

Race No	Surname	Forename	Age Cat	Club	position	Time
12	Knight	Geoff	Male 40-49	Boston And District AC	1	0:54:10
28	Hollinshead	Christopher	Male 40-49	Stafford Harriers	2	0:55:35
42	Neill	Steve	Male 40-49		3	0:56:13
35	Goodridge	Colin	Male		4	0:57:01
94	Wartnaby	Charles	Male		5	0:57:33
66	Kett	Robert	Male	North Norfolk Beach Runners	6	0:59:53
23	Hensby	Paul	Male 40-49	March AC	7	1:00:12
36	Thomson	David	Male 40-49		8	1:00:49
179	Beahish	Michael	Male	City Of Norwich AC	9	1:00:55
198	Sokolovskis	Edgars	Male	Boston And District AC	10	1:03:05
9	Leversedge	John	Male 50-59	Enfield And Haringey AC	11	1:03:35
43	Brock	David	Male 40-49	Orion Harriers	12	1:04:12
6	Papenberg	Kate	Female		13	1:05:26
41	Ruston	Robin	Male 50-59	Wolds Vets	14	1:05:47
67	Smith	Darren	Male	Ryston Runners	15	1:05:54
51	Hiner	Karl	Male 40-49	Riverside Runners	16	1:06:06
46	Jermy	Sean	Male	GreatYarmouth Road Runners	17	1:06:15
93	Scott	Leslie	Male 50-59	Ryston Runners	18	1:06:20
31	Thomas	Ian	Male 50-59	Uknetrunner	19	1:06:25
10	Sissons	Robin	Male	Cambridgeshire Constabulary	20	1:07:21
88	Kennedy	Antony	Male		21	1:07:32
45	Mcnicholas	Stephen	Male 40-49	Penny Lane Striders	22	1:07:34
17	Nichol	Ronald	Male	RAF Triathlon	23	1:07:39
15	Howlett	Robert	Male	Fenland Running Club	24	1:07:55
244	Ellis	Geoff	Male	RAFO	25	1:07:56
30	Pycroft	Christopher	Male 50-59	Thorney	26	1:07:57
4	Daugherty	Duane	Male 40-49		27	1:08:16
271	Grange	Simon	Male		28	1:08:49
71	Adcock	Trevor	Male 60-69	Norfolk Gazelles	29	1:09:18
224	Taylor	Leo	Male		30	1:09:25
85	Hammond	Richard	Male	Fenland Running Club	31	1:10:17
24	Wait	Debra	Female 35-44	March AC	32	1:10:22
29	Birch	James	Male 40-49	Wymondham Athletic Club	33	1:10:39
13	Harrod	Clive	Male 50-59	Fenland Running Club	34	1:11:29
211	McFaring	Simon	Male		35	1:12:15

53	Able	Simon	Male	Royston Runners	36	1:12:44
100	Dolinski	Przemyslaw	Male		37	1:12:49
14	Milburn	Ian	Male 60-69	Fenland Running Club	38	1:12:50
21	King	Michael	Male 50-59	Coltishall Jaguars	39	1:12:50
58	Bradbury	Annie	Female 45-54	Ryston Runners	40	1:13:37
97	Hall	David	Male		41	1:13:38
7	Siddiqi	Abdul'Sid'	Male	RAF Coningsby	42	1:13:39
39	Wasteney	Nicky	Female 35-44		43	1:13:41
95	Marr	Irvine	Male	Ipswich Jaffa	44	1:14:53
57	Miller	Darren	Male 40-49	Bedford Harriers	45	1:15:00
81	Pritchard	Rob	Male 40-49		46	1:15:07
62	Coates	Tim	Male 40-49	West Norfolk AC	47	1:15:10
68	Hunt	Malcolm	Male 50-59	March AC	48	1:15:22
52	Ashford	Chris	Male 40-49		49	1:15:36
196	Gould	James	Male	Westbury Harriers	50	1:16:09
40	Noble	Derrick	Male 50-59	Wolds Vets	51	1:16:19
159	Goldsmith	Steven	Male 50-59		52	1:16:24
79	Greenhalgh	Richie	Male		53	1:16:24
55	Morrish	Richard	Male 40-49		54	1:16:29
26	Arthur	Bob	Male 40-49	RAF Triathlon	55	1:17:04
1	Staines	Mick	Male 60-69	Pitsea RC	56	1:17:07
33	Page	Paul	Male	Bushfield Joggers	57	1:17:21
56	Plowright	John	Male 50-59		58	1:17:39
63	Cooper	Bryan	Male 50-59		60	1:19:30
217	Brammer	David	Male 40-49	March AC	61	1:19:34
2	McPaul	Robert	Male 60-69		62	1:19:43
25	Chelchowska	Agata	Female	March AC	63	1:19:45
173	Dolinski	stanislaw	Male 40-49		64	1:20:23
80	Gillespie	David	Male		65	1:20:26
75	Ellis	Matt	Male	Lowestoft Road Runners	66	1:20:42
267	Jones	David	Male 40-49		67	1:20:57
37	Marshall	Linda	Female 35-44	Ryston Runners	68	1:21:04
49	Taylor	Caroline	Female 45-54	Norwich Roadrunners	69	1:21:11
84	Fradley-Wilde	Rob	Male 60-69		70	1:21:12
87	Yare	John	Male 40-49		71	1:21:24
108	Davis	Richard	Male		72	1:22:19

83	Stephenson	Andrew	Male		73	1:12:24
11	Marshall	Stephen	Male 40-49	Cambridgeshire Constabulary	74	1:22:35
73	Henry	Kristian	Male		75	1:23:19
20	Smith	Wayne	Male		76	1:23:47
92	Farrow	Gavin	Male	Yaxley Runners	77	1:24:16
98	King	Richard	Male 40-49		78	1:14:34
3	Gamble	Terence	Male 60-69	West Norfolk AC	79	1:24:41
22	Woodhouse	Gillian	Female 55-64	Dereham Runners AC	80	1:14:57
77	Battersby	Lucy	Female		81	1:25:11
38	Sparrow	Pauline	Female 55-64	Ryston Runners	82	1:25:21
5	Ball	Malcolm	Male 70+	North Norfolk Beach Runners	83	1:25:41
74	Johnson	Paul	Male 50-59		84	1:25:58
148	Goldsmith	Dawn	Female		85	1:26:00
48	Berry	Judith	Female 35-44		86	1:26:02
149	Lake	Jacqueline	Female 45-54		87	1:26:20
138	Clarke	Stephen	Male		88	1:26:38
134	Cann	Christopher	Male		89	1:27:11
96	Haines	David	Male 60-69		90	1:27:18
207	Owen	Paul	Male 50-59		91	1:27:24
89	Mallot	Barry	Male 50-59		92	1:27:29
200	Doig	Martin	Male 40-49	BRS Huntington	93	1:27:55
61	Hart	Gill	Female 55-64	Ryston Runners	94	1:28:53
32	Miles	Alan	Male 50-59	Bushfield Joggers	95	1:29:16
27	Quinlivan	Mick	Male 50-59		96	1:29:21
70	Creed	Graham	Male 40-49		97	1:29:34
54	Collis	Steve	Male 40-49		98	1:30:05
263	Mogford	Vickie	Female	ARMY	99	1:31:25
76	Baker	Faye	Female	Lowestoft Road Runners	100	1:31:50
197	White	David	Male 40-49		101	1:31:51
64	Moore	David	Male 40-49		102	1:32:14
65	Felmingham	Sarah	Female 35-44		103	1:32:16
18	Tebb	Peter	Male 40-49	Bushfield Joggers	104	1:32:23
137	Young	Peter	Male 40-49		105	1:32:43
69	Ablington	Charles	Male		106	1:33:13
99	Witley	Peter	Male 60-69	Brandon Fern Hoppers	107	1:35:24
72	Drinnan	Cindy	Female		108	1:35:34

50	Britt	Tony	Male 50-59		109	1:35:50
90	McMinn	Hayley	Female		110	1:36:07
47	Ingram	Rachel	Female 35-44		111	1:36:26
251	Mogford	Martin	Male 40-49	ARMY	112	1:36:30
82	Bedingfield	Sarah	Female		113	1:36:40
180	Howard	Elise	Female		114	1:36:40
156	Smith	Helen	Female	Downham Dollies	115	1:36:41
34	Sanderson	Paul	Male 50-59		116	1:36:42
8	Creasor	Michael	Male 70+	Road Runners Club	117	1:37:19
160	Houghton	John	Male 40-49		118	1:37:52
168	Nicholson	Paul	Male 40-49		119	1:38:39
44	Ackland	Sacha	Female	Elton Manor AC	120	1:39:16
60	Williams	Josephine	Female 35-44		121	1:40:52
59	Wilson	Tina	Female 35-44		122	1:40:53
176	Wadham	Shirley	Female		123	1:41:20
19	Tebb	Julie	Female 35-44	Bushfield Joggers	124	1:41:58
123	Davidson	Mary	Female 55-64		125	1:42:37
78	McCloughlin	Rosie	Female 35-44		126	1:45:34
124	Davidson	Bruce	Male 50-59		127	1:46:08
199	Caseley	Jamie	Male		128	1:46:58
91	Fox	Amanda	Female 35-44		129	1:47:03
170	Acres	Sarah	Female 35-44		130	1:54:20
86	Atterwill	Sean	Male	City Of Norwich AC		No Time Recorded
16	Buckberry	Alan	Male 50-59	Sleaford Striders		No Time Recorded