

## 2009 Welbourn Castle 10k Winners & Class Winners

Presented by Sleaford Town Runners with help from the people of Welbourn

Race No	Position	Time	Name	Surname	Gender	Age	Class	Club
146	1	36:21	Aaron	Scott	Male	22	MS	Lincoln Wellington
89	2	36:39	ANDREW	FISHER	Male	38	MV35	RAF
132	3	39:07	Paul	Jackson	Male	35	MV35	Louth AC
137	4	39:57	Jose	Ferreira	Male	22	MS	Boston & District AC
18	5	40:58	Malcolm	Packer	Male	50	MV50	Louth AC
171	6	41:07	Arthur	Short	Male	43	MV40	Grantham Athletic
139	7	41:51	Simon	England	Male	33	MS	Sleaford Town Runners
144	8	42:32	Sokolovskis	Edgars	Male	36	MV35	Boston & District AC
96	9	43:04	Nigel	Booth	Male	49	MV45	Mablethorpe Runners
136	10	43:18	Aipan	McClure	Male	15	MU21	Boston & District AC
7	11	43:42	Dean	Houlton	Male	44	MV40	Wolds Vets
135	12	43:56	Dennis	Rainbow	Male	42	MV40	Boston & District AC
158	13	44:17	Dennis	Purcell	Male	26	MS	Lincsqaud
69	14	44:27	Steve	Froggatt	Male	41	MV40	Not Affiliated
138	15	44:29	Ruth	Jones	Female	29	FS	Nene Valley
86	16	44:44	Roderick	Burton	Male	55	MV55	Scunthorpe District AC
58	17	44:51	Matthew	Smith	Male	15	MU21	Grantham Athletic
40	18	45:00	Steven	Kelly	Male	49	MV45	Sleaford Town Runners
130	19	45:09	Henry	Vales	Male	46	MV45	Not Affiliated
20	20	45:35	Simon	Walters	Male	40	MV40	Not Affiliated
47	21	45:44	Geoff	Hall	Male	54	MV50	Lincoln Wellington
38	22	46:29	Alexander	Combie	Male	25	MS	Newark AC
64	23	46:34	Tim	Ketton	Male	38	MS	Sleaford Town Runners
134	24	46:38	Auson	Roberson	Female	37	FV35	Not Affiliated
65	25	46:59	Beth	Wilmot	Female	31	FS	Sleaford Town Runners
84	26	47:24	Matt	Holmes	Male	33	MS	Not Affiliated
160	27	47:40	Vince	McNiffe	Male		MS	Sleaford Striders
174	28	48:04	Tim	Brown	Male	42	MV40	Not Affiliated
83	29	48:42	Duane	Henchliffe	Male	46	MV45	Not Affiliated
63	30	48:53	Becci	Skelton	Female	25	FS	Not Affiliated
52	31	48:59	Frances	Cooke	Female	52	FV50	March AC
133	32	49:03	Michael	Bray	Male	40	MV40	Lincoln & District
78	33	49:15	David	Smith	Male	40	MV40	Royal Air Force
140	34	49:36	Adam	Haywood	Male	32	MS	Not Affiliated
162	35	49:45	Richard	Titchmarsh	Male	66	MV65	Lincoln Wellington
36	36	50:11	John	Combie	Male	62	MV60	Newark AC
35	37	50:14	Alan	Buckberry	Male	57	MV55	Sleaford Striders
120	38	50:25	Mary	Mills	Female	47	FV45	Holme Pierrepont RC
143	39	50:35	David	Gill	Male	55	MV55	Notfast
17	40	50:36	Helen	McLoughlin	Female	32	FS	Cleethorpes AC
90	41	50:41	CARL	COUSENS	Male	21	MS	Not Affiliated
131	42	50:42	Paul	Jackson	Male	37	MV35	Louth AC
155	43	51:30	Jason	Pawlett	Male	20	MU21	Not Affiliated
13	44	51:30	Lionel	Mason	Male	47	MV45	Sleaford Town Runners
156	45	51:38	David	Fisher	Male	43	MV40	Not Affiliated
30	46	51:40	Rachel	Ellis	Female	31	FS	Sleaford Town Runners

123	47	51:46	Mark	Stansfield	Male	43	MV40	Team East Hoddon
95	48	51:47	John	Garner	Male	57	MV55	Hartsholme Runners
22	49	51:53	Alistair	Macpherson	Male	15	MU21	Not Affiliated
107	50	51:57	Christopher	Milnes	Male	52	MV50	Ryston Runners AC
147	51	52:04	Caryn	Garner	Female	49	FV45	Grantham Athletic
81	52	52:14	Helen	Cladingbowl	Female	26	FS	Louth AC
163	53	52:17	Robert	Panter	Male	69	MV65	Grantham Triathlon
99	54	52:26	Reid	Baker	Male	27	MS	Not Affiliated
74	55	52:37	Roger	Griffiths	Male	41	MV40	Not Affiliated
116	56	53:00	ANDY	PRITCHETT	Male	46	MV45	NOTFAST
104	57	53:14	GLENN	MOORE	Male	47	MV45	Lincoln Wellington
157	58	53:15	Roslind	Treadwell	Female	48	FV45	Lincoln & District
67	59	53:32	Coral	Rose	Female	41	FV40	Not Affiliated
49	60	53:57	John	Day	Male	51	MV50	Not Affiliated
164	61	53:58	Paul	Jepson	Male	55	MV55	Ropsley Road Runners
6	62	54:08	Tom	Rayner	Male	24	MS	Herts Police Athletics Club
151	63	54:14	Tony	Tomlin	Male	44	MV40	Boston & District AC
31	64	54:15	Corrina	Litscher	Female	18	FU21	Not Affiliated
54	65	54:24	Paul	Broughton	Male	27	MS	Not Affiliated
170	66	54:25	Philip	Hall	Male	54	MV50	Grantham Athletic
21	67	54:30	Sally	Macpherson	Female	44	FV40	Not Affiliated
121	68	54:31	Andrew	Wilkinson	Male	38	MV35	Not Affiliated
117	69	54:33	Dennis	Reeson	Male	59	MV55	Redhill Road Runners
152	70	54:44	Chris	Dunn	Male	62	MV60	Not Affiliated
112	71	54:45	Chris	Bates	Male	19	MU21	Not Affiliated
101	72	54:53	CHRIS	SLICER	Male	28	MS	Not Affiliated
119	73	55:20	Emma	Benfield	Female	36	FV35	Louth AC
82	74	56:22	Alan	Franks	Male	53	MV50	Not Affiliated
153	75	56:34	David	Coznes	Male	55	MV55	Hartsholme Runners
2	76	57:02	Stephen	Brear	Male	37	MV35	Sleaford Town Runners
166	77	57:09	Andy	Kerrican	Male	33	MS	Not Affiliated
44	78	57:11	Jayne	Pearson	Female	30	FS	Not Affiliated
165	79	57:36	Penny	Kemp	Female	23	FS	Not Affiliated
168	79	57:36	Philip	Wynn	Male	59	MV55	Not Affiliated
85	81	58:08	Jim	Diamond	Male	62	MV60	Hartsholme Runners
161	82	58:12	Lucy	Titchmarsh	Female	35	FV35	Lincoln Wellington
142	83	58:17	Frank	Scott	Male	21	MS	Not Affiliated
118	84	58:18	Michael	Davies	Male	48	MV45	Not Affiliated
167	85	58:25	Julian	Sheen	Male	56	MV55	Not Affiliated
141	86	58:41	David	Broadbent	Male	19	MU21	Not Affiliated
11	87	58:52	Cathy	Davies	Female	23	FS	Sleaford Town Runners
102	88	59:03	PAUL	CARSON	Male	31	MS	Not Affiliated
73	89	59:07	Jill	McIntyre	Female	42	FV40	Notfast
12	90	59:10	Kate	Mason	Female	40	FV40	Sleaford Town Runners
88	91	59:53	VICKY	HOUGHTON	Female	27	FS	Not Affiliated
53	92	1:00:01	Sean	O'Driscoll	Male	49	MV45	Bushfield Joggers
169	93	1:00:09	Marilyn	Hatherley	Female	58	FV55	Notfast
97	94	1:00:13	Brendan	Meanwell	Male	40	MV40	Not Affiliated
110	95	1:00:35	Leggett	John	Male	64	MV60	Trail Runners Association
57	96	1:00:42	Helen	Tomblin	Female	40	FV40	Not Affiliated

154	97	1:00:49	Paul	Cross	Male	56	MV55	Not Affiliated
108	98	1:00:51	Alison	Milnes	Female	48	FV45	Ryston Runners AC
124	99	1:00:56	Jon	Wilkinson	Male	48	MV45	Not Affiliated
39	100	1:01:07	Norman	Gosbee	Male	58	MV55	Ropsley Road Runners
75	101	1:01:27	Elizabeth	Francis	Female	27	FS	Not Affiliated
92	102	1:01:52	DANNY	HUDDLESTONE	Male	52	MV50	BUSHFIELD JOGGERS
91	103	1:01:57	HANNA	BENNETT	Female	33	FS	Not Affiliated
9	104	1:02:01	Emma	Aldridge	Female	38	FV35	Not Affiliated
80	105	1:02:02	Viv	Martin	Female	53	FV50	Not Affiliated
115	106	1:02:12	LAURA	BARGH	Female	29	FS	Not Affiliated
42	107	1:02:19	Hannah	Korcz	Female	18	FU21	Not Affiliated
59	108	1:03:05	Aaaran	Thorpe	Male	30	MS	Not Affiliated
94	109	1:03:51	Sarah-Jane	Hodson	Female	31	FS	Clowne Road Runners
129	110	1:03:55	Nathan	Bowes	Male	33	MS	Not Affiliated
172	111	1:03:58	Gareth	Williams	Male	35	MV35	Not Affiliated
109	112	1:04:13	Vivienne	Veasey	Female	46	FV45	Sleaford Town Runners
122	113	1:04:32	John	The Pram	Male	50	MV50	Unknown
149	114	1:04:36	Alex	Wivell	Male	34	MS	Not Affiliated
71	115	1:05:04	Kevin	Woodland	Male	54	MV50	Not Affiliated
173	116	1:05:42	Anna	Hughes	Female	32	FS	Not Affiliated
72	117	1:06:20	Mandy	Connor	Female	45	FV45	Sleaford Town Runners
98	118	1:07:22	Stuart	Bremner	Male	45	MV45	Bourne Town Harriers
103	119	1:07:37	DAVE	SMITH	Male	58	MV55	Not Affiliated
56	120	1:08:32	Diane	Best	Female	43	FV40	Not Affiliated
148	121	1:09:17	Philip	Gardner	Male	48	MV45	Grantham Athletic
60	122	1:09:19	Linda May	Burden	Female	57	FV55	Not Affiliated
113	123	1:09:28	Aimee	Stocker	Female	26	FS	Spalding Tri
66	124	1:09:32	Kaye	Lincoln	Female	45	FV45	Hartsholme Runners
125	125	1:10:08	Ben	Wilkinson	Male	15	MU21	Not Affiliated
61	126	1:10:12	Tammy	Haywood	Female	29	FS	Not Affiliated
145	127	1:10:58	Jackie	Duers	Female	45	FV45	Notfast
28	128	1:11:41	Nicki	Wilkes	Female	46	FV45	Not Affiliated
29	129	1:11:42	Joseph	Wilkes	Male	50	MV50	Not Affiliated
23	130	1:13:31	Becky	Hall	Female	33	FS	Not Affiliated
100	131	1:13:37	Bob	Oakham	Male	59	MV55	Notfast
55	132	1:13:37	Angie	Jackson	Female	46	FV45	Not Affiliated
41	133	1:14:27	Laura	Warren	Female	52	FV50	Not Affiliated
43	134	1:15:11	Karen	Straw	Female	37	FV35	Not Affiliated
16	135	1:15:23	Adele	Clarkson	Female	29	FS	Not Affiliated
175	136	1:15:37	Kim	Brown	Female		FS	Not Affiliated
150	137	1:16:17	Babz	Spiller	Female	49	FV45	Not Affiliated
111	138	1:16:38	Deborah	Bates	Female	49	FV45	Not Affiliated
105	139	1:17:07	JIM	ARAM	Male	33	MS	LAKESIDE LINCOLN
3	140	1:17:24	Megan	Heaton	Female	32	FS	Not Affiliated
1	DNS		Jez	Page	Male	48	MV45	Grantham Athletic
4	DNS		Sue	Herccock	Female	60	FV60	Not Affiliated
5	DNS		Pat	Riches	Female	67	FV65	Sleaford Town Runners
8	DNS		Kirsty	Roberts	Female	25	FS	Not Affiliated
10	DNS		Katrina	Paletrophe	Female	31	FS	Not Affiliated
14	DNS		Emma	Lord	Female	39	FV35	Nene Valley

15	DNS	Louise	Harries	Female	28	FS	Not Affiliated
19	DNS	Robert	Briscoe	Male	58	MV55	Not Affiliated
24	DNS	Brenda	Willson	Female	49	FV45	Womens Running Network
25	DNS	Andrew	Vaughan	Male	48	MV45	Not Affiliated
26	DNS	Chris	Vaughan	Male	23	MS	Not Affiliated
27	DNS	Richard	Turkington	Male	35	MV35	Not Affiliated
32	DNS	Anita	Sharp	Female	39	FV35	Not Affiliated
33	DNS	Victoria	Auckland	Female	24	FS	Not Affiliated
34	DNS	Rachel	Khan	Female	42	FV40	Not Affiliated
37	DNS	Alan	Crossfield	Male	38	MV35	Lincoln Wellington
45	DNS	Stephen	Sutton	Male	47	MV45	Royal Sutton A.C.
46	DNS	Greg	Sutherland	Male	42	MV40	Not Affiliated
48	DNS	Paul	Pocklington	Male	44	MV40	Sleaford Town Runners
50	DNS	Niell	Mison	Male	44	MV40	Not Affiliated
51	DNS	Carolyn	Alcock	Female	38	FV35	Not Affiliated
62	DNS	David	Smith	Male	41	MV40	Not Affiliated
68	DNS	Paul	Cox	Male	30	MS	Not Affiliated
70	DNS	Dianna	Day	Female	38	FV35	Not Affiliated
76	DNS	Philip	Marshland	Male	54	MV50	Not Affiliated
77	DNS	Simon	Pollard	Male	34	MS	Not Affiliated
79	DNS	Mark	Marshall	Male	33	MS	Not Affiliated
87	DNS	CHRIS	BALFE	Male	29	MS	Not Affiliated
93	DNS	JOANNE	COCKING	Female	28	FS	Not Affiliated
106	DNS	STEVEN	SAUNDERS	Male	57	MV55	RIPLEY
114	DNS	ANDY	AKED	Male	43	MV40	ROTHERHAM HARRIERS
126	DNS	Angela	O'Conner	Female	39	FV35	Lincoln & District
127	DNS	Ben	Mills	Male	24	MS	Not Affiliated
128	DNS	Rebecca	Horner	Female	27	FS	Not Affiliated