## Northern Cross Country Championships

## 23 January 2010

Seven Boston and District Athletic Club runners made the long trip to Blackburn on Saturday for the Northern Cross Country Championships. Despite the recent wintry weather conditions underfoot at the picturesque Witton Park venue were firm and dry. Six hundred competitors started the Senior Mens race with Jose` Ferriera the first "Gold Top" to finish recording 50mins. 43secs. in 207th position. Behind Jose` veteran Dennis Rainbow was 362nd. in 56mins. 23 secs., Owen Msimango 560th in 1 hour 8mins. 30secs. and Peter Flint 579th. recording 1 hour 11 mins. 18secs. In the Under 20 Mens category Tomas Kohrska crossed the finish line in 84th position in 39 mins. 40 secs. and Under 17 Aidan McClure claimed 106th place finishing in a time of 25mins. 48secs. in his race.

In her Under 17 Womens Northern Championship race Louise Rutt improved to a rewarding 38th position (24mins. 21secs.) a much higher finishing place than was expected for the ever consistent "Gold Top". At Under 15 Girls level Alice Flint claimed 116th place recording 18mins. 59secs. as she entered the finish funnel at the end of a challenging undulating parkland trial.