

## LINCOLNSHIRE TRACK AND FIELD CHAMPIONSHIPS

Boston and District Athletic Club representatives won seventy Bronze, Silver and Gold Awards and set two new Championship Best Performances at the Lincolnshire Track and Field Championships at Grantham. Seven "Gold Tops" won more than one County Championship over the weekend with Veteran Tim Creese and Senior Stuart Smith each claiming three first places. The evergreen Creese competing in his thirty ninth Lincs. Championship won the Veteran Hammer with 38.00m., the Shot with 10.39m. and the Discus with a best throw of 33.71m.. In addition Tim claimed the Silver Award in the Javelin throwing 36.53m. and the Pole Vault clearing 2.50m. to add to his huge tally of Lincs. Track and Field Championship awards. Stuart Smith won three Championships and finished second in three others. Championship victories in the Senior Discus 37.38m. , Long Jump 4.88m., and Triple Jump 11.26m. were enhanced by Silver Awards achieved in Shot 10.84m. , Hammer 36.59m. and 200 metres 26.3 secs.. Wayne Clarke retained both Hammer 52.39m. and Shot 10.92m. titles and finished second in Discus behind team mate Stuart throwing 30.31m.. Under 20 Jake Mason won two jumps titles winning Gold in High Jump with a new Championship Best clearance of 1.96m. and Long Jump with a leap of 5.99m. and also achieved Silvers in Javelin 38.75m. and Triple Jump 12.39m.. Jake Brittain also set a new Championship Record achieving 3.90m to win the Under 20 Mens Pole Vault and collected Bronze in the High Jump leaping 1.80m.. In the same age group Stephan Brockett took Gold in the 400 metres recording 53.4 secs. and added Bronze awards in Long Jump 5.62m. , Discus 25.49m. and Pole Vault 3.00m.. In the Under 17 category Chelsea Brockett won two titles in 300m. Hurdles recording 53.4 secs. and the High Jump leaping 1.45m. and added a second places in the 300 metres 45.3 secs. and Triple Jump 9.14m. and third in 80m. Hurdles 13.0 secs.. Under 20 Isabelle Whitehead won Gold in the Triple Jump leaping 9.23m. and 400m. Hurdles 74.1 secs. and took Silvers in Long Jump 4.26m. and 100m. Hurdles 19.1 secs..

Emily Richardson won two Under 20 Womens County titles finishing first in High Jump clearing 1.50m. and Javelin with a throw measuring 30.89m in her first 2009 competitive outing. Other Championship winners included Karl Wright at Veteran Mens level when he claimed the 400m. Hurdles Gold award finishing in 71.8 secs. and both the Under 15 Boys 4 x 100m. and 4 x 400m. Relay quartets in times of 54.0 secs and 4 mins. 22 secs.. Nathan McClure won the Under 15 Boys 200 metres Gold Award in a closely contested final recording 25.1 secs. and also claimed the Silver Award in the 100 metres clocking 12.6 secs. and Sam Johnson secured the Lincs. 80m. Hurdles title with a 14.6 secs. effort and also won Silver for runners up position in the 400 metres final 60.0 secs.. Veteran Tonya Robinson exceeded the thirty metres barrier to win the Hammer Championship with 31.39m. and added a Silver in Discus with 18.98m. and at the other end of the age spectrum Luke Macleod was first in the Under 13 Boys Discus 11.81m. In the Under 20 section Shamen Alloy Langham won the 200 metres sprint final in 23.7 secs. after finishing third in the 100 metres final in 11.8 secs. The Under 20 Mens 4 x 400m. relay squad picked up Silver Awards recording 3mins. 46.5 secs. and Under 17 Melanie Bristow was second in Discus 20.05m. , Javelin 24.44m. and Pole Vault 2.40m.

Bronze awards went to Veteran Karl Wright in the Shot 8.98m. , Discus 24.05m. and 100 metres 13.5 secs.; Under 20 Stephan Brockett in Triple Jump 12.07m. and Pole Vault 3.00m. , 200 metres 23.5 secs. and Discus 25.49m. and Jake Brittain in High Jump 1.80m.. In his first Lincolnshire Championships Marc Bradbury achieved two Bronze Awards in Under 17 mens Discus 33.63m. and Shot 11.45m. and Haden Brittain was third in Javelin with a throw of 37.57m.. Louise Rutt was third in both 800 metres 2 mins. 28.4 secs. and 3000 metres 12 mins. 01.6 secs. and Chelsea Brockett filled the same position in the 80m. Hurdles 13.0 secs.. In a strong and very competitive Under 15 Girls 75m. Hurdles final Maria Hollingsworth crossed the line in Bronze place in 12.5 secs.. and assisted the B.A.D.A.C. 4 x 100m. team to Bronze Awards 56.4 secs..