

THE FRISKNEY HALF MARATHON

30 Mar 2008  
OVERALL RESULTS

Position	Name		Time	Number	Cat	& Pos	AW	Stand	Club
1	Geoff	KNIGHT	74.36	38	MV40	1	110		Boston & District AC
2	Shaun	NORTH	81.48	44	MV40	2	100		Boston & District AC
3	Matthew	NUTT	81.58	28	MSEN	1	98		Formula One
4	Steven	BAINBRIDGE	82.37	36	MSEN	2	97		RAF AAA
5	Stephen	BARK	83.50	20	MSEN	3	95		Unattached
6	Darren	SPENCER	86.22	27	MSEN	4	93		Unattached
7	Michael	HURLEY	87.24	46	MSEN	5	92		Unattached
8	Verity	BUTLER	88.01	25	FV35	1	114		Formula One
9	Colin	RICHARDSON	89.19	49	MV40	3	92		Unattached
10	Jose	FERREIRA	90.37	37	MSEN	6	88		Boston & District AC
11	Mike	SHELDON	91.42	22	MV50	1	98		Barrow Runners
12	John	RICHMOND	94.39	50	MSEN	7	85		Bushfield Joggers
13	Martin	SMITH	94.54	4	MSEN	8	84		York Knavesmire Harr
14	Andrew	GRISTWOOD	95.20	41	MV40	4	86		Cleethorpes & Dist AC
15	Peter	DOWNING	96.36	39	MWCH	1	98		U/A W/CHA
16	Jonathon	WHEATLEY	98.20	8	MSEN	9	81		Unattached
17	Paul	FREEMANTLE	98.52	31	MV40	5	83		Sleaford Town Runners
18	Edward	ENRIGHT	98.55	5	MV50	2	91		Lincoln & District
19	Ted	PRESTON	100.46	52	MV50	3	89		Sleaford Striders AC
20	Angie	HARVEY	100.48	30	FV45	1	104		Sleaford Town Runners
21	Colin	LEA	101.45	6	MV40	6	81		York Knavesmire Harr
22	Rob	ALLISON	101.55	40	MSEN	10	78		Cleethorpes & Dist AC
23	David	DARTON	102.35	7	MV40	7	80		York Knavesmire Harr
24	Sharon	GALLICHAN	102.40	14	FV35	2	97		Boston & District AC
25	Alan	BUCKBERRY	103.29	23	MV50	4	87		Sleaford Striders AC
26	Jo	ISBILL	104.55	16	FV35	3	95		Ryston Runners
27	Linda	MARSHALL	109.05	32	FV35	4	92		Ryston Runners
28	Emma	TELFER-MARSHALL	109.51	9	FV35	5	91		Sleaford Striders AC
29	Dave	ONION	109.57	21	MV60	1	86		Redhill Road Runners
30	Mark	FREEMANTLE	110.20	33	MV40	8	74		Unattached
31	Glyn	BOTFIELD	111.37	15	MV50	5	81		Road Runners Club
32	Pauline	SPARROW	116.17	19	FV55	1	103		Ryston Runners
33	Jane	ANDERSON	117.09	12	FV35	6	85		Boston & District AC
34	Andy	DEWAR	120.34	10	MV40	9	68		Lincoln Wellington AC
35	Helena	SMITH	123.36	53	FSEN	1	81		Boston & District AC
36	Raymond	WALKER	123.54	47	MV50	6	73		Unattached
37	Peter	NADIN	126.32	17	MV50	7	71		Sleaford Striders AC
38	Matthew	STOREY	130.42	51	MSEN	11	61		Unattached
39	Alistair	WHITAKER	132.37	2	MSEN	12	60		Sleaford Town Runners
40	Denise	CLARK	135.05	48	FV35	7	74		Unattached
41	Phylly	WILSON	135.57	3	FV55	2	88		Wreake Runners
42	Pat	RICHES	137.23	29	FV55	3	87		Sleaford Town Runners
43	Bob	SHAW	143.48	13	MV50	8	63		Boston & District AC
44	Trevor	SNELL	146.24	11	MV60	2	65		Boston & District AC
45	Sue	WOODHAM	146.25	24	FV45	2	72		Boston & District AC

The penultimate column is the percentage of the Athletics Weekly standard for that age group