

STEEPLES AND SPIRES CHALLENGE.

Four members of Boston and District Athletic Club took part in the unique "Steeple and Spires Challenge" contested over the twenty six plus miles of the Steeples and Spires Heritage Trail . The multi terrain event runs from Lincoln to Sleaford with participants having to negotiate stiles and gates along footpaths, grass tracks, ploughed land, gravel stretches and road for a total distance of 26 miles 800 yards. The first to complete the self timed challenge was Chris Rainbow who clocked 2 hours 52 mins.at the end. Ninth to finish the Heritage Trail was Dennis Rainbow in 3 hours 21 mins. and behind him Tony Tomlin completed the distance in 4 hours 15 mins.which was over 30 minutes faster than his best official marathon time with the youngest competitor on the day Aiden McClure arriving at the end in 4 hours 42 mins.