

M 100m

1 Anthony Timms U20	LDS	11.4
2 Luke Giblin	KUH	11.4
3 Ricardo Francis	WKF	11.4
4 Shammon Aloy-Langham	BOS	11.9
5 Harrison Foster U17	BNG	12.1
6 Chris Leslie U17	LLW	12.3
7 Richard Main Prize	HAC	12.6

M 200m

1 Ricardo Francis	WKF	23.2
2 Luke Giblin	KUH	23.8
3 Kyle Jeffrey	LDS	23.8
4 Tom Duffield U20	LLW	24.3
5 Shammon Aloy-Langham	BOS	24.8
6 Harrison Foster U17	BNG	24.8
7 Richard Main Prize	HAC	26.2

M 400m

1 Tom Roberts U20	LDS	52.0
2 Steve Gregory U20	LLW	52.0
3 Rob Clark U20	KUH	52.9
4 Lewis Tatt	WKF	54.1
5 Matt Williams U20	TYN	55.1
6 Richard Main Prize	HAC	56.2
7 Simon Robinson U20	BOS	56.9
8 Alistair Young	BNG	57.6

M 800m

1 David Wilkinson U20	LDS	2.00.6
2 Matt Williams U20	TYN	2.00.6
3 Chris Fullerton U20	LLW	2.05.3
4 Nathan Bolton	WKF	2.05.3
5 Danny Holiday U20	KUH	2.08.0
6 Michael West U17	BOS	2.09.1
7 Conor Terry U20	BNG	2.16.7
8 Adam Fawcett	HAC	2.40.8

M 1500m

1 Matt Bowser	LLW	3.57.3
2 Joe Townsend U20	LDS	4.05.2
3 Chris Lecher	HAC	4.06.9
4 James Johnson U20	KUH	4.15.0
5 Simon Fielding	BNG	4.32.8
6 Joe Hargreaves	WKF	4.48.0
7 Michael West U17	BOS	5.00.5

M 5000m

1 Ian Kimpton U20	LLW	15.34.3
2 Scott Mitchell	LDS	16.12.8
3 Aiden Johnson	BNG	16.29.1
4 Alex Wileman	KUH	16.56.2
5 Steve Faulkener	WKF	18.03.6

M 10,000m

1 Martin Farran	LDS	35.36.9
2 Josh Stone U20	LLW	35.55.6

M 110mH

1 Matt Hudson U20	LDS	15.2
2 Rob Lee	WKF	17.9
3 Simon Robinson U20	BOS	19.5
4 Charles Medley U20	BNG	20.4
5 Geoff Powley	LLW	20.5
6 Mark Cage U17	KUH	20.9
7 Jeramy Price	HAC	24.3

M 400mH

1 Oliver Robinson	BNG	57.6
2 Jon Mattos	KUH	58.7
3 Simon Robinson U20	BOS	61.3
4 Mark Smith	WKF	62.2
5 Ryan Smith U20	LLW	62.5
6 Scott Mitchell	LDS	69.6
7 Liam Fawcett	HAC	71.1

M 3000m SC

1 James Lavin U20	LDS	9.58.4
2 Mark Baddeley	LLW	9.59.0
3 Karl Wright	BOS	16.02.6

M Discus Throw

1 Mark Gulliver	LDS	37.70
2 John Twiddle	KUH	34.24
3 Stuart Smith U20	BOS	33.95
4 Jim Slater	LLW	32.90
5 Chiedu Udiofama	WKF	32.34
6 Jason Scott U20	BNG	26.12
7 Tim Main Prize	HAC	22.65

M Hammer Throw

1 James Bedford U20	KUH	62.12
2 Wayne Clarke	BOS	53.37
3 Mark Gulliver	LDS	51.90
4 Richard Gayle	WKF	40.60
5 Geoff Powley	LLW	24.25
6 Tim Main Prize	HAC	17.12

M High Jump

1 Jake Mason U17	BOS	1.90
2 Steve Linsell	LDS	1.80
3 Paul Hodgekinson	LLW	1.75
4 James Mitchell	WKF	1.75
5 Danny Holiday U20	KUH	1.55
6 Nic Robinson U20	BNG	1.45

M Javelin Throw

1 Matt Allison	LDS	57.02
2 Mark Lindsey	WKF	52.03
3 Geoff Powley	LLW	39.29
4 Chris Walgate U17	KUH	38.09
5 Karl Wright	BOS	32.89
6 Oliver Robinson	BNG	32.29
7 Tim Main Prize	HAC	21.88

M Long Jump

1 Anthony Timms U20	LDS	6.97
2 Mark Bridges U20	BOS	6.48
3 David Wolstenholme	KUH	5.96
4 Andrie Pobischan	WKF	5.81
5 Charles Medley U20	BNG	5.40
6 Paul Hodgekinson	LLW	5.06
7 Jeramy Price	HAC	4.16

M Pole Vault

1 Tom Wagner	LDS	3.70
2 Geoff Powley	LLW	3.00
3 Jake Brittain U17	BOS	3.00
4 Darren Thomas	WKF	3.00

M Shot Putt

1 Matt Allison	LDS	12.44
2 John Twiddle	KUH	11.57
3 Wayne Clarke	BOS	11.12
4 Chiedu Udiodfama	WKF	11.11
5 Jason Scott U20	BNG	8.37
6 Jim Slater	LLW	8.29
7 Tim Main Prize	HAC	7.88

M Triple Jump

1 Matthew Holden U17	LLW	12.69
2 Chris Bloom U17	BOS	12.56
3 Rob Lee	WKF	12.34
4 James McLeish U17	KUH	11.86
5 Tom Lindsay U20	LDS	11.55
6 Danny Elliot U17	BNG	10.02

W 100m

1 Annabelle Lewis U20	KUH	12.5
2 Kadina Cox U17	LDS	13.5
3 Shireen Timmis U17	LLW	13.6
4 Reagan Wright U20	WKF	13.6
5 Doris King U20	BNG	13.8
6 Megan Harris	HAC	14.7
7 Laura Hallett U17	BOS	15.3

W 200m

1 Annabelle Lewis U20	KUH	25.7
2 Rosie Hackney U17	WKF	26.0
3 Shireen Timmis U17	LLW	27.9
4 Joanne Westerman	LDS	29.2
5 Chloe Highley U17	BNG	30.9
6 J Willberforce	HAC	31.5
7 Laura Hallett U17	BOS	33.2

W 400m

1 Nikki Maddicks	KUH	58.3
2 Kelly Johnson	WKF	59.7
3 Sheryl Punter	LDS	60.4
4 Megan Harris	HAC	64.3
5 Abigail Greetham	BNG	66.6
6 Denise Timmis	LLW	67.0
7 Stephanie Hendy U17	BOS	88.8

W 800m

1 Kelly Johnson	WKF	2.14.7
2 Brinie Harris	HAC	2.17.0
3 Fiona Maddocks	LDS	2.29.2
4 Rachael Nathan	LLW	2.31.6

W 1500m

1 Katie Clark	HAC	4.46.9
2 Katie McHale U20	WKF	4.49.9
3 Rachael Nathan	LLW	5.08.7
4 Fay Lebeter	LDS	5.32.2

W 3000m

1 Sarah Kimpton	LLW	12.02.4
2 Eleanor Hall	LDS	12.05.0
3 J Willberforce	HAC	12.14.9

W 100mH

1 Ruth Dales	WKF	15.5
2 Jessica Dobson U17	LDS	18.3
3 Emma Ogden U20	BNG	20.7
4 Stephanie Hendy U17	BOS	21.8

W 400mH

1 Ruth Laybourne	WKF	71.2
2 Jessica Dobson U17	LDS	72.0
3 Katrina Sutcliffe U17	LLW	77.3
4 Amy Bristow	BOS	90.1

W Discus Throw

1 Lisa Kenney	KUH	33.23
2 Karan Heweth	HAC	28.33
3 Debbie Collinson	WKF	28.16
4 Adanna Okeahialam	BNG	26.89
5 Hazel Barker	LDS	21.77
6 Hayley Fox	LLW	21.72
7 Rochielle Parkes U17	BOS	21.70

W Hammer Throw

1 Amy Howard	BNG	42.49
2 Stephanie Hendy U17	BOS	34.97
3 Heather Simpson U17	KUH	31.68
4 Linda Ridsdale	WKF	26.40
5 Karan Heweth	HAC	23.26
6 Kathleen Warhurst	LLW	20.09
7 Hazel Barker	LDS	14.84

W High Jump

1 Emily Richardson U17	BOS	1.60
2 Ashley Little U20	LDS	1.55
3=Jenni Smith U17	KUH	1.45
3=Ruth Laybourne	WKF	1.45
5 Emma Ogden U20	BNG	1.30
6 Emily Hardy	LLW	1.25

W Javelin Throw

1 Debbie Collinson	WKF	36.52
2 Lisa Kenney	KUH	29.94
3 Emily Richardson U17	BOS	28.75
4 Lydia Chamberlin	LLW	24.62
5 Leslie Eldridge	HAC	21.85
6 Hazel Barker	LDS	20.38
7 Amy Howard	BNG	18.50

W Long Jump

1 Faye Mitchell	WKF	5.09
2 Reiss Holmes U20	KUH	4.89
3 Ashley Little U20	LDS	4.87
4 Lydia Chamberlin	LLW	4.84
5 Sabiha Bhaiyat U17	BNG	3.59
6 Amy Bristow	BOS	3.55

W Pole Vault

1 Caroline Nutt	WKF	3.20
2 Jenni Smith U17	KUH	2.50
3 Natalie Grimer U20	BOS	2.30
4 Hayley Fox	LLW	2.30

W Shot Putt

1 Debbie Collinson	WKF	11.09
2 Lydia Chamberlin	LLW	10.57
3 Lisa Kenney	KUH	10.25
4 Amy Howard	BNG	9.86
5 Hazel Barker	LDS	9.33
6 Karan Heweth	HAC	7.61
7 Rochielle Parkes U17	BOS	5.25

W Triple Jump

1 Ashley Little U20	LDS	10.72
2 Reiss Holmes U20	KUH	10.23
3 Ruth Laybourne	WKF	9.65
4 Saffron Mackie U17	BNG	9.29
5 Natalie Grimer U20	BOS	8.63
6 Hayley Fox	LLW	8.21

W 4x100m Relay

1 KUH 50.0	1 Annabelle Lewis U20	2 Reiss Holmes U20
	3 Megan Hoult	4 Nikki Maddicks
2 WKF 50.1	1 Ruth Dales	2 Faye Mitchell
	3 Reagan Wright U20	4 Rosie Hackney U17
3 LDS 52.6	1 Kadina Cox U17	2 Ashley Little U20
	3 Joanne Westerman	4 Sheryl Punter
4 LLW 53.7	1 Lydia Chamberlin	2 Katrina SutcliffeU17
	3 Emily Hardy	4 Shireen Timmis U17
5 BNG 56.8	1 Sabiha Bhaiyat U17	2 Emma Ogden U20
	3 Abigail Greetham	4 Doris King U20
6 BOS 59.4	1 Laura Hallett U17	2 Emily Richardson U17
	3 Natalie Grimer U20	4 Amy Bristow

W 4x400m Relay

1 WKF 4.03.3	1 Kate Wilson	2 Katie McHale U20
	3 Mikaela Harrison	4 Kelly Johnson
2 LDS 4.24.6	1 Sheryl Punter	2 Fiona Maddocks
	3 Jessica Dobson U17	4 Fay Lebeter
3 LLW 4.29.0	1 Lydia Chamberlin	2 Katrina SutcliffeU17
	3 Denise Timmis	4 Sarah Kimpton
4 BNG 5.02.7	1 Emma Ogden U20	2 Doris King U20
	3 Holly Craig U17	4 Abigail Greetham
5 BOS 5.35.0	1 Laura Hallett U17	2 Natalie Grimer U20
	3 Amy Bristow	4 Rochielle Parkes U17

M 4x100m Relay

1 LDS 44.8	1 Matt Hudson U20	2 Kyle Jeffrey
	3 Anthony Timms U20	4 Micheal Salter
2 KUH 45.5	1 David Wolstenholme	2 Chris Stephenson
	3 Rob Clark U20	4 Chris Bloomfield
3 WKF 45.5	1 Ricardo Francis	2 Ben Mitchell
	3 Rob Lee	4 Andrie Pobischan
4 LLW 46.8	1 Tom Duffield U20	2 Matthew Holden U17
	3 Chris Leslie U17	4 Jim Slater
5 BOS 46.8	1 Jake Mason U17	2 Shammon Aloy-Langham
	3 Mark Bridges U20	4 Chris Bloom U17
6 BNG 47.2	1 Jason Scott U20	2 Oliver Robinson
	3 Charles Medley U20	4 Harrison Foster U17
7 HAC 52.9	1 Liam Fawcett	2 Jeramy Price
	3 Richard Main Prize	4 Adam Fawcett

M 4x400m Relay

1 LLW 3.25.8	1 Steve Gregory U20	2 Nathan Cox
	3 Tom Duffield U20	4 Matt Bowser
2 KUH 3.29.5	1 Danny Holiday U20	2 Rob Hodges
	3 Luke Giblin	4 Chris Bloomfield
3 LDS 3.34.6	1 Tom Roberts U20	2 James Lavin U20
	3 Tom Lindsay U20	4 Mike Smith
4 WKF 3.38.7	1 Lewis Tatt	2 Freddie Fevinn
	3 Mark Smith	4 Rob Lee
5 BNG 3.46.9	1 Oliver Robinson	2 Conor Terry U20
	3 Harrison Foster U17	4 Alistair Young
6 BOS 4.01.1	1 Simon Robinson U20	2 Michael Robinson
	3 Michael West U17	4 Mark Bridges U20
7 HAC 4.22.6	1 Liam Fawcett	2 Jeramy Price
	3 Richard Main Prize	4 Adam Fawcett

	Points
1 Leeds City AC	259
2 Wakefield D. H. & AC	225.5
3 Lincoln Wellington AC	219
4 Kingston Upon Hull AC	195.5
5 Boston & D. AC	168
6 Bingley Harriers & AC	135
7 Hull Achilles AC/Goole	98
8 Tyndale Harriers & AC	11

Note(s)

WKF Includes + 10pts,
BNG Includes + 15pts,
BOS Includes + 15pts,
KUH Includes + 10pts,
LLW Includes + 20pts,
LDS Includes + 20pts,
HAC Includes + 15pts,