

LINCOLNSHIRE TRACK AND FIELD LEAGUE.

A number of Boston and District A.C. representatives achieved personal best performances at the third of this season's Lincolnshire Track and Field League matches at the South Kesteven Stadium at Grantham. Two Under 20 athletes impressed with Jake Brittain recording 17.6 secs. in the 110m. Hurdles, 12.4 secs. in the 100 metres , 25.3 secs. in the 200m. sprint , 4.00m. in Pole Vault and 26.62m. in Javelin and then ran in the "Gold Tops" victorious 4 X 100m. Relay team. Stephan Brockett finished ahead of Jake over 200 metres recording 24.0secs. in second place and went even better in the 400 metres winning in 52.2 secs. adding another victory in Javelin with 35.18m. and went over 3.60m. in Pole Vault for another splendid day's performances. In the Under 20 100 metres Josh Goodfellow marked his improvement this year with a 15.8 secs. effort. In the Senior Mens section Robert Richards recorded 2 mins. 04.1 to win the 800 metres and Jose` Ferriera claimed a couple of thirds in the 1500 metres 4 mins 54.9 secs. and the 3000 metres 10 mins 58.5 secs.. Stuart Smith contested seven field events winning Triple Jump 11.47m. , Discus 36.27m. , Shot 10.22m. and Hammer 32.41m. and recording 4.96m. in Long Jump, 33.41m. in Javelin and 1.55m. in High Jump. Three Veteran Men scored well over a range of track and field events. George Ashcroft won a competitive Long Jump event clearing 5.37m. and finished second in both the 100 and 200 metres sprints 12.7secs. / 26.9secs.. In the 1500 metres Edgars Sokolovskis finished second in 4mins. 50.7 secs. and then recorded 10 mins. 28.1 for fourth place in the 3000 metres and Karl Wright featured in field events with Javelin second 31.07m. , Discus third 23.06m. , Shot third 8.31m. and Hammer fourth 21.28m. In the Under 17 Mens category Boston and District members notched up seven event victories. Haden Brittain won Hammer 46.35m. and Javelin 35.75m. and finished runner up in the Shot 11.32m. and Marc Bradbury won the Discus with 35.75m. and added third places in both Hammer 35.67m. and Shot 10.93m.. L Chester recorded 17.9 secs in winning the 100m. Hurdles and Ollie Phillips won the 200 metres in 24.8 secs. with Tyrone Chase third 25.5 secs. and Jeremy Baily fourth 26.3 secs.. Jeremy went on to win the Long Jump leaping 5.62m. and Tyrone added second place points in Javelin with a throw of 35.17m. and the 4 x 100m. quartet clocked 49.0 secs. to win the Sprint Relay. A number of Under 15 Boys contributed well with Oliver Smith claiming second in Triple Jump with 9.65 m. and third in both 100 metres 13.4 secs. and 200 metres 27.2 secs.. William Brown was third across the line at the end of the 80m. Hurdles and finished fourth in Discus and Anthony Sandall was fourth in both Javelin 21.94m. and Shot 7.34m with Adam Bevan doing well on his first Lincs. League outing throwing 20.68m. in Javelin. At Under 13 level Liam Ashcroft finished in mid table in Long Jump 3.60m. and 100 metres 15.9 secs. and Sarah-Jane Price recorded 3 mins 28.6 secs in the 800 metres and 2.81m. in Long Jump. In the Under 15 Girls age group Leah Bristow convincingly won the Javelin event with a very promising 17.27m. and also finished fifth in the Discus with 13.81m.. Karlie Wright jumped 3.87m. for fourth in Long Jump , Alice Flint recorded 5 mins 48 secs. in fifth position in the 1500 metres , E Phillips putt the Shot 6.62m. to claim fourth place with Becky Locking providing excellent support in the sprints 100m. 14.6 secs./75m Hurdles 13.7secs. In the Under 17 Womens category Chelsea Brockett won both High Jump clearing 1.50m. and 300 metres recording 44.7 secs and Melanie Bristow took first place in the Javelin with a throw of 30.07m. both adding value by contributing to the "Gold Tops" 4 x 100m. Relay victory in 54.6 secs. Wednesday Pywowski finished second in Long Jump 4.78m. and High Jump 1.35m. and fifth in Javelin 18.35m..Melanie Bristow also achieved a second position in Discus recording 22.83m. and Louise Rutt added two further seconds in 800 metres 2 mins 30.0 secs. and 1500 metres 5 mins 28.2 secs. and a fourth in 300 metres 48.1 secs. and Emma Pennistone contributed points in the 1500 metres 5 mins.51.4 secs.. Senior Isabelle Whitehead won the Triple Jump with a clearance of 9.61m. and then finished second in the 800 metres recording an improved 2 mins. 30.3 secs..

The final match in the 2009 series of Lincolnshire Track and Field League has been moved from July 26th to September 13th when the programme will include the Lincolnshire 10K and 5K Track Championships.