

THE FRISKNEY HALF MARATHON

14 March 2004
OVERALL RESULTS

Position	Name		Time	Number	Cat & Pos	Club
1	Stuart	CRAGG	78.33	243	MSEN	1 Boston & District AC
2	Malcolm	PACKER	79.58	207	MV40	1 Louth AC
3	Colin	RICHARDSON	83.14	221	MV40	2 Unattached
4	Arthur	SHORT	84.25	214	MSEN	2 Grantham & Dist AC
5	David	CONNOR	85.05	204	MSEN	3 Unattached
6	Owen	MSIMANGO	85.24	258	MSEN	4 Boston & District AC
7	Ian	JOHNSON	89.00	249	MV40	3 Boston & District AC
8	Sandra	HOLMES	90.38	239	FV35	1 St Neots Riverside R
9	Grahame	PEARSON	92.50	236	MV40	4 Unattached
10	Vicki	GREENALL	92.53	230	FV35	2 Grantham & Dist AC
11	Mick	DAKIN	93.44	277	MV50	1 Boston & District AC
12	Jonathon	HUGHES	94.55	217	MV40	5 Lincoln & District
13	John	KIRK	95.27	256	MV40	6 Rotherham Harriers
14	John	ELLERBY	97.17	259	MV50	2 Grantham & Dist AC
15	Tom	PRENDERGAST	97.22	273	MV40	7 London/Irish AC
16	Keith	JENKIN	98.39	270	MV40	8 Unattached
17	Emma	BENFIELD	100.00	245	FSEN	1 Louth AC
18	Andrea	PAGE	100.35	233	FSEN	2 Nene Valley Harriers
19	Edward	ENRIGHT	101.50	234	MV40	9 Boston & District AC
20	Janice	ANDERSON	103.30	223	FV45	1 Grantham & Dist AC
21	Kevin	CROWSON	104.46	213	MSEN	5 Werrington Joggers
22	Dino	AMENDOLA	105.11	248	MV40	10 Worksop Harriers
23	Alan	JOHNSON	107.46	261	MV50	3 Worksop Harriers
24	Alexandra	HETHERINGTON	108.26	232	FSEN	3 Unattached
25	John	WEST	108.27	231	MV50	4 Unattached
26	Pete	HAYWARD	108.45	229	MV60	1 Sleaford Striders AC
27	Glyn	BOTFIELD	109.16	241	MV40	11 Road Runners Club
28	Christine	KIRK	109.26	255	FV45	2 Swallownest Roth Vall
29	Brian	LAUD	109.33	269	MV40	12 Boston & District AC
30	Paul	BROWN	109.48	267	MSEN	6 Cleethorpes & Dist AC
31	Grace	PLANT	110.32	246	FV35	3 Grantham & Dist AC
32	Tony	TOMLIN	110.54	206	MSEN	7 Boston & District AC
33	Adrian	CARDER	112.17	205	MV40	13 Unattached
34	Stephen	ROBINSON	112.35	275	MV40	14 Boston & District AC
35	Julie	WATERS	112.36	276	FV35	4 Boston & District AC
36	Greg	SMITH	114.31	212	MSEN	8 Unattached
37	Mark	RICHMOND	116.46	202	MSEN	9 Team Real Runner.com
38	Charlie	DONALD	118.33	264	FV35	5 Boston & District AC
39	William	COULTHARD	118.39	227	MV60	2 Ropsley Road Runners
40	Tony	MCGILLOWAY	122.27	228	MV50	5 Unattached
41	Gill	SLEAFORD	126.57	209	FV45	3 Boston & District AC
42	Marsha	KNIGHTSMITH	134.52	272	FSEN	4 Holme Pierrepont RC
43	John	JAINES	142.13	274	MV50	6 Louth AC
44	Denise	CLARK	147.14	211	FV35	6 Unattached
45	Lorna	BROWN	156.58	266	FV35	7 Cleethorpes & Dist AC
46	Doreen	LINDLEY	156.59	268	FV35	8 Wold Vets