

Saucony English National Cross Country Championships.

Half a dozen Boston and District Athletic Club representatives travelled to Leeds on Saturday for the 2010 Saucony English National Cross Country Championships. Continuous sleet and snow throughout Friday made the Roundhay Park venue an extremely soggy venue with many parts of the undulating parkland course reduced to an ankle deep squelshy mess.

Best results for the "Gold Tops" was the Under 17 Womens Championship. Up against the strongest runners in England and competing over a tough 5K challenge Chelsea Brockett and Louise Rutt coped well with the testing conditions. Chelsea who failed to finish the race last year put that fact behind her and kept going well this time to claim a hundred and sixteenth position recording 22 mins. 42 secs.. Behind Chelsea Louise finished the energy sapping 5K distance in 23 mins. 09 secs. to claim one hundred and twenty fifth place.

In the Junior Mens 10 K event Tomas Kohrska in his first "nationals" experience clocked 46 mins. 04 sesc in one hundred and ninety seventh position.

Under 17 Aidan McClure maintained good rhythm over the 6K Championship distance to record 28 mins. 01 secs. to cross the finish line in two hundred and eighty sixth place.

In the 123rd Senior Mens National Championship over a demanding 12K. course Jose` Ferriera succeeded in his aim to finish in the top half of the field. Over 1400 runners were on the start line and Jose` entered the finish funnel in six hundred and sixteenth place recording 50 mins. 31 secs. for the run.

In her last year in the Under 15 age group Alice Flint recorded 18 mins. 46 secs.at the end of the 4K race to finish in three hundred and first position.