RACE NO	RUNNER	SEX	AGE	CLUB	TIME	POSITION
290	JOHN SIDDENS	MALE	42	SLEAFORD TOWN RUNNERS	34.23	1
197	SIMON FAWCETT	MALE	38	BEDFORD HARRIERS	34.52	2
410	CHRIS COOPER	MALE	19	NENE VALLEY HARRIERS	35.31	3
314	JOHN MANLOW	MALE	41	ELY RUNNERS	35.39	4
193	PAUL HENSBY	MALE	44	MARCH AC	36.02	5
322	MIKE CHAPMAN	MALE	29	NENE VALLEY HARRIERS	36.15	6
211	ALAN OLIVER	MALE	21	SLEAFORD STRIDERS	36.16	7
325	MARK BYRNE	MALE	31	GRANTHAM A.C.	36.23	8
376	MICHAEL MOORE	MALE	37	WERRINGTON JOGGERS	36.4	9
361	MATTHEW GREEN	MALE	20	BOURNE TOWN HARRIERS	37.38	10
318	JOSE FERREIRA	MALE	22	BOSTON & DISTRICT	37.46	11
308	EDGARS SOKOLOVSKIS	MALE	36	BOSTON & DISTRICT	37.55	12
408	ARTHUR SHORT	MALE	43	GRANTHAM A.C.	37.56	13
289	TONY JOHNSON	MALE	43	ROPSLEY ROAD RUNNERS	38	14
315	MARTIN BOOTH	MALE	55	STILTON STRIDERS	38.04	15
203	GREG SOUTHERN	MALE	41	SLEAFORD TOWN RUNNERS	38.31	16
323	DANIEL GRANT	MALE	35	PETERBOROUGH AC	38.35	17
245	SIMON ENGLAND	MALE	33	SLEAFORD TOWN RUNNERS	38.38	18
356	MARTIN STEVENS	MALE	35	WERRINGTON JOGGERS	39.08	19
397	JACK TROW	MALE	16	FENLAND RUNNING CLUB	39.12	20
242	PAUL DAVIDSON	MALE	51	GRANTHAM A.C.	39.23	21
387	MARK POPPLE	MALE	18	STAMFORD STRIDERS	39.24	22
207	ADRIAN MARTIN	MALE	30	FENLAND RUNNING CLUB	39.35	23
398	MATT ISLE	MALE	36	ANCHOLME VALLEY AC	39.51	24
279	MAURICE HEMINGWAY	MALE	54	RIVERSIDE RUNNERS	39.56	25
230	NICK BAKER	MALE	49	UNAFFILIATED	39.57	26
201	SANDY TELFER	MALE	46	SLEAFORD STRIDERS	40	27
300	REG ALLEN	MALE	53	THORNEY RUNNING CLUB	40.03	28
399	LEE SHEPHARD	MALE	16	FENLAND RUNNING CLUB	40.13	29
298	ALAN WHEELER	MALE	35	UNAFFILIATED	40.25	30
291	MARK HILLSON	MALE	39	GRANTHAM A.C.	40.54	31
254	GARY BOWEN	MALE	52	UNAFFILIATED	41.01	32
328	MATTHEW RUSSELL	MALE	38	CLOWNE ROAD RUNNERS	41.02	33
349	MIKE EXTON	MALE	61	UNAFFILIATED	41.07	34
232	DENNIS BROWN	MALE	62	WOLDS VETERANS RRC	41.2	35

188	MICHAEL ELLIS	MALE	45	UNAFFILIATED	41.21	36
227	COLIN SIMPSON	MALE	56	FENLAND RUNNING CLUB	41.24	37
306	STEVEN KELLY	MALE	49	SLEAFORD TOWN RUNNERS	41.32	38
354	MARY CRAIG	FEMALE	41	WOLDS VETERANS RRC	41.35	39
277	ALGIE AUDAS	MALE	51	STAMFORD STRIDERS	41.43	40
320	JOHN HODGKISON	MALE	41	SLEAFORD TOWN RUNNERS	41.45	41
231	SIMON CRAFT	MALE	46	UNAFFILIATED	41.46	42
312	TERRY GRANT	MALE	51	SLEAFORD STRIDERS	41.54	43
220	SEAN CONNOLLY	MALE	40	FENLAND RUNNING CLUB	41.58	44
273	CHRISTOPHER McDONNELL	MALE	50	NOTFAST R.C.	42	45
284	JAK NIJAK	MALE	31	NENE VALLEY HARRIERS	42.08	46
219	JON BRADY	MALE	48	FENLAND RUNNING CLUB	42.17	47
262	NICHOLAS WELLS	MALE	45	STAMFORD STRIDERS	42.2	48
377	PHIL LENGTHORN	MALE	39	BOURNE TOWN HARRIERS	42.31	49
303	RICHARD MOWBRAY	MALE	35	UNAFFILIATED	42.33	50
252	JEZ PAGE	MALE	49	GRANTHAM A.C.	42.37	51
185	ANGELA CHAPMAN	FEMALE	27	UNAFFILIATED	42.41	52
400	GRACE MULLINS	FEMALE	15	UNAFFILIATED	42.47	53
411	RICHARD CLAYTON	MALE	30	UNAFFILIATED	43	54
236	NICKY MORGAN	FEMALE	39	SOUTH LONDON HARRIERS	43.06	55
261	DES ADEY	MALE	46	BOURNE TOWN HARRIERS	43.15	56
246	KEITH LAMB	MALE	38	WOLDS VETERANS RRC	43.18	57
295	CLIVE HARROD	MALE	51	FENLAND RUNNING CLUB	43.25	58
321	JOHN ELLERBY	MALE	55	GRANTHAM A.C.	43.32	59
309	TREVOR BROWN	MALE	48	SLEAFORD TOWN RUNNERS	43.32	60
409	JACK CARPENTER	MALE	21	SPALDING TRIATHLON CLUB	43.34	61
293	COLIN FERGUSON	MALE	58	FENLAND RUNNING CLUB	43.4	62
248	GEOFF HOWES	MALE	54	THORNEY RUNNING CLUB	43.48	63
292	MARK ROSE	MALE	45	FENLAND RUNNING CLUB	43.5	64
234	GRAHAM PARK	MALE	39	SLEAFORD STRIDERS	43.56	65
369	ANDREW COWLING	MALE	52	THORNEY RUNNING CLUB	44.27	66
370	IAN MARTIN	MALE	45	UNAFFILIATED	44.29	67
216	EDWARD ENRIGHT	MALE	54	LINCOLN & DISTRICT A.C.	44.37	68
352	RACHEL ELLIS	FEMALE	31	SLEAFORD TOWN RUNNERS	44.43	69
343	DAN GREENHALF	MALE	31	UNAFFILIATED	44.53	70
239	NATASHA JOHNSON	FEMALE	27	YAXLEY RUNNERS	44.58	71

355	CHRIS ARMSTRONG	MALE	43	NOTTS AC	45.08	72
394	GARY ROWLEY	MALE	50	SPALDING TRIATHLON CLUB	45.15	73
233	BARBARA BROWN	FEMALE	58	WOLDS VETERANS RRC	45.2	74
334	SARAH GAUVIN	FEMALE	38	FENLAND RUNNING CLUB	45.22	75
297	GEOFFREY CLARK	MALE	63	RAMSEY ROAD RUNNERS	45.25	76
393	RICHARD BROADHEAD	MALE	40	UNAFFILIATED	45.34	77
363	ANTHONY YOXALL	MALE	42	BOURNE TOWN HARRIERS	45.35	78
258	HELEN CLADINGBOWL	FEMALE	26	LOUTH AC	45.37	79
366	ALEX GIBBS	MALE	18	UNAFFILIATED	45.4	80
367	STEPHEN GIBBS	MALE	46	UNAFFILIATED	45.41	81
241	JANICE ANDERSON	FEMALE	55	GRANTHAM A.C.	45.48	82
388	DAVID JOHNSON	MALE	45	CLOWNE ROAD RUNNERS	45.54	83
217	STEPHEN BREAR	MALE	37	SLEAFORD TOWN RUNNERS	46.04	84
198	GARETH PURDY	MALE	33	UNAFFILIATED	46.12	85
338	RICHARD PEARSON	MALE	54	BOURNE TOWN HARRIERS	46.13	86
222	RICHARD NIXON	MALE	42	PACTRAC	46.2	87
342	DAVID GRACE	MALE	54	BOURNE TOWN HARRIERS	46.34	88
253	STEPHEN DAWSON	MALE	40	THORNEY RUNNING CLUB	46.42	89
365	BILLY FOX	MALE	49	UNAFFILIATED	46.48	90
391	ANDREW WADE	MALE	45	STAMFORD STRIDERS	46.54	91
276	ANTHONY COTTON	MALE	71	BRJ HUNTINGDON RRC	46.56	92
379	STEVE SANHAM	MALE	29	UNAFFILIATED	47.04	93
384	ROLAND STEVENS	MALE	52	BOURNE TOWN HARRIERS	47.15	94
341	HELEN BROWN	FEMALE	32	GRANTHAM A.C.	47.18	95
362	NICHOLAS PILGRIM	MALE	51	UNAFFILIATED	47.2	96
396	ROBERTO PANTER	MALE	69	NOTFAST R.C.	47.22	97
181	ADRIAN CARDER	MALE	52	UNAFFILIATED	47.23	98
316	ANGIE HARVEY	FEMALE	48	SLEAFORD TOWN RUNNERS	47.31	99
268	LIONEL MASON	MALE	47	SLEAFORD TOWN RUNNERS	47.33	100
313	GARY BRITNELL	MALE	40	SLEAFORD TOWN RUNNERS	47.41	101
374	NEILL DRAYCOTT	MALE	55	BOURNE TOWN HARRIERS	47.58	102
360	NEIL BAGE	MALE	49	UNAFFILIATED	48.11	103
304	LAWRENCE BRACKSTONE	MALE	43	SPALDING TRIATHLON CLUB	48.13	104
301	PAUL BREWSTER	MALE	46	BOURNE TOWN HARRIERS	48.14	105
358	CHRIS GORDON	MALE	48	NENE VALLEY HARRIERS	48.15	106
205	GORDON ORR	MALE	55	STAMFORD STRIDERS	48.15	107

407	PHILIP HALL	MALE	54	GRANTHAM A.C.	48.24	108
223	JOHN BAINBRIDGE	MALE	50	GRANTHAM A.C.	48.36	109
330	MATTHEW LENNARD	MALE	34	DERWENT RUNNERS	48.53	110
404	HAMISH McCONCHIE	MALE	44	UNAFFILIATED	48.53	111
210	ROBIN BALL	MALE	56	STAMFORD STRIDERS	49.14	112
368	ANDREW HAIGH	MALE	48	UNAFFILIATED	49.26	113
329	MATTHEW CRAMP	MALE	39	UNAFFILIATED	49.56	114
317	PAUL FREEMANTLE	MALE	44	SLEAFORD TOWN RUNNERS	49.57	115
228	SUE GEORGE	FEMALE	49	FENLAND RUNNING CLUB	50.05	116
337	AYLA SMITH	FEMALE	55	BOURNE TOWN HARRIERS	50.43	117
189	ANNA THOMPSON	FEMALE	43	SLEAFORD STRIDERS	50.49	118
215	ALISON MARVEL	FEMALE	46	STAMFORD STRIDERS	51.14	119
209	SARAH BALDWIN	FEMALE	24	UNAFFILIATED	51.22	120
221	GORDON PEARSON	MALE	38	EYE COMMUNITY RUNNERS	51.28	121
357	JACK TURNER	MALE	20	SLEAFORD TOWN RUNNERS	51.48	122
351	LISA RICHARDSON	FEMALE	40	BOURNE TOWN HARRIERS	51.5	123
364	MARISKA NIEMEIJER	FEMALE	32	PACTRAC	51.57	124
272	LYN McDONNELL	FEMALE	52	NOTFAST R.C.	52.14	125
274	SHARRON TOMS	FEMALE	40	YAXLEY RUNNERS	52.31	126
200	MIKE WHALEY	MALE	66	UNAFFILIATED	52.38	127
286	HEATHER COLEMAN	FEMALE	35	UNAFFILIATED	52.42	128
287	SHARON TOLLEY	FEMALE	38	UNAFFILIATED	52.42	129
319	IAN FRISBY	MALE	51	THORNEY RUNNING CLUB	52.46	130
183	AIMEE STOCKER	FEMALE	26	SPALDING TRIATHLON CLUB	52.47	131
383	ANDREW STUBBS	MALE	45	UNAFFILIATED	53.09	132
402	TONY LACK	MALE	69	RAMSEY ROAD RUNNERS	53.11	133
385	HELEN CHILDS	FEMALE	33	UNAFFILIATED	53.13	134
390	PHILIP BODDEY	MALE	52	STAMFORD STRIDERS	53.13	135
225	SUZANNE MOON	FEMALE	32	STAMFORD STRIDERS	53.14	136
202	ALISTAIR WHITAKER	MALE	39	SLEAFORD TOWN RUNNERS	53.25	137
175	JULIE SCRIMSHAW	FEMALE	37	UNAFFILIATED	53.33	138
208	ALISON MILLS	FEMALE	42	UNAFFILIATED	53.35	139
395	BARRY CLARKE	MALE	63	NENE VALLEY HARRIERS	53.36	140
347	ALAN BIRD	MALE	64	ROPSLEY ROAD RUNNERS	53.39	141
238	AUNE TURKSON-JONES	FEMALE	45	SLEAFORD TOWN RUNNERS	54.1	142
250	STEVEN ALLARD	MALE	45	UNAFFILIATED	54.27	143

371	BILL COOK	MALE	68	UNAFFILIATED	54.49	144
214	RACHEL KEMP	FEMALE	36	BOURNE TOWN HARRIERS	54.57	145
392	STUART BENYON	MALE	45	UK NETRUNNERS	55.15	146
310	ANDY DAVIES	MALE	29	SLEAFORD TOWN RUNNERS	55.18	147
378	LINDSAY BIGGADIKE	MALE	42	UNAFFILIATED	55.22	148
224	RICHARD GRIFFEN	MALE	42	EYE COMMUNITY RUNNERS	55.25	149
350	MARTIN COHEN	MALE	50	THORNEY RUNNING CLUB	55.33	150
299	PHILIPPA HARRIS	FEMALE	33	UNAFFILIATED	55.38	151
294	MALCOLM SCRIVEN	MALE	56	BOURNE TOWN HARRIERS	55.48	152
405	TONY TOMLIN	MALE	44	BOSTON & DISTRICT	56.1	153
406	ADAM TOMLIN	MALE	15	UNAFFILIATED	56.1	154
278	JO SNOWDEN	FEMALE	38	UNAFFILIATED	56.27	155
333	WYN ROBERTS	MALE	56	SLEAFORD STRIDERS	56.28	156
235	VIVIENNE VEASEY	FEMALE	46	SLEAFORD TOWN RUNNERS	56.35	157
195	JONATHON RHAM	MALE	48	UNAFFILIATED	57.05	158
305	DANNY HUDDLESTONE	MALE	52	BUSHFIELD JOGGERS	57.06	159
169	KERRY HUDSON	FEMALE	47	FETCH RUNNERS	57.12	160
353	ELIZABETH JOHNSON	FEMALE	37	UNAFFILIATED	57.22	161
336	TINA SUMMERS	FEMALE	37	UNAFFILIATED	57.25	162
177	KEN TOWNSEND	MALE	62	UNAFFILIATED	57.31	163
311	PETER NADIN	MALE	55	SLEAFORD STRIDERS	57.32	164
345	JULIE BROWN	MALE	44	SLEAFORD TOWN RUNNERS	57.34	165
348	SIMON TEMPLER	MALE	43	UNAFFILIATED	57.39	166
240	ROB THURKETTLE	MALE	30	NEWMARKET JOGGERS	57.39	167
339	PHILIP GARNER	MALE	48	GRANTHAM A.C.	57.54	168
340	CARYN GARNER	FEMALE	50	GRANTHAM A.C.	57.54	169
247	BOB OAKHAM	MALE	59	NOTFAST R.C.	58.01	170
190	ALISON ROBERTS	FEMALE	40	UNAFFILIATED	58.04	171
191	PAUL CROSS	MALE	56	UNAFFILIATED	58.04	172
344	RACHEL HOWARD	FEMALE	40	SLEAFORD TOWN RUNNERS	58.08	173
270	MARIA SOWERBY	FEMALE	54	STAMFORD STRIDERS	58.11	174
359	NICKY ASPLIN	FEMALE	38	BOURNE TOWN HARRIERS	58.26	175
170	MANDY CONNOR	FEMALE	46	SLEAFORD TOWN RUNNERS	58.32	176
237	DIANE STUART	FEMALE	55	FENLAND RUNNING CLUB	58.58	177
403	SANDRA BUTLER	FEMALE	64	RAMSEY ROAD RUNNERS	58.58	178
372	ANTONY HILLIAM -COOK	MALE	41	UNAFFILIATED	59.32	179

186	LEE ALLARD	MALE	26	UNAFFILIATED	59.5	180
373	ALICE GRANT	FEMALE	46	UNAFFILIATED	59.57	181
255	ALAN GRAY	MALE	59	UNAFFILIATED	60.21	182
381	MARIA YULL	FEMALE	42	UNAFFILIATED	60.36	183
401	GORDON PALMER	MALE	48	ANCHOLME VALLEY AC	60.41	184
386	STEVE PILVOUSEK	MALE	55	WERRINGTON JOGGERS	60.52	185
281	GILL HOLMES	FEMALE	56	THORNEY RUNNING CLUB	60.58	186
199	BRIAN JUDKINS	MALE	54	NORTH HERTS ROAD RUNNERS	61.25	187
389	LISA WYLLIE	FEMALE	28	STAMFORD STRIDERS	62.02	188
194	CATHERINE SIMPSON	FEMALE	53	SLEAFORD TOWN RUNNERS	62.27	189
229	SUE WOODHAM	FEMALE	46	BOSTON & DISTRICT	62.43	190
285	GILL HARKER	FEMALE	62	UNAFFILIATED	62.49	191
375	FIONA WOLSTENHOLME	FEMALE	32	EYE COMMUNITY RUNNERS	63	192
280	PATRICIA RICHES	FEMALE	67	SLEAFORD TOWN RUNNERS	63.29	193
332	SHAUN LOUTH	MALE	34	SLEAFORD TOWN RUNNERS	63.29	194
380	RICHARD TURNER	MALE	62	EYE COMMUNITY RUNNERS	63.56	195
266	STUART BREMNER	MALE	45	BOURNE TOWN HARRIERS	64.09	196
265	SIMON LOVELL	MALE	55	EYE COMMUNITY RUNNERS	64.18	197
296	KAREN GOVE	FEMALE	35	STAMFORD STRIDERS	64.51	198
187	SARAH HILL	FEMALE	36	UNAFFILIATED	65.08	199
324	BRIDGET CRAMP	FEMALE	35	UNAFFILIATED	66.16	200
264	RISHI BEEHARRY	MALE	45	FENLAND RUNNING CLUB	66.28	201
283	EMMA HALLS	FEMALE	30	BOURNE TOWN HARRIERS	66.41	202
271	JO-ANNE BEETON	FEMALE	35	UNAFFILIATED	66.43	203
307	JANE DURKIN	FEMALE	44	SLEAFORD TOWN RUNNERS	69.15	204
256	JULIE STAPLETON	FEMALE	52	SLEAFORD TOWN RUNNERS	70.13	205
243	JULIE FROST	FEMALE	42	SLEAFORD TOWN RUNNERS	70.13	206
263	ISABEL BEEHARRY	FEMALE	51	FENLAND RUNNING CLUB	71.57	207
346	SARAH WINSPEAR	FEMALE	44	STAMFORD STRIDERS	72.17	208
206	ELAINE ALLWOOD	FEMALE	54	STAMFORD STRIDERS	72.17	209
327	SALLY BUTLER	FEMALE	39	SLEAFORD TOWN RUNNERS	72.36	210
275	PETER TOMS	MALE	40	YAXLEY RUNNERS	73.34	211
331	MARGARET LENNARD	FEMALE	32	SLEAFORD STRIDERS	73.56	212
178	KATE TOWNSEND	FEMALE	30	UNAFFILIATED	73.56	213
326	AMANDA SLATER	FEMALE	47	SLEAFORD TOWN RUNNERS	74.21	214
259	ANNE DAYNES	FEMALE	40	SLEAFORD TOWN RUNNERS	75.36	215

260	SUE SHAW	FEMALE	43	SLEAFORD TOWN RUNNERS	77.08	216
226	LISA HARMON	FEMALE	33	UNAFFILIATED	80.17	217
302	JAYNE COOK	FEMALE	42	SLEAFORD TOWN RUNNERS	80.17	218
218	SARAH BUXTON	FEMALE	33	UNAFFILIATED	80.38	219
244	CAROLYN CROCKER	FEMALE	46	SLEAFORD TOWN RUNNERS	80.38	220
171	COLIN BLAKE	MALE	43	UNAFFILIATED		
172	PENELOPE WOOD	FEMALE	41	UNAFFILIATED		
173	MARCUS SKILLERN	MALE	36	UNAFFILIATED		
176	MARTIN WOOD	MALE	52	UNAFFILIATED		
179	DAVID TOWNSEND	MALE	39	UNAFFILIATED		
182	SHARON THOMPSON	FEMALE	48	UNAFFILIATED		
184	VAUGHAN ROBERTS	MALE	51	BOURNE TOWN HARRIERS		
192	KAREN STRAW	FEMALE	37	UNAFFILIATED		
212	PASQUALE RUGGIERO	MALE	46	FENLAND RUNNING CLUB		
213	SHAUN KEMP	MALE	40	BOURNE TOWN HARRIERS		
249	TONY GILBERT	MALE	44	BOURNE TOWN HARRIERS		
251	DARREN STOKES	MALE	35	UNAFFILIATED		
257	BRYAN COOPER	MALE	53	UNAFFILIATED		
267	KATE MASON	FEMALE	40	SLEAFORD TOWN RUNNERS		
269	TERRY WELBOURN	MALE	51	UNAFFILIATED		
282	GEMMA HUTTON	FEMALE	25	THORNEY RUNNING CLUB		
288	CAROL BONNEY	FEMALE	54	YAXLEY RUNNERS		
335	FIONA VAUGHAN	FEMALE	33	GRANTHAM A.C.		
352	RACHEL ELLIS	FEMALE	31	SLEAFORD TOWN RUNNERS		
382	DAVID FREEMAN	MALE	49	MARLOW STRIDERS		