

THE FRISKNEY HALF MARATHON

12 Apr 2009
OVERALL RESULTS

Position	Name		Time	Number	Cat &	Pos	AW	Stand	Club
1	Paul	DODSWORTH	76.30	466	MV40	1	107		Warrington AC
2	Ben	EVISON	79.22	368	MSEN	1	101		Unattached
3	Matthew	NUTT	79.49	359	MV40	2	103		Formula One Circuit
4	Chris	HODGSON	80.18	400	MV40	3	102		East Hull Harriers
5	Chris	RAINBOW	80.33	443	MV40	4	102		Boston & District AC
6	Wayne	CHAPPELL	81.05	411	MSEN	2	99		Unattached
7	Howard	PARTRIDGE	81.07	464	MV50	1	111		Holme Pierrepont RC
8	Goy	ROPER	82.23	471	MV40	5	100		Norwich Road Runners
9	Peter	DUNCAN	83.16	462	MV40	6	98		Lincoln Wellington AC
10	Steve	CAMPION	83.44	459	MV40	7	98		Lincoln Wellington AC
11	Paul	GASKELL	83.54	339	MSEN	3	95		Larne AC
12	Ian	HUSBAND	84.40	385	MV50	2	106		Beverly AC
13	Ian	CONEY	85.12	422	MV40	8	96		Lincoln & District AC
14	Jose	FERREIRA	85.19	369	MSEN	4	94		Boston & District AC
15	Rob	BUTLER	86.13	428	MV40	9	95		Lincoln Wellington AC
16	Edgars	SOKOLOVSKIS	86.30	460	MSEN	5	92		Boston & District AC
17	Lucinda	PITCHER	86.35	419	FSEN	1	115		Lincoln Wellington AC
18	John	HOLMES	86.57	465	MV50	3	104		Lincoln Wellington AC
19	Mark	TOMLINSON	87.01	389	MV40	10	94		Redhill Road Runners
20	Matthew	ASBRIDGE	87.14	386	MV40	11	94		Rotherham Harriers
21	Tracey	CURL	87.19	472	FV45	1	120		Norwich Road Runners
22	Colin	RICHARDSON	87.28	449	MV40	12	94		Unattached
23	Matthew	LAIRD	87.38	474	MSEN	6	91		Army AC
24	Sarah	DOWLING	87.49	345	FV35	1	114		Blackheath & Bromley
25	Dennis	RAINBOW	88.13	442	MV40	13	93		Boston & District AC
26	Darren	WESTON	88.33	433	MV40	14	93		Daventry Running Club
27	Pete	BURTON	88.53	435	MV40	15	92		Lincoln & District AC
28	Mick	CASEY	89.11	397	MV60	1	107		Mablethorpe RC
29	Chris	BROOMFIELD	89.19	332	MV50	4	101		Wolds Veteran Runners
30	Yvonne	SCARROTT	89.30	381	FV35	2	112		Nene Valley Harriers
31	Michael	LEGAT	89.40	394	MV50	5	100		Unattached
32	Paul	DIMBLEBY	91.12	346	MSEN	7	88		Unattached
33	Pete	GREEN	91.28	408	MV40	16	90		Barnsley Harriers
34	Nigel	CRAVEN	91.33	310	MV50	6	98		Pudsey Pacers
35	Matt	COWAN	91.37	355	MSEN	8	87		Unattached
36	Tony	FOREMAN	91.51	357	MV40	17	89		Sutton in Ashfield
37	Richard	BROOKS	92.09	320	MV40	18	89		Cobra RC
38	Jason	BRANNAN	92.54	401	MSEN	9	86		Racing TNT
39	David	BOOTH	93.28	352	MU20	1	0		Rotherham Harriers
40	Allan	BIRCH	93.29	412	MV40	19	88		Ivanhoe Runners
41	Mike	SHELDON	93.45	328	MV50	7	96		Barrow Runners
42	David	DARTON	93.53	329	MV50	8	96		York Knavesmire Harr
43	Philip	HAIGH	94.05	407	MV50	9	96		Rotherham Harriers
44	Colin	SIMPSON	94.16	431	MV50	10	95		Fenland Running & AC
45	Terry	GRANT	94.27	376	MV50	11	95		Sleaford Striders AC
46	Jacqui	DEWS	95.06	313	FV35	3	105		Holmfirth Harriers
47	Stuart	GRAVER	95.17	423	MV40	20	86		UK Net Runner
48	Kerry	BOOTH	95.21	351	MV40	21	86		Rotherham Harriers
49	Keith	LAMB	95.32	439	MSEN	10	84		Wolds Veteran Runners
50	Dave	ELDRIDGE	96.29	441	MV60	2	98		Grantham & Dist AC
51	Igors	VASILLISINS	96.47	469	MSEN	11	83		Boston & District AC
52	Paul	BREWSTER	97.23	467	MV40	22	84		Unattached
53	David	WELLHAM	97.47	361	MV40	23	84		Unattached
54	Greg	VANETZIAN	98.05	455	MV50	12	92		Unattached
55	Mike	JACKSON	98.14	395	MSEN	12	81		Hull Springhead Harr
56	David	HUTCHINS	98.49	451	MV40	24	83		Bedford Harriers
57	Mick	BRAY	99.03	468	MSEN	13	81		Unattached
58	Ali	IBRAHIM	99.08	404	MSEN	14	81		Scunthorpe & District
59	Richard	THORPE	99.28	434	MSEN	15	80		North Derbyshire RC
60	Stephen	GRAY	100.23	325	MSEN	16	80		Unattached
61	Alan	BUCKBERRY	100.38	409	MV50	13	89		Sleaford Striders AC
62	Nicholas	GRIFFITHS	100.49	457	MV40	25	81		Unattached

63	Pirjo	KIVELAINEN	100.51	392	FV45	2	104	Cleethorpes & Dist AC
64	Andrew	PRESTON	101.51	382	MSEN	17	79	Sleaford Striders AC
65	Christopher	STAPLETON	102.13	391	MV50	14	88	Bushfield Joggers
66	Raymond	BROWN	102.21	416	MV60	3	93	Penistone Footpath Ru
67	Simon	ELKINGTON	103.05	380	MSEN	18	78	Unattached
68	Rick	BENNETT	103.09	377	MV40	26	79	Ancholme Valley AC
69	Michael	REDDISH	103.41	334	MV40	27	79	Unattached
70	Carolyn	KELLY	103.50	319	FSEN	2	96	Cobra RC
71	Claire	MARSTON	103.52	476	FV35	4	96	Unattached
72	Martin	GOODHAND	103.54	406	MV40	28	79	Winterton Running Clu
73	Antionette	WASYLIW	103.57	374	FV35	5	96	Lincoln Wellington AC
74	Bryan	COOPER	104.10	366	MV50	15	86	Unattached
75	Mark	MILLINGTON	104.19	446	MV40	29	79	Unattached
76	Dawn	FLETCHER	104.35	453	FV45	3	100	Doncaster AC
77	Vince	MCNIFFE	104.57	396	MV40	30	78	Sleaford Striders AC
78	John	COLLINS	104.59	424	MV40	31	78	Unattached
79	Nicola	WILDE	105.05	437	FV45	4	100	Horsforth Harriers
80	Philip	JOHNSON	105.09	393	MV50	16	86	Cleethorpes & Dist AC
81	Wayne	SMITH	107.06	415	MSEN	19	75	Unattached
82	Kevin	HANN	107.40	367	MV40	32	76	Redhill District Roya
83	Frances	COOKE	107.46	448	FV45	5	97	March Braza AC
84	Barry	SIMONS	107.53	450	MV40	33	76	Winterton Running Clu
85	Andrew	GRIMWOOD	107.57	375	MV40	34	76	Lincoln Wellington AC
86	Jane	RAMSDEN	107.57	379	FV45	6	97	Lincoln Wellington AC
87	Frank	THOMAS	108.08	398	MV40	35	76	Wolds Veteran Runners
88	Pete	ROGERS	108.13	383	MV60	4	88	Ancholme Valley AC
89	Julie	WARGENT	108.22	452	FV35	6	92	Bedford Harriers
90	Derek	MOFFATT	109.21	403	MV60	5	87	Scunthorpe & District
91	Owen	MSIMANGO	109.31	447	MSEN	20	73	Boston & District AC
92	Nigel	PRESCOTT	109.36	323	MV40	36	75	Unattached
93	Emma	MARSHALLUTELFER	110.19	373	FV35	7	91	Sleaford Striders AC
94	Emund	PRESTON	110.23	348	MV50	17	82	Sleaford Striders AC
95	Tony	TOMLIN	111.09	321	MV40	37	74	Boston & District AC
96	Joanne	CHADWICK	111.09	372	FV35	8	90	Unattached
97	Colin	LEA	111.18	330	MV40	38	74	York Knavesmire Harr
98	Richard	BURTLE	111.40	343	MV60	6	85	Unattached
99	Mark	CRELLIN	112.45	438	MV40	39	73	Wolds Veteran Runners
100	Martin	WILLERTON	113.03	417	MV40	40	73	Wolds Veteran Runners
101	Phil	HAMMOND	113.16	333	MV40	41	72	Abbey Runners
102	Darren	AUTY	113.37	461	MSEN	21	70	Boston & District AC
103	Sue	GEORGE	113.39	430	FV45	7	92	Fenland Running & AC
104	Dave	ONION	113.42	360	MV60	7	84	Redhill Road Runners
105	Andy	DEWAR	113.56	440	MV40	42	72	Lincoln Wellington AC
106	Barry	FREER	114.08	445	MV60	8	83	Wolds Veteran Runners
107	Raymond	WALKER	114.24	410	MV60	9	83	Unattached
108	Sue	PARKER	114.43	364	FV55	1	105	Unattached
109	Mark	FREEMANTLE	114.51	387	MV50	18	78	Unattached
110	Claire	PLUNKETT	115.14	347	FSEN	3	87	Halifax Harriers
111	Clif	ABBOTT	115.16	390	MV50	19	78	Yaxley Runners
112	Janine	CARTMELL	115.16	326	FV45	8	91	Barrow & Furness Stri
113	Anna	THOMPSON	115.19	370	FV35	9	87	Sleaford Striders AC
114	Robert	PARKER	115.31	363	MV60	10	82	Unattached
115	Wendy	MORRIS	115.44	475	FV35	10	86	Unattached
116	Ian	ATKINSON	116.20	425	MV50	20	77	Werrington Joggers
117	Gill	HART	116.26	429	FV55	2	103	Ryston Runners
118	Gary	NORMAN	118.09	463	MV40	43	69	Thorney Running Club
119	Christopher	FLINTHAM	118.16	350	MV40	44	69	Maltby Running Club
120	Alan	GREGORY	118.52	458	MV40	45	69	Winterton Running Clu
121	Wendy	HADGRAFT	119.14	315	FV35	11	84	East Hull Harriers
122	Peter	HADGRAFT	119.18	314	MV50	21	75	East Hull Harriers
123	Steph	PALMERONE	119.42	305	FV35	12	84	Unattached
124	David	PIKE	120.23	307	MV50	22	75	Abbey Runners
125	George	HERD	120.49	454	MV50	23	74	Wolds Veteran Runners
126	Roland	HOWARD	120.57	327	MSEN	22	66	Unattached
127	Anne	MARTIN	121.03	444	FV55	3	99	Wymondham
128	Palyinder	SALHAN	121.06	405	FSEN	4	83	Scunthorpe & District
129	Robert	BISHOP	122.15	420	MSEN	23	65	Unattached
130	Glyn	BOTFIELD	122.36	426	MV50	24	73	Road Runners Club
131	Liz	LAWTON	123.05	335	FSEN	5	81	Unattached

132	Martin	SCHOLFIELD	125.17	470	MV50	25	72	Unattached
133	Michael	BIRD	125.49	356	MV50	26	72	Sutton in Ashfield
134	Tony	BARLOW	126.34	309	MV50	27	71	Action for the Blind
135	Dave	SMITH	129.49	399	MV50	28	69	Unattached
136	Bob	SHAW	130.10	388	MV50	29	69	Boston & District AC
137	Phylly	WILSON	131.52	324	FV55	4	91	Wreake Runners
138	Katrina	HYDE	132.39	477	FSEN	6	75	Black Country Triathl
139	Heidi	TREBLE	132.39	358	FV35	13	75	Unattached
140	Rachel	HOWARD	135.27	341	FV35	14	74	Sleaford Town Runners
141	Julie	PORTER	135.34	337	FV35	15	74	Sleaford Town Runners
142	Patricia	RICHS	135.34	338	FV55	5	89	Sleaford Town Runners
143	Judith	MULLIGAN	137.42	300	FV35	16	73	Unattached
144	Sue	WOODHAM	140.20	402	FV45	9	75	Boston & District AC

The penultimate column is the percentage of the Athletics Weekly standard for that age group