantham
100m	U15 F Felicity BARWELL	15.3	3	Sep	2000	Lincoln
200m	U15 F Beatrice ASHTON	27.8	3	Sep	2000	Lincoln
200m	U15 F Amy IVATT	29.6	24	Apr	2000	Lincoln
200m	U15 F Sevie WRIGHT	30.6	30	Jul	2000	Ipswich
200m	U15 F Anna LENTON	31.2	3	Sep	2000	Lincoln
800m	U15 F Carmen JACK	2:56.8	20	May	2000	Lincoln
1500m	U15 F Eleanor CROFTS	6:39.8	9	Apr	2000	Grantham
75m Hurdles	U15 F Carmen JACK	12.6	10	Jun	2000	Grantham
75m Hurdles	U15 F Anna LENTON	13.2	16	Jul	2000	Grantham
75m Hurdles	U15 F Sevie WRIGHT	14.7	20	Aug	2000	King's Lynn
75m Hurdles	U15 F Felicity BARWELL	15.1	16	Jul	2000	Grantham
75m Hurdles	U15 F Eleanor CROFTS	15.9	13	May	2000	Grantham
Discus	U15 F Y ARAYOMI	22.04	13	May	2000	Grantham
Discus	U15 F Amy IVATT	20.23	13	May	2000	Grantham
Discus	U15 F Eleanor CROFTS	16.37	16	Jul	2000	Grantham
Discus	U15 F Anna LENTON	16.29	16	Jul	2000	Grantham
Discus	U15 F Carmen JACK	15.82	30	Jul	2000	Ipswich
Discus	U15 F Sevie WRIGHT	13.48	3	Sep	2000	Lincoln
Discus	U15 F Felicity BARWELL	13.47	20	Aug	2000	King's Lynn
Discus	U15 F Holly TOMLIN	12.74	16	Apr	2000	King's Lynn
High Jump	U15 F Carmen JACK	1.35	16	Jul	2000	Grantham
High Jump	U15 F Felicity BARWELL	1.25	3	Sep	2000	Lincoln
High Jump	U15 F Katie TOWLE	1.25	9	Apr	2000	Grantham
High Jump	U15 F Tara LINCOLN	1.25	16	Jul	2000	Grantham
High Jump	U15 F Eleanor CROFTS	1.15	24	Apr	2000	Lincoln
High Jump	U15 F Sevie WRIGHT	1.00	20	Aug	2000	King's Lynn
Javelin	U15 F Tara LINCOLN	17.58	16	Jul	2000	Grantham
Javelin	U15 F Eleanor CROFTS	12.56	3	Sep	2000	Lincoln
Long Jump	U15 F Beatrice ASHTON	4.71	10	Jun	2000	Grantham
Long Jump	U15 F Carmen JACK	4.44	10	Jun	2000	Grantham
Long Jump	U15 F Anna LENTON	4.25	13	May	2000	Grantham
Long Jump	U15 F Eleanor CROFTS	4.20	13	May	2000	Grantham
Long Jump	U15 F Felicity BARWELL	4.11	30	Jul	2000	Ipswich
Long Jump	U15 F Holly TOMLIN	3.85	13	May	2000	Grantham
Shot	U15 F Carmen JACK	7.15	20	May	2000	Lincoln
Shot	U15 F Amy IVATT	7.06	9	Apr	2000	Grantham
Shot	U15 F Anna LENTON	6.90	3	Sep	2000	Lincoln
Shot	U15 F Eleanor CROFTS	5.96	16	Jul	2000	Grantham
Shot	U15 F Holly TOMLIN	5.53	13	May	2000	Grantham
Shot	U15 F Sarah JOSE	3.34	16	Jul	2000	Grantham

100m	U15 M R DALE	12.2	20	Aug	2000	King's Lynn
100m	U15 M James THORNLEY	12.3	9	Apr	2000	Grantham
100m	U15 M Dale HOUGHTON	12.4	24	Apr	2000	Lincoln
100m	U15 M Tom HALL	12.5	30	Jul	2000	Ipswich
100m	U15 M George BEEKEN	12.8	24	Apr	2000	Lincoln
100m	U15 M Marc MILES	12.9	20	Aug	2000	King's Lynn
100m	U15 M P DYE	13.4	13	May	2000	Grantham
100m	U15 M Michael SKINNER	13.9	9	Apr	2000	Grantham
100m	U15 M Nathan HARRIS	14.0	16	Jul	2000	Grantham
100m	U15 M Charles BIBBY	14.2	9	Apr	2000	Grantham
100m	U15 M Matthew CRAFT	14.9	16	Apr	2000	King's Lynn
100m	U15 M Ewen MCNULTY	14.9	9	Apr	2000	Grantham
100m	U15 M Craig JIGGINS	15.8	9	Apr	2000	Grantham
200m	U15 M James THORNLEY	25.1	9	Apr	2000	Grantham
200m	U15 M R DALE	25.2	20	Aug	2000	King's Lynn
200m	U15 M Dale HOUGHTON	25.7	24	Apr	2000	Lincoln
200m	U15 M George BEEKEN	26.5	3	Sep	2000	Lincoln
200m	U15 M Warren HUMPHRIES	27.2	16	Jul	2000	Grantham
200m	U15 M Tom HALL	27.5	16	Jul	2000	Grantham
200m	U15 M P DYE	28.0	13	May	2000	Grantham
200m	U15 M Robert JACKSON	28.3	16	Jul	2000	Grantham
200m	U15 M Michael SKINNER	28.4	9	Apr	2000	Grantham
200m	U15 M Charles BIBBY	29.4	18	Jun	2000	Bury St Edmunds
200m	U15 M Jack THORPE	29.5	16	Jul	2000	Grantham
200m	U15 M Paul SIMMS	29.8	16	Jul	2000	Grantham
200m	U15 M Euan MCLAUGHLIN	30.1	13	May	2000	Grantham
200m	U15 M Andrew WILLERTON	30.2	24	Apr	2000	Lincoln
200m	U15 M Joe TURNER	30.4	9	Apr	2000	Grantham
200m	U15 M Ewen MCNULTY	31.9	9	Apr	2000	Grantham
200m	U15 M Matthew DAWSON	32.0	16	Apr	2000	King's Lynn
200m	U15 M Matthew BAINBRIDGE	32.9	18	Jun	2000	Bury St Edmunds
300m	U15 M Warren HUMPHRIES	44.0	3	Sep	2000	Lincoln
300m	U15 M Jamie FORMAN	45.2	3	Sep	2000	Lincoln
300m	U15 M Jack THORPE	46.8	16	Jul	2000	Grantham
300m	U15 M Paul SIMMS	48.4	16	Jul	2000	Grantham
300m	U15 M Joe TURNER	48.8	16	Jul	2000	Grantham
400m	U15 M Euan MCLAUGHLIN	1:03.1	30	Jul	2000	Ipswich
400m	U15 M Warren HUMPHRIES	1:03.7	20	Aug	2000	King's Lynn
400m	U15 M Jamie FORMAN	1:04.0	30	Jul	2000	Ipswich
400m	U15 M Andrew WILLERTON	1:07.4	13	May	2000	Grantham
400m	U15 M Miles CLEMENT	1:24.1	20	Aug	2000	King's Lynn
800m	U15 M James MITCHELL	2:18.8	3	Sep	2000	Lincoln
800m	U15 M Warren HUMPHRIES	2:25.8	24	Apr	2000	Lincoln
800m	U15 M Jamie FORMAN	2:27.2	16	Jul	2000	Grantham
800m	U15 M Paul SIMMS	2:34.1	16	Apr	2000	King's Lynn
800m	U15 M R DALE	2:37.6	20	May	2000	Lincoln
800m	U15 M Euan MCLAUGHLIN	2:38.1	18	Jun	2000	Bury St Edmunds
800m	U15 M George BEEKEN	2:38.7	20	May	2000	Lincoln
800m	U15 M Alec MCNULTY	2:39.0	9	Apr	2000	Grantham
800m	U15 M Matthew DAWSON	2:41.6	24	Apr	2000	Lincoln
800m	U15 M James THORNLEY	2:43.2	20	May	2000	Lincoln
800m	U15 M Miles CLEMENT	3:08.6	20	Aug	2000	King's Lynn
1500m	U15 M James MITCHELL	4:38.7	10	Jun	2000	Grantham
1500m	U15 M Warren HUMPHRIES	4:50.0	9	Apr	2000	Grantham
1500m	U15 M Jamie FORMAN	4:51.9	16	Jul	2000	Grantham
1500m	U15 M Paul SIMMS	5:14.3	13	May	2000	Grantham
1500m	U15 M Euan MCLAUGHLIN	5:15.5	13	May	2000	Grantham
1500m	U15 M Alec MCNULTY	5:25.5	13	May	2000	Grantham
1500m	U15 M Andrew WILLERTON	5:42.5	13	May	2000	Grantham
1 Mile	U15 M James MITCHELL	5:04.5	3	Sep	2000	Lincoln
1 Mile	U15 M Jack THORPE	6:12.7	3	Sep	2000	Lincoln
80m Hurdles	U15 M George BEEKEN	12.4	16	Jul	2000	Grantham
80m Hurdles	U15 M James THORNLEY	13.8	20	May	2000	Lincoln
80m Hurdles	U15 M R DALE	14.2	20	May	2000	Lincoln
80m Hurdles	U15 M Joe TURNER	15.7	16	Jul	2000	Grantham
80m Hurdles	U15 M Paul SIMMS	16.9	16	Apr	2000	King's Lynn
80m Hurdles	U15 M Charles BIBBY	17.5	9	Apr	2000	Grantham
80m Hurdles	U15 M Ewen MCNULTY	19.0	24	Apr	2000	Lincoln
Discus	U15 M Dale FLETCHER	36.31	16	Jul	2000	Grantham
Discus	U15 M Marc MILES	33.72	20	Aug	2000	King's Lynn
Discus	U15 M Nathan HARRIS	27.07	16	Jul	2000	Grantham
Discus	U15 M Euan MCLAUGHLIN	24.30	30	Jul	2000	Ipswich
Discus	U15 M Matthew CRAFT	17.16	16	Jul	2000	Grantham
Discus	U15 M Matthew BAINBRIDGE	16.92	18	Jun	2000	Bury St Edmunds
Discus	U15 M Matthew DAWSON	14.97	16	Apr	2000	King's Lynn
Discus	U15 M C MANNING	13.94	18	Jun	2000	Bury St Edmunds
Discus	U15 M James HILL	9.11	9	Apr	2000	Grantham

Discus	U15 M Craig JIGGINS	8.33	9	Apr	2000	Grantham
Hammer	U15 M Dominic RYAN	18.18	16	Jul	2000	Grantham
Hammer	U15 M Matthew BAINBRIDGE	16.55	30	Jul	2000	Ipswich
Hammer	U15 M Matthew DAWSON	12.20	13	May	2000	Grantham
Hammer	U15 M Craig JIGGINS	11.04	16	Jul	2000	Grantham
Hammer	U15 M C MANNING	8.84	18	Jun	2000	Bury St Edmunds
High Jump	U15 M P DYE	1.63	13	May	2000	Grantham
High Jump	U15 M J WHITE	1.55	20	Aug	2000	King's Lynn
High Jump	U15 M George BEEKEN	1.55	3	Sep	2000	Lincoln
High Jump	U15 M James THORNLEY	1.48	20	May	2000	Lincoln
High Jump	U15 M Robert JACKSON	1.45	3	Sep	2000	Lincoln
High Jump	U15 M Matthew CRAFT	1.35	16	Jul	2000	Grantham
High Jump	U15 M Elton MADINA	1.35	16	Jul	2000	Grantham
High Jump	U15 M R DALE	1.30	20	May	2000	Lincoln
High Jump	U15 M Ian MCNULTY	1.30	24	Apr	2000	Lincoln
High Jump	U15 M Joe TURNER	1.30	18	Jun	2000	Bury St Edmunds
High Jump	U15 M Paul SIMMS	1.00	16	Apr	2000	King's Lynn
Javelin	U15 M Marc MILES	44.33	16	Jul	2000	Grantham
Javelin	U15 M James THORNLEY	34.58	3	Sep	2000	Lincoln
Javelin	U15 M Robert JACKSON	23.16	9	Apr	2000	Grantham
Javelin	U15 M Ian MCNULTY	22.32	13	May	2000	Grantham
Javelin	U15 M Nathan HARRIS	22.10	3	Sep	2000	Lincoln
Javelin	U15 M Elton MADINA	19.83	16	Jul	2000	Grantham
Javelin	U15 M Matthew BAINBRIDGE	17.34	16	Apr	2000	King's Lynn
Javelin	U15 M Matthew DAWSON	16.55	24	Apr	2000	Lincoln
Javelin	U15 M Miles CLEMENT	11.44	16	Jul	2000	Grantham
Long Jump	U15 M Warren HUMPHRIES	5.14	16	Jul	2000	Grantham
Long Jump	U15 M J WHITE	5.10	20	Aug	2000	King's Lynn
Long Jump	U15 M James THORNLEY	4.93	20	May	2000	Lincoln
Long Jump	U15 M Jo EVELING-WHITE	4.88	16	Jul	2000	Grantham
Long Jump	U15 M George BEEKEN	4.86	13	May	2000	Grantham
Long Jump	U15 M R DALE	4.64	20	May	2000	Lincoln
Long Jump	U15 M Jamie FORMAN	4.48	3	Sep	2000	Lincoln
Long Jump	U15 M Tom HALL	4.31	3	Sep	2000	Lincoln
Long Jump	U15 M Joe TURNER	4.12	16	Jul	2000	Grantham
Long Jump	U15 M Michael SKINNER	4.10	13	May	2000	Grantham
Long Jump	U15 M Charles BIBBY	4.05	18	Jun	2000	Bury St Edmunds
Long Jump	U15 M Andrew WILLERTON	3.98	13	May	2000	Grantham
Long Jump	U15 M Matthew BAINBRIDGE	3.64	30	Jul	2000	Ipswich
Shot	U15 M Dale FLETCHER	10.63	16	Jul	2000	Grantham
Shot	U15 M Euan MCLAUGHLIN	10.38	30	Jul	2000	Ipswich
Shot	U15 M R DALE	10.15	30	Jul	2000	Ipswich
Shot	U15 M Dominic RYAN	9.82	16	Jul	2000	Grantham
Shot	U15 M James THORNLEY	9.67	20	Aug	2000	King's Lynn
Shot	U15 M George BEEKEN	9.30	18	Jun	2000	Bury St Edmunds
Shot	U15 M Jo EVELING-WHITE	9.04	16	Jul	2000	Grantham
Shot	U15 M P DYE	8.35	13	May	2000	Grantham
Shot	U15 M Craig JIGGINS	7.52	16	Jul	2000	Grantham
Shot	U15 M Andrew WILLERTON	6.79	13	May	2000	Grantham
Shot	U15 M Michael SKINNER	6.18	13	May	2000	Grantham
Shot	U15 M Ian MCNULTY	6.12	24	Apr	2000	Lincoln
Shot	U15 M Ewen MCNULTY	5.11	13	May	2000	Grantham
Shot	U15 M James HILL	4.89	9	Apr	2000	Grantham
Shot	U15 M Miles CLEMENT	3.81	24	Apr	2000	Lincoln
Triple Jump	U15 M J WHITE	11.29	20	Aug	2000	King's Lynn
Triple Jump	U15 M Warren HUMPHRIES	10.42	9	Apr	2000	Grantham
Triple Jump	U15 M George BEEKEN	9.97	13	May	2000	Grantham
Triple Jump	U15 M Andrew WILLERTON	9.18	9	Apr	2000	Grantham
Triple Jump	U15 M Matthew CRAFT	9.07	13	May	2000	Grantham
Triple Jump	U15 M Paul SIMMS	8.44	13	May	2000	Grantham
100m	U17 F Rachel LEECH	15.4	13	May	2000	Grantham
200m	U17 F Frances WEBB	32.1	20	May	2000	Lincoln
200m	U17 F Katie DAVIES	32.6	9	Apr	2000	Grantham
800m	U17 F Frances WEBB	2:52.6	20	May	2000	Lincoln
800m	U17 F Heather BOLDEN	3:06.0	24	Apr	2000	Lincoln
1500m	U17 F Melissa LUDLAM	5:44.5	10	Jun	2000	Grantham
80m Hurdles	U17 F Frances WEBB	14.8	20	May	2000	Lincoln
Discus	U17 F Sarah KENT	25.56	30	Jul	2000	Ipswich
Discus	U17 F Rachel LEECH	20.85	24	Apr	2000	Lincoln
Discus	U17 F Heather BOLDEN	17.69	24	Apr	2000	Lincoln

High Jump	U17 F Frances WEBB	1.58	10	Jun	2000	Grantham
Javelin	U17 F Sarah KENT	24.66	30	Jul	2000	Ipswich
Javelin	U17 F Katie DAVIES	17.22	24	Apr	2000	Lincoln
Javelin	U17 F Rachel LEECH	14.59	16	Apr	2000	King's Lynn
Javelin	U17 F Frances WEBB	12.81	20	May	2000	Lincoln
Long Jump	U17 F Frances WEBB	4.02	20	May	2000	Lincoln
Long Jump	U17 F Sarah KENT	3.89	18	Jun	2000	Bury St Edmunds
Long Jump	U17 F Katie DAVIES	3.82	24	Apr	2000	Lincoln
Long Jump	U17 F Heather BOLDEN	3.54	24	Apr	2000	Lincoln
Shot	U17 F Rachel LEECH	8.17	9	Apr	2000	Grantham
Shot	U17 F Sarah KENT	7.96	30	Jul	2000	Ipswich
Shot	U17 F Frances WEBB	6.36	20	May	2000	Lincoln
Shot	U17 F Katie DAVIES	5.37	24	Apr	2000	Lincoln
100m	U17 M Daniel JELLIS	11.6	20	Aug	2000	King's Lynn
100m	U17 M Tom JARVIS	12.2	13	May	2000	Grantham
100m	U17 M Andrew MILES	12.7	20	Aug	2000	King's Lynn
100m	U17 M Matthew COPE	13.0	9	Jul	2000	Hull
100m	U17 M Chris WILLERTON	13.5	9	Apr	2000	Grantham
100m	U17 M John MCGAREL	13.8	18	Jun	2000	Bury St Edmunds
200m	U17 M Daniel JELLIS	24.4	3	Sep	2000	Lincoln
200m	U17 M Tom JARVIS	24.7	3	Sep	2000	Lincoln
200m	U17 M Matthew COPE	26.0	16	Jul	2000	Grantham
200m	U17 M Jason PEDLEY	26.5	20	Aug	2000	King's Lynn
200m	U17 M Chris WILLERTON	26.7	9	Apr	2000	Grantham
200m	U17 M John MCGAREL	27.9	18	Jun	2000	Bury St Edmunds
200m	U17 M Edward MITCHELL	28.1	24	Apr	2000	Lincoln
400m	U17 M Tom JARVIS	53.8	20	Aug	2000	King's Lynn
400m	U17 M Daniel JELLIS	54.5	30	Jul	2000	Ipswich
400m	U17 M Dale HOUGHTON	55.5	13	May	2000	Grantham
400m	U17 M Leon CLEMENT	56.8	9	Jul	2000	Hull
400m	U17 M Matthew COPE	57.4	20	Aug	2000	King's Lynn
400m	U17 M Jason PEDLEY	58.7	16	Jul	2000	Grantham
400m	U17 M John MCGAREL	1:06.6	16	Jul	2000	Grantham
800m	U17 M Leon CLEMENT	2:07.1	20	Aug	2000	King's Lynn
800m	U17 M Jason PEDLEY	2:14.3	9	Jul	2000	Hull
800m	U17 M Matthew COPE	2:17.5	3	Jun	2000	Grantham
800m	U17 M John MCGAREL	2:19.1	30	Jul	2000	Ipswich
800m	U17 M Edward MITCHELL	2:24.1	13	May	2000	Grantham
800m	U17 M Simon O'NEILL	2:25.7	16	Jul	2000	Grantham
1500m	U17 M Leon CLEMENT	4:27.0	20	Aug	2000	King's Lynn
1500m	U17 M Jason PEDLEY	4:37.9	13	May	2000	Grantham
1500m	U17 M Tom JARVIS	4:50.2	16	Sep	2000	Birmingham
1500m	U17 M Edward MITCHELL	4:52.4	16	Jul	2000	Grantham
1500m	U17 M Matthew COPE	4:56.5	20	May	2000	Lincoln
1500m	U17 M Simon O'NEILL	5:09.3	20	Aug	2000	King's Lynn
1500m	U17 M Daniel JELLIS	5:26.3	20	May	2000	Lincoln
1500m	U17 M William RIMMER	5:30.7	18	Jun	2000	Bury St Edmunds
1 Mile	U17 M Leon CLEMENT	5:09.7	24	Apr	2000	Lincoln
1 Mile	U17 M Edward MITCHELL	5:20.8	3	Sep	2000	Lincoln
3000m	U17 M Leon CLEMENT	9:34.6	16	Jul	2000	Grantham
5000m	U17 M Leon CLEMENT	17:28.4	3	Sep	2000	Lincoln
5000m	U17 M Jason PEDLEY	18:54.6	24	Apr	2000	Lincoln
5000m	U17 M John MCGAREL	19:31.9	24	Apr	2000	Lincoln
100m Hurdles	U17 M Tom JARVIS	15.0	16	Sep	2000	Birmingham
100m Hurdles	U17 M Daniel JELLIS	16.8	20	May	2000	Lincoln
100m Hurdles	U17 M Jason PEDLEY	18.6	20	May	2000	Lincoln
100m Hurdles	U17 M Simon O'NEILL	19.8	16	Jul	2000	Grantham
100m Hurdles	U17 M Matthew COPE	21.3	20	May	2000	Lincoln
110m Hurdles	U17 M Tom JARVIS	15.2	20	Aug	2000	King's Lynn
110m Hurdles	U17 M Jason PEDLEY	17.7	20	Aug	2000	King's Lynn
400m Hurdles	U17 M Tom JARVIS	1:00.4	9	Jul	2000	Hull
1500m S/c	U17 M John MCGAREL	5:20.6	10	Jun	2000	Grantham
1500m S/c	U17 M Matthew COPE	5:22.4	16	Jul	2000	Grantham
1500m S/c	U17 M Simon O'NEILL	5:46.7	10	Jun	2000	Grantham
1500m S/c	U17 M Chris WILLERTON	6:03.8	24	Apr	2000	Lincoln
Discus	U17 M Daniel JELLIS	31.39	20	May	2000	Lincoln
Discus	U17 M Jason PEDLEY	24.11	24	Apr	2000	Lincoln

Discus	U17 M John MCGAREL	23.96	10 Jun 2000	Grantham
Discus	U17 M Tom JARVIS	23.81	16 Sep 2000	Birmingham
Discus	U17 M Matthew COPE	22.37	20 May 2000	Lincoln
Hammer	U17 M Stuart MINNS	34.21	13 May 2000	Grantham
Hammer	U17 M Simon O'NEILL	14.45	13 May 2000	Grantham
Hammer	U17 M William RIMMER	13.01	18 Jun 2000	Bury St Edmunds
High Jump	U17 M Tom JARVIS	1.75	16 Sep 2000	Birmingham
High Jump	U17 M Jason PEDLEY	1.60	9 Apr 2000	Grantham
High Jump	U17 M Daniel JELLIS	1.60	20 Aug 2000	King's Lynn
High Jump	U17 M Matthew COPE	1.53	24 Apr 2000	Lincoln
Javelin	U17 M John MCGAREL	33.79	16 Jul 2000	Grantham
Javelin	U17 M Daniel JELLIS	31.43	13 May 2000	Grantham
Javelin	U17 M Tom JARVIS	28.52	16 Sep 2000	Birmingham
Javelin	U17 M Jason PEDLEY	25.35	16 Jul 2000	Grantham
Javelin	U17 M Simon O'NEILL	25.20	13 May 2000	Grantham
Javelin	U17 M Matthew COPE	22.89	20 May 2000	Lincoln
Long Jump	U17 M Andrew MILES	5.82	13 May 2000	Grantham
Long Jump	U17 M Tom JARVIS	5.29	20 May 2000	Lincoln
Long Jump	U17 M Daniel JELLIS	5.16	20 May 2000	Lincoln
Long Jump	U17 M Jason PEDLEY	4.49	20 May 2000	Lincoln
Long Jump	U17 M Simon O'NEILL	4.41	13 May 2000	Grantham
Long Jump	U17 M Matthew COPE	4.33	20 May 2000	Lincoln
Long Jump	U17 M John MCGAREL	4.08	9 Apr 2000	Grantham
Pole Vault	U17 M Simon O'NEILL	1.50	13 May 2000	Grantham
Shot	U17 M Daniel JELLIS	13.22	30 Jul 2000	Ipswich
Shot	U17 M Tom JARVIS	9.16	16 Sep 2000	Birmingham
Shot	U17 M Jason PEDLEY	7.85	20 May 2000	Lincoln
Shot	U17 M Chris WILLERTON	7.40	9 Apr 2000	Grantham
Shot	U17 M Matthew COPE	6.63	20 May 2000	Lincoln
Triple Jump	U17 M Andrew MILES	12.16	20 Aug 2000	King's Lynn
Triple Jump	U17 M Tom JARVIS	11.39	3 Jun 2000	Grantham
Triple Jump	U17 M Dale HOUGHTON	10.56	16 Jul 2000	Grantham
Triple Jump	U17 M Jason PEDLEY	10.40	5 Aug 2000	Bradford
Triple Jump	U17 M Leon CLEMENT	9.81	9 Jul 2000	Hull
Triple Jump	U17 M John MCGAREL	8.84	30 Jul 2000	Ipswich
100m	U20 F Delia FREEMAN	13.8	13 May 2000	Grantham
200m	U20 F Kerry SIDNEY	28.5	16 Apr 2000	King's Lynn
200m	U20 F Jodie FAVELL	28.7	20 May 2000	Lincoln
400m	U20 F Jodie FAVELL	1:05.5	13 May 2000	Grantham
400m	U20 F Ruth BAMPPTON	1:06.9	10 Jun 2000	Grantham
800m	U20 F Jodie FAVELL	2:49.6	16 Sep 2000	Birmingham
100m Hurdles	U20 F Jodie FAVELL	16.6	24 Apr 2000	Lincoln
400m Hurdles	U20 F Jodie FAVELL	1:11.7	13 May 2000	Grantham
High Jump	U20 F Kerry SIDNEY	1.55	10 Jun 2000	Grantham
High Jump	U20 F Jodie FAVELL	1.39	16 Sep 2000	Birmingham
Javelin	U20 F Jodie FAVELL	35.29	3 Sep 2000	Lincoln
Javelin	U20 F Kerry SIDNEY	21.07	9 Apr 2000	Grantham
Long Jump	U20 F Kerry SIDNEY	5.89	16 Apr 2000	King's Lynn
Long Jump	U20 F Jodie FAVELL	4.84	16 Sep 2000	Birmingham
Long Jump	U20 F Delia FREEMAN	4.60	13 May 2000	Grantham
Shot	U20 F Jodie FAVELL	7.71	16 Sep 2000	Birmingham
100m	U20 M Damian LARRINGTON	11.9	16 Jul 2000	Grantham
100m	U20 M Chris COPE	12.5	16 Jul 2000	Grantham
100m	U20 M Alex SCOTNEY	12.8	13 May 2000	Grantham
100m	U20 M Paul MILLER	12.8	3 Sep 2000	Lincoln
200m	U20 M Paul MILLER	25.5	24 Apr 2000	Lincoln
200m	U20 M Chris COPE	25.6	24 Apr 2000	Lincoln
200m	U20 M Alex SCOTNEY	25.9	9 Apr 2000	Grantham
400m	U20 M Chris COPE	53.9	20 Aug 2000	King's Lynn
400m	U20 M Paul MILLER	54.8	10 Jun 2000	Grantham
400m	U20 M Alex SCOTNEY	58.1	6 May 2000	Barnsley

400m	U20 M James STANNARD	1:02.6	3	Jun	2000	Grantham
800m	U20 M Paul MILLER	2:05.4	30	Jul	2000	Ipswich
1500m	U20 M James STANNARD	4:33.3	13	May	2000	Grantham
1500m	U20 M Chris COPE	4:33.4	5	Aug	2000	Bradford
1500m	U20 M Paul MILLER	4:36.9	9	Apr	2000	Grantham
1500m	U20 M Tom SPILLANE	5:00.5	10	Jun	2000	Grantham
1 Mile	U20 M Chris COPE	4:56.1	24	Apr	2000	Lincoln
1 Mile	U20 M Paul MILLER	4:57.9	24	Apr	2000	Lincoln
3000m	U20 M James STANNARD	9:53.9	10	Jun	2000	Grantham
3000m	U20 M Paul MILLER	9:57.6	30	Jul	2000	Ipswich
3000m	U20 M Tom SPILLANE	11:41.7	10	Jun	2000	Grantham
5000m	U20 M Chris COPE	18:16.1	9	Jul	2000	Hull
5000m	U20 M Paul MILLER	21:08.1	24	Apr	2000	Lincoln
110m Hurdles	U20 M E ROBERTSON	0.00	13	May	2000	Grantham
400m Hurdles	U20 M Chris COPE	1:00.6	10	Jun	2000	Grantham
3000m S/c	U20 M James STANNARD	10:51.2	3	Jun	2000	Grantham
3000m S/c	U20 M Chris COPE	11:12.5	9	Jul	2000	Hull
2000m S/c	U20 M Chris COPE	5:53.5	9	Apr	2000	Grantham
2000m S/c	U20 M James STANNARD	7:06.6	10	Jun	2000	Grantham
Discus	U20 M Jake LOUTH	37.82	10	Jun	2000	Grantham
Discus	U20 M Damian LARRINGTON	33.15	16	Jul	2000	Grantham
Discus	U20 M John LLOYD	17.56	16	Jul	2000	Grantham
Hammer	U20 M Damian LARRINGTON	15.65	9	Jul	2000	Hull
High Jump	U20 M Tom SPILLANE	1.68	10	Jun	2000	Grantham
Javelin	U20 M Jake LOUTH	54.03	10	Jun	2000	Grantham
Javelin	U20 M James STANNARD	41.20	10	Jun	2000	Grantham
Javelin	U20 M Damian LARRINGTON	30.84	30	Jul	2000	Ipswich
Long Jump	U20 M Paul MILLER	5.12	3	Sep	2000	Lincoln
Long Jump	U20 M Alex SCOTNEY	4.49	6	May	2000	Barnsley
Shot	U20 M Damian LARRINGTON	11.66	10	Jun	2000	Grantham
Triple Jump	U20 M Paul MILLER	11.89	9	Jul	2000	Hull
Triple Jump	U20 M James STANNARD	10.65	3	Jun	2000	Grantham
Triple Jump	U20 M Alex SCOTNEY	10.19	6	May	2000	Barnsley
100m	SEN F H ROY	14.8	30	Jul	2000	Ipswich
200m	SEN F H ROY	31.8	30	Jul	2000	Ipswich
800m	SEN F Sarah LOUTH	2:34.5	9	Apr	2000	Grantham
1500m	SEN F Sarah LOUTH	5:07.9	9	Apr	2000	Grantham
1500m	SEN F H ROY	5:40.5	30	Jul	2000	Ipswich
Discus	SEN F Fay WOMERSLEY	26.89	16	Jul	2000	Grantham
Long Jump	SEN F Fay WOMERSLEY	4.60	16	Jul	2000	Grantham
Shot	SEN F Fay WOMERSLEY	9.21	16	Jul	2000	Grantham
100m	SEN M Jamie FRENCH	11.8	24	Apr	2000	Lincoln
100m	SEN M Mark BOWLER	11.9	20	Aug	2000	King's Lynn
100m	SEN M John MOORE	13.6	6	May	2000	Barnsley
100m	SEN M Alan HALL	13.7	16	Jul	2000	Grantham
200m	SEN M Daniel HILL	24.9	3	Sep	2000	Lincoln
200m	SEN M Jamie FRENCH	25.2	5	Aug	2000	Bradford
200m	SEN M Alan HALL	28.1	24	Apr	2000	Lincoln
400m	SEN M Mark BOWLER	54.8	30	Jul	2000	Ipswich
400m	SEN M Lee WALTHAM	56.8	16	Jul	2000	Grantham
400m	SEN M John MOORE	1:00.4	6	May	2000	Barnsley
800m	SEN M Michael CHAPMAN	2:11.4	3	Jun	2000	Grantham
800m	SEN M Daniel GRANT	2:21.3	16	Jul	2000	Grantham

1500m	SEN M Michael CHAPMAN	4:25.9	13	May	2000	Grantham
1500m	SEN M John PIKE	4:26.6	3	Jun	2000	Grantham
1500m	SEN M Daniel GRANT	4:52.3	16	Jul	2000	Grantham
1500m	SEN M Darren RUSHBY	4:52.8	3	Jun	2000	Grantham
1 Mile	SEN M Michael CHAPMAN	4:51.6	24	Apr	2000	Lincoln
1 Mile	SEN M Daniel GRANT	5:21.2	3	Sep	2000	Lincoln
1 Mile	SEN M Alan HALL	5:34.4	24	Apr	2000	Lincoln
3000m	SEN M John PIKE	9:03.9	9	Apr	2000	Grantham
3000m	SEN M Michael CHAPMAN	9:30.7	16	Jul	2000	Grantham
3000m	SEN M Daniel GRANT	10:45.9	30	Jul	2000	Ipswich
5000m	SEN M John PIKE	15:47.4	3	Jun	2000	Grantham
5000m	SEN M Michael CHAPMAN	16:27.5	3	Jun	2000	Grantham
5000m	SEN M Daniel GRANT	19:25.0	13	May	2000	Grantham
10000m	SEN M John PIKE	35:38.0	3	Sep	2000	Lincoln
110m Hurdles	SEN M Mark BOWLER	17.0	20	Aug	2000	King's Lynn
110m Hurdles	SEN M Chris HOMEWOOD	19.1	5	Aug	2000	Bradford
400m Hurdles	SEN M Mark BOWLER	1:02.0	9	Apr	2000	Grantham
400m Hurdles	SEN M Darren RUSHBY	1:11.4	6	May	2000	Barnsley
3000m S/c	SEN M Darren RUSHBY	13:22.4	6	May	2000	Barnsley
4 X 100m	SEN M Relay TEAM	46.3	5	Aug	2000	Bradford
4 X 400m	SEN M Relay TEAM	3:46.2	5	Aug	2000	Bradford
Discus	SEN M John MOORE	20.33	6	May	2000	Barnsley
Hammer	SEN M Gavin MINNS	35.56	5	Aug	2000	Bradford
High Jump	SEN M Chris HOMEWOOD	1.80	30	Jul	2000	Ipswich
High Jump	SEN M Darren RUSHBY	1.40	6	May	2000	Barnsley
Long Jump	SEN M Jamie FRENCH	6.01	24	Apr	2000	Lincoln
Long Jump	SEN M Lee WALTHAM	5.94	16	Jul	2000	Grantham
Long Jump	SEN M J HEDLEY	4.75	6	May	2000	Barnsley
Long Jump	SEN M Darren RUSHBY	4.62	3	Jun	2000	Grantham
Long Jump	SEN M Alan HALL	4.42	24	Apr	2000	Lincoln
Shot	SEN M John MOORE	7.97	6	May	2000	Barnsley
Triple Jump	SEN M Lee WALTHAM	11.80	16	Jul	2000	Grantham
Triple Jump	SEN M Darren RUSHBY	0.00	6	May	2000	Barnsley
100m	VET F Ros JACKSON	17.0	24	Apr	2000	Lincoln
200m	VET F Ros JACKSON	35.2	3	Sep	2000	Lincoln
Javelin	VET F P HILL	18.29	3	Sep	2000	Lincoln
Javelin	VET F Ros JACKSON	15.59	24	Apr	2000	Lincoln
100m	VET M Steve PETERS	11.2	24	Apr	2000	Lincoln
100m	VET M Arthur SIMMONDS	13.8	9	Apr	2000	Grantham
100m	VET M Jim SCARSBROOK	14.8	3	Sep	2000	Lincoln
200m	VET M Steve PETERS	22.8	3	Jun	2000	Grantham
200m	VET M David JOHNSON	28.8	6	May	2000	Barnsley
200m	VET M Arthur SIMMONDS	29.4	16	Jul	2000	Grantham
400m	VET M Steve PETERS	51.8	5	Aug	2000	Bradford
400m	VET M Jim SCARSBROOK	1:07.4	3	Sep	2000	Lincoln
800m	VET M Jim SCARSBROOK	2:40.9	3	Sep	2000	Lincoln
1500m	VET M Jim SCARSBROOK	4:52.2	16	Jul	2000	Grantham
1 Mile	VET M Jim SCARSBROOK	5:43.2	3	Sep	2000	Lincoln
3000m	VET M Jim SCARSBROOK	10:47.0	16	Jul	2000	Grantham
5000m	VET M Geoff JOHNSON	19:43.4	6	May	2000	Barnsley
5000m	VET M Phillip JACKSON	20:54.0	24	Apr	2000	Lincoln
10000m	VET M Jim SCARSBROOK	39:24.7	3	Sep	2000	Lincoln

400m Hurdles	VET M Geoff JOHNSON	1:25.8	3 Jun 2000	Grantham
3000m S/c	VET M Geoff JOHNSON	13:11.0	3 Jun 2000	Grantham
3000m S/c	VET M David JOHNSON	13:39.7	6 May 2000	Barnsley
Discus	VET M Trevor MINNS	25.20	13 May 2000	Grantham
Discus	VET M Phillip JACKSON	22.29	13 May 2000	Grantham
Discus	VET M Peter ARNOTT	20.39	9 Jul 2000	Hull
Hammer	VET M Trevor MINNS	39.97	6 May 2000	Barnsley
Hammer	VET M Peter ARNOTT	16.99	3 Sep 2000	Lincoln
Hammer	VET M Steve PETERS	5.07	3 Jun 2000	Grantham
High Jump	VET M Arthur SIMMONDS	1.10	24 Apr 2000	Lincoln
Javelin	VET M Steve LADDS	53.82	16 Jul 2000	Grantham
Javelin	VET M Peter ARNOTT	29.56	16 Jul 2000	Grantham
Javelin	VET M Trevor MINNS	25.54	6 May 2000	Barnsley
Long Jump	VET M Arthur SIMMONDS	4.61	9 Apr 2000	Grantham
Long Jump	VET M Phillip JACKSON	3.71	3 Sep 2000	Lincoln
Shot	VET M Trevor MINNS	9.98	13 May 2000	Grantham
Shot	VET M Peter ARNOTT	8.98	3 Sep 2000	Lincoln
Shot	VET M Steve LADDS	7.27	3 Jun 2000	Grantham
Triple Jump	VET M Arthur SIMMONDS	8.87	16 Jul 2000	Grantham
Discus	V40 M Tim CREESE	36.54	24 Apr 2000	Lincoln
Hammer	V40 M Tim CREESE	34.26	5 Aug 2000	Bradford
Javelin	V40 M Tim CREESE	47.64	24 Apr 2000	Lincoln
Long Jump	V40 M Tim CREESE	4.81	24 Apr 2000	Lincoln
Pole Vault	V40 M Tim CREESE	2.30	5 Aug 2000	Bradford
Shot	V40 M Tim CREESE	12.12	3 Sep 2000	Lincoln