



# The Poppy Run 5 Mile Road Race



**Fast flat course**

**Start/Finish at**

## **Finnforest Boston Arena**

Boardsides, Sleaford Road, Boston, Lincolnshire

**Sunday 11<sup>th</sup> November 2007 5 mile race starts at 11.00am**

- Adequate parking \* First aid in attendance \* Toilets
- Changing facilities \* Marshalled course \* Water Station

Minimum age for the 5 mile race is 15 years on the day

Prizes for the 5 mile race:

First 3 men U17, Sen, Vet40, Vet50, Vet60 First 3 women U17, Sen, Vet35, Vet45, Vet55

First men's team U17/Sen/Vet combined First women's team U17/Sen/Vet combined

Only one individual prize per runner in the category entered 3 runners to count per team

All finishers to receive a Poppy Run Tee Shirt

**Entry Fees: 5 mile £8 affiliated, £10 unattached**

**Cheques made out to: Poppy Run/Just Athletics**

**Closing date 7th November or when 1000 entries reached, strictly no late entries.**

**Enquiries: contact 01754 820455 or [www.bostonanddistrictac.com](http://www.bostonanddistrictac.com)**

Entry forms to: P Arnott, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG

## **IN AID OF THE ROYAL BRITISH LEGION**

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|                |                                   |                                 |
|----------------|-----------------------------------|---------------------------------|
| Surname:       | Sex Male <input type="checkbox"/> | Female <input type="checkbox"/> |
| First Name:    | 5 Mile <input type="checkbox"/>   | Age Group                       |
| Address:       |                                   |                                 |
| Postcode:      | Email:                            |                                 |
| Tel (Home):    | Tel (Work):                       |                                 |
| Date of Birth: | Age on race day:                  |                                 |
| Club:          | Entry Fee enclosed £              |                                 |

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be responsible for any injury, loss or damage caused by my participation.

Signed: .....

Parent's signature for runners under 16

*Supported by*





# The Poppy Run Junior Races



**Supporting the 5 Mile Road Race**

**Track Races at**

**Finnforest Boston Arena**

**Boardsides, Sleaford Road, Boston, Lincolnshire**

**Sunday 11<sup>th</sup> November 2007**

**First race starts at 10am**

Adequate parking    First aid in attendance    Toilets    Changing facilities

U7 on the day 60m    U9 on the day 7 150m    U11 on the day 600m

U13 on the day 3000m    U15 on the day 3000m

Prizes for the first 3 boys in each event and the first 3 girls in each event

**All finishers to receive a Tee shirt**

**Entry Fees: £3.50 for Junior Races**

**Cheques made out to: Poppy Run/Just Athletics**

**Closing date 7th November, strictly no late entries**

**Enquiries: contact 01754 820455 or [www.bostonanddistrictac.com](http://www.bostonanddistrictac.com)**

Entry forms to: P Arnott, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG

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|                      |                      |                              |                               |
|----------------------|----------------------|------------------------------|-------------------------------|
| Surname:             | Sex                  | Boy <input type="checkbox"/> | Girl <input type="checkbox"/> |
| First Name:          | Junior Run           | <input type="checkbox"/>     | Age Group                     |
| Address:             |                      |                              |                               |
| Postcode:            | Email:               |                              |                               |
| Tel (Home):          | Tel (Work):          |                              |                               |
| Date of Birth:       | Age on race day:     |                              |                               |
| Club:                |                      |                              |                               |
| Registration Number: | Entry Fee enclosed £ |                              |                               |

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be responsible for any injury, loss or damage caused by my participation.

Signed: .....

Parent's signature for Junior Races

Supported by **finnforest**