

2010 Nationals XC -

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
1	6043	00:38:01	Andy Vernon	Aldershot Farnham & District AC	110	8626	00:42:51	Tony Carter	Wallsend Harriers & AC
2	7589	00:38:10	Moumin Geele	Newham & Essex Beagles	111	7932	00:42:53	Simon Mills	Sale Harriers Manchester
3	8320	00:38:20	Steven Vernon	Stockport Harriers & AC	112	6389	00:42:54	Jon Wills	Bristol & West AC
4	6124	00:38:44	Nielson Hall	Bedford & County AC	113	6739	00:42:54	Jon Pepper	Enfield & Haringey AC
5	7292	00:38:49	Peter Riley	Leigh Harriers & AC	114	6807	00:42:55	Benjamin Morley	Great Western Runners
6	6386	00:39:13	Tom Russell	Bristol & West AC	115	7386	00:42:56	Jonathon Archer	Low Fell RC
7	7259	00:39:16	James Walsh	Leeds City AC	116	6513	00:42:57	Tom Bean	City of York AC
8	6630	00:39:26	Luke Gunn	Derby AC	117	6509	00:42:57	Seb Duffy	City of Stoke AC
9	6030	00:39:29	Ben Lindsay	Aldershot Farnham & District AC	118	7316	00:42:59	Richard Burney	Liverpool Harriers & AC
10	7224	00:39:36	Alan Buckley	Leeds City AC	119	6284	00:43:00	Alex Gibbons	Blackheath & Bromley Harriers
11	6031	00:39:38	Martin Mashford	Aldershot Farnham & District AC	120	8036	00:43:00	Aodh O'Neill (F)	Serpentine RC
12	7307	00:39:40	Matt Bowser	Lincoln Wellington AC	121	6678	00:43:01	Jason Dunkerley	East Cheshire Harriers & Tameside AC
13	6120	00:39:45	Darren Deed	Bedford & County AC	122	6494	00:43:02	Wayne Lincoln	City of Norwich AC
14	8473	00:39:48	Philip Hinch	Tipton Harriers	123	7468	00:43:03	Tom Comerford	Marshall Milton Keynes AC
15	7936	00:39:51	Gareth Raven	Sale Harriers Manchester	124	7526	00:43:05	Michael Dawson	Morpeth Harriers & AC
16	6164	00:39:52	Dan Mulhare (F)	Belgrave Harriers	125	6960	00:43:07	Chris Buslallah	Herne Hill Harriers
17	7681	00:39:53	Bruce Raeside	Notts AC	126	6954	00:43:08	Alastair Watson	Hermitage Harriers RC
18	6062	00:39:56	David Norman	Altrincham & District AC	127	6484	00:43:09	Luke Allen	City of Norwich AC
19	6588	00:40:05	Matt Lole	Coventry Godiva Harriers	128	7327	00:43:09	John McCole	Liverpool Harriers & AC
20	6046	00:40:10	Matt Barnes	Altrincham & District AC	129	8510	00:43:11	Johnathan Holt	Trafford AC
21	6419	00:40:12	Dean Lacy	Cambridge Harriers	130	7614	00:43:13	Paul Lowe	North York Moors AC
22	7561	00:40:13	Ricky Stevenson	New Marske Harriers	131	8807	00:43:13	Bertie Powell	Woodford Green AC with Essex Ladies
23	6414	00:40:17	Will Clarke	Cambridge & Coleridge	132	8468	00:43:14	Daniel Beier	Tipton Harriers
24	7910	00:40:18	Matt Bond	Sale Harriers Manchester	133	7261	00:43:16	Joshua Whitehead	Leeds City AC
25	7602	00:40:20	Kairn Stone	Newham & Essex Beagles	134	7739	00:43:16	Christopher Palmer (F)	Oxford University CCC
26	7159	00:40:22	John Gilbert	Kent AC	135	6847	00:43:18	Tom Jenkins	Hallamshire Harriers
27	8053	00:40:26	Nick Torry	Serpentine RC	136	7325	00:43:21	Mark Keeley	Liverpool Harriers & AC
28	8794	00:40:27	Matt Gunby	Woodford Green AC with Essex Ladies	137	7529	00:43:22	Kristian Forster	Morpeth Harriers & AC
29	7664	00:40:28	Tim Hartley	Notts AC	138	7246	00:43:24	Greg Hull	Leeds City AC
30	6570	00:40:30	Matt Almond	Coventry Godiva Harriers	139	7021	00:43:24	Matthew Revier	Hillingdon AC
31	7581	00:40:31	Rory Chesser	Newham & Essex Beagles	140	6220	00:43:25	Richard Harris	Bingley Harriers & AC
32	6585	00:40:32	Ben Jones	Coventry Godiva Harriers	141	6511	00:43:27	Tom Gayle	City of Stoke AC
33	8467	00:40:33	Mike Aspinall	Tipton Harriers	142	6854	00:43:28	John Rocke	Hallamshire Harriers
34	8073	00:40:33	Orlando Edwards	Shaftesbury Barnet Harriers	143	7267	00:43:29	Oliver Ziff	Leeds City AC
35	6131	00:40:36	Will Levett	Bedford & County AC	144	6129	00:43:29	Matt Janes	Bedford & County AC
36	7156	00:40:37	James Connor	Kent AC	145	8798	00:43:29	Ben Hope	Woodford Green AC with Essex Ladies
37	6996	00:40:38	David Bruce	Highgate Harriers	146	7727	00:43:29	Gaz Davies	Owls AC
38	6635	00:40:39	Alex Pilcher	Derby AC	147	7819	00:43:30	Jonathan Stacey	Ranelagh Harriers
39	7233	00:40:40	Simon Deakin	Leeds City AC	148	6299	00:43:32	James Poole	Blackheath & Bromley Harriers
40	7221	00:40:44	Darran Bliton	Leeds City AC	149	6288	00:43:34	Ben Harding	Blackheath & Bromley Harriers
41	6161	00:40:47	James Kelly	Belgrave Harriers	150	6139	00:43:35	Chris Riley	Bedford & County AC
42	7562	00:40:53	Andrew Wiles	New Marske Harriers	151	6427	00:43:36	Philip Wolfe	Cannock & Stafford AC
43	6035	00:40:54	Neil Phillips	Aldershot Farnham & District AC	152	7095	00:43:39	James Cotton	Invicta East Kent AC
44	7773	00:40:56	John Henechan	Pudsey & Bramley AC	153	6157	00:43:40	James Fairbourn	Belgrave Harriers
45	6016	00:40:57	Mat Ashton	Aldershot Farnham & District AC	154	6950	00:43:40	Adam Przedzrymski	Hercules Wimbeldon AC
46	6558	00:41:01	Andrew Ward	Clowne RR	155	8052	00:43:41	Hugh Torry	Serpentine RC
47	7893	00:41:05	Philip Hoole	Rotherham Harriers & AC	156	6049	00:43:42	Dave Cowlishaw	Altrincham & District AC
48	6440	00:41:06	Seb Foy	Cheltenham & County Harriers	157	6575	00:43:43	Richard Burman	Coventry Godiva Harriers
49	7243	00:41:06	Martin Hilton	Leeds City AC	158	6992	00:43:44	Lee Reynolds	Herts Phoenix AC
50	6898	00:41:12	Ben Warren	Harrow AC	159	8469	00:43:45	Mike Buntin	Tipton Harriers
51	8789	00:41:16	Lotfi Chebli (F)	Woodford Green AC with Essex Ladies	160	6895	00:43:45	Julian Critchlow	Harrow AC
52	6493	00:41:17	Stuart Huntington	City of Norwich AC	161	7231	00:43:46	Alexander Davy	Leeds City AC
53	6104	00:41:17	Darren Middleton	Barnsley AC	162	6126	00:43:47	Richard Henderson	Bedford & County AC
54	8421	00:41:18	James McMullan	Thames Hare & Hounds	163	7531	00:43:49	Ben Harrison	Morpeth Harriers & AC
55	6580	00:41:19	Stephen Emery	Coventry Godiva Harriers	164	7098	00:43:50	Chris Holmes	Invicta East Kent AC
56	8733	00:41:21	Dwain Jones	Windsor Slough Eton & Hounslow AC	165	6155	00:43:52	Will Cockerell	Belgrave Harriers
57	8482	00:41:23	Mark Powell	Tipton Harriers	166	6109	00:43:53	Geoff Beetham	Barrow Runners
58	6334	00:41:25	Jon Fletcher	Border Harriers & AC	167	7577	00:43:54	Matt Lockyer	Newcastle (Staffs) AC
59	7555	00:41:26	Alec Duffield	New Marske Harriers	168	6225	00:43:55	Tim Midgeley	Bingley Harriers & AC
60	8485	00:41:27	Ian Williams	Tipton Harriers	169	7961	00:43:57	Rob Hughes	Salford Harriers
61	6301	00:41:29	Andrew Rayner	Blackheath & Bromley Harriers	170	7183	00:43:57	Gregan Clarkson	Kingston Upon Hull AC
62	6133	00:41:31	Owain Matthews	Bedford & County AC	171	6991	00:43:58	Bryn Reynolds	Herts Phoenix AC
63	7222	00:41:32	Chris Birchall	Leeds City AC	172	7449	00:43:58	James Mee	Mansfield Harriers & AC
64	8788	00:41:35	Hysel Care	Woodford Green AC with Essex Ladies	173	7464	00:44:00	Martin Malone	Manx Harriers
65	7463	00:41:37	Kevin Loundes	Manx Harriers	174	6999	00:44:01	Shaun Dixon	Highgate Harriers
66	6861	00:41:40	Andy Thake	Hallamshire Harriers	175	6978	00:44:01	David Mulvee	Herne Hill Harriers
67	7908	00:41:42	James Bailey	Sale Harriers Manchester	176	6116	00:44:03	Steve Body	Bedford & County AC
68	6586	00:41:43	Ryan Kenny	Coventry Godiva Harriers	177	7731	00:44:03	Tom Meakin	Owls AC
69	7590	00:41:44	Ian Grime	Newham & Essex Beagles	178	7324	00:44:04	James Horman	Liverpool Harriers & AC
70	8847	00:41:45	Kim Critchley	York Knavesmire Harriers	179	7122	00:44:04	Daniel Hawksworth	Jersey Spartans AC
71	7309	00:41:45	Ian Kimpton	Lincoln Wellington AC	180	7524	00:44:06	Mark Brown	Morpeth Harriers & AC
72	8792	00:41:46	Martyn Cryer	Woodford Green AC with Essex Ladies	181	8430	00:44:06	Andrew Weir	Thames Hare & Hounds
73	6045	00:41:47	Tom Wade	Aldershot Farnham & District AC	182	6489	00:44:09	Nick Earl	City of Norwich AC
74	6956	00:41:50	Alan Barnes	Herne Hill Harriers	183	6905	00:44:11	Robert Warner	Havering Mayesbrook
75	6022	00:41:52	Steve Connor	Aldershot Farnham & District AC	184	6573	00:44:11	Tom Bark	Coventry Godiva Harriers
76	6333	00:41:54	James Douglas	Border Harriers & AC	185	6964	00:44:12	Jeff Cunningham	Herne Hill Harriers
77	8142	00:41:55	Joe Mercer	Skipton AC	186	6894	00:44:13	Jim Cooper	Harrow AC
78	7225	00:41:57	Mike Burrett	Leeds City AC	187	7384	00:44:14	Richard Brown	Louth AC
79	7556	00:41:57	Richard Morrell	New Marske Harriers	188	6848	00:44:14	Oli Johnson	Hallamshire Harriers
80	8042	00:42:00	Richard Phillips	Serpentine RC	189	6995	00:44:16	Dale Bickham (F)	Highgate Harriers
81	7732	00:42:03	Paul Miles	Owls AC	190	7481	00:44:17	James Hogg	Medway & Maidstone AC
82	8784	00:42:05	Matt Barnes-Smith	Woodford Green AC with Essex Ladies	191	7220	00:44:18	Aidan Adams	Leeds City AC
83	6114	00:42:07	Robert Whittle	Basingstoke & Mid Hants AC	192	7084	00:44:19	Malcolm Muir	Ilford AC
84	6437	00:42:09	Ryan Prout	Chelmsford AC	193	6751	00:44:21	Phil Sangar	Epsom & Ewell Harriers
85	7331	00:42:11	Adam Peers	Liverpool Harriers & AC	194	8351	00:44:22	Steven Potts	Sunderland Harriers & AC
86	8297	00:42:12	Alex Dennicot	Staffordshire Moorlands AC	195	8456	00:44:22	Ben Osborn	The Stragglers
87	6140	00:42:12	Steve Robinson	Bedford & County AC	196	7085	00:44:23	Tom Adams	Ilkley Harriers
88	7969	00:42:13	Ben Riddell	Salford Harriers	197	7483	00:44:24	Adrian Lowther	Medway & Maidstone AC
89	6166	00:42:15	Paskar Owor (F)	Belgrave Harriers	198	7657	00:44:24	Brian Dumm (F)	Notts AC
90	6144	00:42:16	Steven Tuttle	Bedford & County AC	199	7597	00:44:26	Jamal Mohamed	Newham & Essex Beagles
91	8410	00:42:17	Craig Walker	Telford AC	200	7822	00:44:26	Carl Bradbury	Reading AC
92	7255	00:42:19	Adam Osborne	Leeds City AC	201	7812	00:44:27	Peter Haarer	Ranelagh Harriers
93	8783	00:42:22	Daniel Augustus	Woodford Green AC with Essex Ladies	202	6372	00:44:27	Matthew Bristow	Brighton & Hove City AC
94	7240	00:42:25	Martin Gostling	Leeds City AC	203	7493	00:44:30	James Brown	Metropolitan Police AC
95	7528	00:42:26	Ross Floyd	Morpeth Harriers & AC	204	7226	00:44:30	Gavin Chatterton	Leeds City AC
96	8486	00:42:27	Martin Williams	Tipton Harriers	205	8797	00:44:30	Angus Holford	Woodford Green AC with Essex Ladies
97	8515	00:42:30	Ian Salisbury	Trafford AC	206	7367	00:44:34	Martin Potter	London Heathside
98	6838	00:42:31	Rob Baker	Hallamshire Harriers	207	7001	00:44:36	Peter Downie (F)	Highgate Harriers
99	6693	00:42:32	Jon Frost	East Hull Harriers	208	8802	00:44:36	Ed Messer	Woodford Green AC with Essex Ladies
100	6020	00:42:34	Graham Breen	Aldershot Farnham & District AC	209	8453	00:44:37	Graham Brook	The Stragglers
101	7256	00:42:39	Martin Roscoe	Leeds City AC	210	6215	00:44:38	John Convert	Bingley Harriers & AC
102	7000	00:42:40	Henry Dodwell	Highgate Harriers	211	7157	00:44:38	Andrew Dunwoody	Kent AC
103	6167	00:42:40	Mark Pollard	Belgrave Harriers	212	8407	00:44:39	Wil Joyce	Telford AC
104	6837	00:42:40	David Archer	Hallamshire Harriers	213	7539	00:44:41	David Swinburne	Morpeth Harriers & AC
105	6587	00:42:43	Job King	Coventry Godiva Harriers	214	6436	00:44:42	Lee Pickering	Chelmsford AC

Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
106	8775	00:42:45	Oliver Jones	Wolverhampton & Bilston AC	215	6495	00:44:42	Jonathan Quint	City of Norwich AC
107	7477	00:42:47	Tom Collins	Medway & Maidstone AC	216	7186	00:44:43	Jarratt Perkins	Kingston Upon Hull AC
108	6584	00:42:50	Scott Hazell	Coventry Godiva Harriers	217	8218	00:44:44	James Tartt	Southport Waterloo AC
109	8316	00:42:51	Andrew Nixon	Stockport Harriers & AC	218	6213	00:44:44	Andy Brown	Bingley Harriers & AC
219	8803	00:44:45	Kevin Murphy	Woodford Green AC with Essex Ladies	330	8647	00:46:37	Alastair Lindsay	Wells City Harriers
220	6979	00:44:46	Keith Newton	Herne Hill Harriers	331	6593	00:46:37	Harvey Rose	Coventry Godiva Harriers
221	8057	00:44:47	Hendrik Zietsman (F)	Serpentine RC	332	6321	00:46:37	John Wright	Blackpool Wyre & Fyde AC
222	6451	00:44:50	Thomas Beedell	Chiltern Harriers AC	333	8233	00:46:38	Darren Riley	Sparkhill Harriers
223	6278	00:44:51	Daniel Brewer	Blackheath & Bromley Harriers	334	7774	00:46:39	John Holah	Pudsey & Bramley AC
224	6984	00:44:51	David Robinson	Herne Hill Harriers	335	6859	00:46:40	Mike Sprot	Hallamshire Harriers
225	7164	00:44:51	Rich Munn	Kent AC	336	7547	00:46:41	Mike Chapman	Nene Valley Harriers
226	8206	00:44:54	Steve Whittaker	Southend AC	337	7993	00:46:41	Gary Hetherington	Sedgefield Harriers
227	8041	00:44:55	Eric Phillips	Serpentine RC	338	8219	00:46:42	Steve Wilkinson	Southport Waterloo AC
228	8848	00:44:57	Tom Edward	York Knavesmire Harriers	339	6438	00:46:43	James Williams	Chelmsford AC
229	8598	00:44:58	Chris Price	Wakefield District Harriers & AC	340	7986	00:46:43	Ben Mukherjee	Scarborough AC
230	6369	00:44:59	Richard Airey	Brighton & Hove City AC	341	8017	00:46:44	Martin Gaunt	Serpentine RC
231	7953	00:45:00	Simon Bruton	Salford Harriers	342	7724	00:46:45	Andrew Robertshaw	Otley AC
232	6153	00:45:01	Malachi Byansi	Belgrave Harriers	343	6822	00:46:47	Nick Hazelwood	Halesowen AC
233	7308	00:45:01	Geoff Hall	Lincoln Wellington AC	344	6903	00:46:48	Matthew Bland	Havering Mayesbrook
234	8809	00:45:04	Jim Roche	Woodford Green AC with Essex Ladies	345	6636	00:46:48	Ian Stevens	Derby AC
235	8474	00:45:05	Tom Holden	Tipton Harriers	346	8113	00:46:49	Andy Pacey	Silson Joggers AC
236	8709	00:45:05	Malcolm Fowler	Wilmslow RC	347	7494	00:46:51	Joel Clewett	Metropolitan Police AC
237	8731	00:45:06	Sam Gardner	Windsor Slough Eton & Hounslow AC	348	8512	00:46:54	Michael Hunt	Trafford AC
238	7470	00:45:06	Chris Hearn	Marshall Milton Keynes AC	349	7495	00:46:55	Karl Free	Metropolitan Police AC
239	7568	00:45:07	Doug Kelley	Newark AC	350	6582	00:46:56	James Griggs	Coventry Godiva Harriers
240	7104	00:45:08	Mark Wilkins	Invicta East Kent AC	351	8526	00:46:56	Ian Yates	Trentham RC
241	7638	00:45:11	Simon Millett	Norwich RR	352	6682	00:46:57	Simon Grundy	East Cheshire Harriers & Tameside AC
242	7185	00:45:12	Tom McKee	Kingston Upon Hull AC	353	6952	00:46:58	Richard Xerri	Hercules Wimbledon AC
243	8075	00:45:12	Matt Grant	Shaftesbury Barnet Harriers	354	7395	00:46:59	Jonathon Stephens	Low Fell RC
244	6897	00:45:13	Peter Norris	Harrow AC	355	6963	00:47:00	Michael Cummings	Herne Hill Harriers
245	6530	00:45:15	James Ellis	Clapham Chasers	356	7615	00:47:01	Paul McGough	North York Moors AC
246	8489	00:45:16	Daniel Bradley	Tonbridge AC	357	8854	00:47:01	Richard Lowson	York Knavesmire Harriers
247	7966	00:45:17	Phil Leybourne	Salford Harriers	358	7783	00:47:01	Darren Burnley	Pudsey Pacers RC
248	7778	00:45:17	Richard Pattinson	Pudsey & Bramley AC	359	7975	00:47:02	James Williams	Salford Harriers
249	8315	00:45:18	Dean Matkin	Stockport Harriers & AC	360	6563	00:47:04	James Wood	Congleton Harriers
250	7158	00:45:19	Graeme Garner	Kent AC	361	6304	00:47:05	Roy Smith	Blackheath & Bromley Harriers
251	6223	00:45:22	Aidan Johnson	Bingley Harriers & AC	362	8002	00:47:07	Miguel Branco (F)	Serpentine RC
252	7234	00:45:23	James Dean	Leeds City AC	363	7673	00:47:08	Chris McGurk	Notts AC
253	6863	00:45:24	Scott Wilson	Hallamshire Harriers	364	7717	00:47:09	Tony Bourne	Otley AC
254	6009	00:45:24	Matthew John	Abbey Runners	365	8684	00:47:10	Gregg Ward	Westbury Harriers
255	6962	00:45:25	Simon Coomes	Herne Hill Harriers	366	7288	00:47:10	David Birtle	Leeds University CCC
256	6535	00:45:25	David Beanry	Claremont RR & AC	367	7889	00:47:11	Gary Claxton	Rotherham Harriers & AC
257	7675	00:45:26	John Muddeman	Notts AC	368	7289	00:47:13	Tom Henders	Leigh Harriers & AC
258	6981	00:45:29	Ben Pavour	Herne Hill Harriers	369	6542	00:47:13	Mark Aspinall	Clayton-le-Moors Harriers
259	6825	00:45:29	Dom Morton	Halesowen AC	370	8144	00:47:15	Jonathan Pawson	Skipton AC
260	7656	00:45:30	Richard Darling	Notts AC	371	6179	00:47:15	Ross Armstrong	Beverley AC
261	6280	00:45:30	Chris Daniel	Blackheath & Bromley Harriers	372	6974	00:47:16	Sanwar Khan	Herne Hill Harriers
262	6209	00:45:31	Stephen Bailey	Bingley Harriers & AC	373	8682	00:47:16	John Terry	Westbury Harriers
263	6549	00:45:31	Gary Shaw	Clayton-le-Moors Harriers	374	7544	00:47:17	Paul Waterston	Morpeth Harriers & AC
264	7685	00:45:32	Mike Romanienko	Notts AC	375	6370	00:47:17	David Boyce	Brighton & Hove City AC
265	7965	00:45:34	James Kovacs	Salford Harriers	376	8165	00:47:18	Andy Collins	South London Harriers
266	6475	00:45:34	Stuart Carmichael	City of Hull AC	377	8562	00:47:19	Gwil Thomas	Valley Striders
267	8428	00:45:35	Richard Todd	Thames Hare & Hounds	378	7874	00:47:20	Phil Williams	Rochdale Harriers & AC
268	7580	00:45:37	Andy Barber	Newham & Essex Beagles	379	6839	00:47:20	Armand Bush	Hallamshire Harriers
269	7340	00:45:38	Bernie Murphy	Liverpool Pembroke & Sefton H & AC	380	6740	00:47:20	John Scott	Enfield & Haringey AC
270	8046	00:45:38	Andrew Reeves	Serpentine RC	381	7451	00:47:21	Doug Ross	Mansfield Harriers & AC
271	6503	00:45:39	Stuart Warner	City of Portsmouth AC	382	6227	00:47:21	Martin Peace	Bingley Harriers & AC
272	8437	00:45:40	Gordon Irvine	Thames Valley Harriers	383	7315	00:47:22	Alan Ashton	Liverpool Harriers & AC
273	6598	00:45:43	Jon White	Coventry Godiva Harriers	384	8383	00:47:24	Dave Williams	Tamworth AC
274	6886	00:45:44	Chris Miller	Harrogate Harriers & AC	385	7691	00:47:24	Nicholas Talbot	Notts AC
275	8505	00:45:45	Thomas Charles	Trafford AC	386	6015	00:47:26	Charles Lines	Ackworth RR & AC
276	7134	00:45:46	Adrian Jones	Keighley & Craven AC	387	6940	00:47:27	Deon Coetzee (F)	Hercules Wimbledon AC
277	8705	00:45:47	Rob Downs	Wilmslow RC	388	6115	00:47:28	Andy Blair	Bedford & County AC
278	6497	00:45:47	Wayne Utting	City of Norwich AC	389	7576	00:47:29	Daniel Egan	Newcastle (Staffs) AC
279	7532	00:45:48	Gary Jones	Morpeth Harriers & AC	390	8744	00:47:30	Mark Hulmston	Wirral AC
280	7771	00:45:48	Neil Armitage	Pudsey & Bramley AC	391	7023	00:47:31	Andrew Symonds	Hillingdon AC
281	6796	00:45:50	Andy Renfree	Gloucester AC	392	8577	00:47:31	Jeremy Gold	Victoria Park H. & Tower Hamlets AC
282	6019	00:45:50	Mike Boucher	Aldershot Farnham & District AC	393	7398	00:47:32	Stuart Still	Luton AC
283	7148	00:45:50	Phillip Gould	Kenilworth Runners	394	8099	00:47:33	Nick Swift	Sheffield RC
284	7280	00:45:51	James Webb	Leeds University CCC	395	8191	00:47:33	Paul Fotherby	Southampton RC
285	6515	00:45:51	Andy Hilton	City of York AC	396	6713	00:47:34	Steve Grey	Elswick Harriers
286	6574	00:45:51	Aaron Bodycote	Coventry Godiva Harriers	397	7646	00:47:35	Chris Armstrong	Notts AC
287	6564	00:45:55	Chris Curtis	Corby AC	398	6434	00:47:35	Ken Hoyer	Chelmsford AC
288	7704	00:45:56	Michael Mannings	Oldham & Royton Harriers & AC	399	8209	00:47:35	David Hamilton	Southport Waterloo AC
289	7024	00:45:57	Daniel Thompson	Hillingdon AC	400	6210	00:47:36	Richard Balshaw	Bingley Harriers & AC
290	6156	00:45:58	Lander Eguia (F)	Belgrave Harriers	401	6498	00:47:37	Albie Von Gordon	City of Norwich AC
291	7184	00:46:00	Kris Lecher	Kingston Upon Hull AC	402	8302	00:47:38	Simon Bennett	Steel City Striders
292	6374	00:46:00	Zared Hale	Brighton & Hove City AC	403	7192	00:47:39	Peter Branney	Kirkstall Harriers
293	8090	00:46:01	James Trapmore	Shaftesbury Barnet Harriers	404	8457	00:47:39	Roy Reeder	The Stragglers
294	6500	00:46:04	Paul Bleach	City of Portsmouth AC	405	8741	00:47:41	Kelvin Dickinson	Wirral AC
295	7163	00:46:06	Andy Moreton	Kent AC	406	6008	00:47:41	Alex Grant	Abbey Runners
296	8514	00:46:06	Paul Rockliffe	Trafford AC	407	7676	00:47:41	Rob Nixon	Notts AC
297	8712	00:46:09	Mike Halman	Wilmslow RC	408	6506	00:47:41	Stephen Cooper	City of Stoke AC
298	7500	00:46:10	Rhys Peters	Metropolitan Police AC	409	7361	00:47:42	John Flahive	London Heathside
299	6578	00:46:10	Emerson Combstock	Coventry Godiva Harriers	410	6476	00:47:42	Adam Fozzard	City of Hull AC
300	8717	00:46:12	Jim Pendrill	Wilmslow RC	411	7467	00:47:44	Andy Watson	Manx Harriers
301	8235	00:46:13	Paul Thompson	Sparkhill Harriers	412	8716	00:47:45	Stuart Parrott	Wilmslow RC
302	6367	00:46:14	Phillip Taylor	Bridlington RR	413	7358	00:47:45	Richard Browne	London Heathside
303	7354	00:46:14	Paul Sankey	Liverpool RC	414	8140	00:47:46	Richard Barrett	Skipton AC
304	6488	00:46:14	Neil Davison	City of Norwich AC	415	8527	00:47:47	Ross Langley	Tring RC
305	6718	00:46:16	Kevin Stephenson	Elswick Harriers	416	8687	00:47:48	Richard Bewell	Wetherby Runners AC
306	6040	00:46:19	Scott Smith-Bannister	Aldershot Farnham & District AC	417	6547	00:47:49	Ray Lees	Clayton-le-Moors Harriers
307	6344	00:46:19	Matt Grace	Bourne Town Harriers	418	8054	00:47:49	Robin Tuddenham	Serpentine RC
308	6378	00:46:20	James Tomlinson	Brighton & Hove City AC	419	7332	00:47:50	Colin Potts	Liverpool Harriers & AC
309	7357	00:46:20	David Parkin	Loftus & Whitby AC	420	8352	00:47:50	Paul Redman	Sunderland Harriers & AC
310	7320	00:46:21	Robert Dewhurst	Liverpool Harriers & AC	421	8680	00:47:52	Chris Palmer	Westbury Harriers
311	6899	00:46:21	Alan Wray	Harrow AC	422	8211	00:47:53	Ben Johnson	Southport Waterloo AC
312	6122	00:46:22	Steve Earley	Bedford & County AC	423	7928	00:47:54	Tim Kennedy	Sale Harriers Manchester
313	6729	00:46:22	Arber Baci	Enfield & Haringey AC	424	7423	00:47:54	Andrew Skitt	Manchester Harriers & AC
314	8544	00:46:22	Dan Fisher	Valley Striders	425	8022	00:47:54	Andrew Hibbert	Serpentine RC
315	7223	00:46:23	Mark Bryant	Leeds City AC	426	6620	00:47:54	Andrew Green	Dartford RR
316	6827	00:46:23	Bill Nock	Halesowen AC	427	8524	00:47:54	Jason Thomas	Trentham RC
317	6942	00:46:24	Phillip Glynn	Hercules Wimbledon AC	428	6105	00:47:55	Andrew Swift	Barnsley AC
318	6090	00:46:25	Alex Horton	Barnet & District AC	429	8521	00:47:55	Paul Gibbons	Trentham RC
319	6836	00:46:25	Andrew Thorpe	Halifax Harriers AC	430	6674	00:47:56	Gavin Browne	East Cheshire Harriers & Tameside AC
320	7633	00:46:25	Steve Gibbs	Norwich RR	431	7015	00:47:57	Stephen Thompson	Highgate Harriers
321	6947	00:46:27	Gervase King	Hercules Wimbledon AC	432	7549	00:47:59	John Massingham	Nene Valley Harriers

322	8479	00:46:29	John Millington	Tipton Harriers	433	8471	00:48:00	Dean Hill	Tipton Harriers
323	7459	00:46:30	Mike Garrett	Manx Harriers	434	8145	00:48:01	Steve Sayer	Skipton AC
324	7237	00:46:33	Martin Farran	Leeds City AC	435	7922	00:48:01	Colin Gell	Sale Harriers Manchester
325	7125	00:46:33	Nigel Bedell	Keighley & Craven AC	436	8312	00:48:02	James Corden	Stockport Harriers & AC
326	7278	00:46:33	Andrew Statham	Leeds University CCC	437	8292	00:48:04	David Bratt	Staffordshire Moorlands AC
327	6359	00:46:34	Alex Mouradian	Bracknell AC	438	8398	00:48:04	Steve Rose	Team Bath AC
328	7840	00:46:34	Ryan Harris	Reigate Priory AC	439	7650	00:48:06	Michael Benford	Notts AC
329	6422	00:46:35	James Chettle	Cambridge University Hare & Hounds Club	440	7394	00:48:07	John Stephens	Low Fell RC
Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
441	7904	00:48:08	Brendam Mood	Rugby & Northampton AC	552	7219	00:49:38	Paul Freeman	Leeds & Bradford Triathlon Club
442	7094	00:48:10	Tim Corby	Invicta East Kent AC	553	7917	00:49:38	Elton Davies	Sale Harriers Manchester
443	6371	00:48:10	Howard Bristow	Brighton & Hove City AC	554	7153	00:49:41	Mick Barlow	Kent AC
444	8851	00:48:11	Darren Hendley	York Knavesmire Harriers	555	6059	00:49:42	Dave Livingston	Altrincham & District AC
445	7291	00:48:12	John Howarth	Leigh Harriers & AC	556	7794	00:49:43	Stuart Walker	Pudsey Pacers RC
446	7365	00:48:12	Norman Mitchell	London Heathside	557	8290	00:49:45	Kelvin Amos	Staffordshire Moorlands AC
447	7131	00:48:12	Laurence Hellawell	Keighley & Craven AC	558	7652	00:49:46	Matt Blunden	Notts AC
448	6975	00:48:13	Sam Knight	Heme Hill Harriers	559	8844	00:49:47	Barry Atkinson	York Knavesmire Harriers
449	6502	00:48:14	Chris Scott	City of Portsmouth AC	560	8382	00:49:48	Matthew Pleass	Tamworth AC
450	8451	00:48:14	Allan Barrie	The Stragglers	561	8335	00:49:48	Daniel Gueran	Stubbington Green Runners
451	7236	00:48:14	Ben Dyson	Leeds City AC	562	7718	00:49:49	Edward Davies	Otley AC
452	6699	00:48:15	Jim Rogers	East Hull Harriers	563	6117	00:49:49	Dave Cheshire	Bedford & County AC
453	8588	00:48:16	David McGuire	Virgin Active RR	564	8852	00:49:50	Kevin Langhan	York Knavesmire Harriers
454	6685	00:48:17	Phillip Jacques	East Cheshire Harriers & Tameside AC	565	7613	00:49:50	Dez Fielden	North York Moors AC
455	7253	00:48:18	Chris Needham	Leeds City AC	566	7905	00:49:51	John Saw	Rugby & Northampton AC
456	6660	00:48:18	Robert Brown	Ealing Southall & Middlesex AC	567	8388	00:49:51	Craig Bridges	Team Bath AC
457	8021	00:48:20	Paul Haymen	Serpentine RC	568	8671	00:49:52	Andrew Clague	West Cheshire AC
458	6643	00:48:20	Kevin Duckworth	Dudley Kingswinford RC	569	8380	00:49:52	Howard Bush	Tamworth AC
459	8672	00:48:21	Jeff Kettle	West Cheshire AC	570	8028	00:49:53	Charles Lescott	Serpentine RC
460	8116	00:48:22	Simon Woodward	Silson Joggers AC	571	6331	00:49:54	Benoit Yerie (F)	Bolton United Harriers & AC
461	7466	00:48:22	Chris Quine	Manx Harriers	572	8180	00:49:54	Chris-Lee Johnson	South Shields Harriers
462	6843	00:48:25	Dean Furniss	Hallamshire Harriers	573	7341	00:49:55	Chris Pedder	Liverpool Pembroke & Sefton H & AC
463	8313	00:48:26	Kevin Garner	Stockport Harriers & AC	574	7951	00:49:57	Paul Birkett	Salford Harriers
464	7849	00:48:29	Tadewsz Zaranko	Richmond & Zetland Harriers	575	8707	00:49:57	Ray Eagle	Wilmslow RC
465	8163	00:48:30	David Baker	South London Harriers	576	7637	00:49:58	Martin Horlock	Norwich RR
466	8305	00:48:31	Phil Cooper	Steel City Striders	577	8270	00:50:01	John Ockenden	St Albans Striders
467	7238	00:48:31	Leon Foster	Leeds City AC	578	8301	00:50:01	Dave Ansell	Steel City Striders
468	6525	00:48:32	Steve Simpson	City of York AC	579	8455	00:50:03	Peter Kennedy	The Stragglers
469	7460	00:48:32	Darren Gray	Manx Harriers	580	6465	00:50:03	Mark Ellithorn	Chorley Harriers
470	8212	00:48:34	Gerry Lenehan	Southport Waterloo AC	581	8768	00:50:04	Dan Brazier	Wolverhampton & Bilston AC
471	8773	00:48:35	Paul Hammond	Wolverhampton & Bilston AC	582	8107	00:50:04	Jim Darcy	Silson Joggers AC
472	7422	00:48:35	Ed Fazakerley	Manchester Harriers & AC	583	6183	00:50:05	Mark Dawson	Beverley AC
473	6824	00:48:35	Kevin Monk	Halesowen AC	584	6662	00:50:05	Andrew Dodd	Ealing Southall & Middlesex AC
474	6083	00:48:36	Quentin Lewis	Baildon Runners	585	8697	00:50:06	Neil Eccles	Wharfedale Harriers
475	6691	00:48:36	Steve Coates	East Hull Harriers	586	7366	00:50:08	Andy Owen	London Heathside
476	6056	00:48:37	Dave Gilchrist	Altrincham & District AC	587	6756	00:50:08	Paul Cates	Eton Manor AC
477	8569	00:48:37	Steve Webb	Virley Striders	588	8226	00:50:09	Lorenzo Fiorletta	Sparkhill Harriers
478	8151	00:48:37	Tim Price	Solihull & Small Heath AC	589	8104	00:50:10	John Jones	Shrewsbury AC
479	7551	00:48:38	John Nash	Nene Valley Harriers	590	7450	00:50:10	Tim Raynor	Mansfield Harriers & AC
480	6332	00:48:38	Steve Angus	Border Harriers & AC	591	8169	00:50:11	Alex Halpin	South London Harriers
481	7578	00:48:41	Steve Ratcliffe	Newcastle (Staffs) AC	592	6717	00:50:11	Mark Kettle	Elswick Harriers
482	6345	00:48:42	Matt Green	Bourne Town Harriers	593	7645	00:50:12	Paul Archer	Notts AC
483	7960	00:48:44	Dave Hudson	Salford Harriers	594	8213	00:50:13	Steve McLean	Southport Waterloo AC
484	8691	00:48:44	Chris Plews	Wetherby Runners AC	595	6312	00:50:14	Chris Essex-Crosby	Blackpool Wyre & Fylde AC
485	6025	00:48:44	Jamie Del Campo	Aldershot Farnham & District AC	596	8519	00:50:15	Dale Colclough	Trentham RC
486	6554	00:48:45	Gareth Lowe	Clowne RR	597	8177	00:50:16	Paul Bainbridge	South Shields Harriers
487	7814	00:48:46	Niall O'Connor	Ranelagh Harriers	598	8429	00:50:17	Jerry Watson	Thames Hare & Hounds
488	8611	00:48:47	Greg Jones	Wallasey AC	599	8244	00:50:17	Colin Martin	Spectrum Striders
489	8666	00:48:48	Alex Rowe	Wesham Road Runners	600	7348	00:50:19	Maurice Collins	Liverpool RC
490	7335	00:48:48	Greg Callaghan	Liverpool Pembroke & Sefton H & AC	601	6706	00:50:20	David Sargent	Eden Runners
491	6337	00:48:50	Gareth Melvin	Border Harriers & AC	602	8372	00:50:21	Chris Brown	Swinton RC
492	6523	00:48:54	Mike Raynes	City of York AC	603	8597	00:50:22	Neil Penn	Wakefield District Harriers & AC
493	8433	00:48:55	Manuel Da Silva	Thames Valley Harriers	604	7135	00:50:22	Mark Knowles	Keighley & Craven AC
494	8095	00:48:55	Chris Ireland	Sheffield RC	605	8097	00:50:22	Stuart Little	Sheffield RC
495	8150	00:48:55	Steven Lidgate-Taylor	Solihull & Small Heath AC	606	8771	00:50:23	Darren Edwards	Wolverhampton & Bilston AC
496	6933	00:48:57	Ian Robinson	Heaton Harriers	607	7046	00:50:23	Jonathan Sykes	Holmfirth Harriers AC
497	8187	00:48:58	Chris Muir	South Shields Harriers	608	8761	00:50:24	Peter Hutchinson	Wolds Veterans RC
498	7570	00:49:00	Howard Leek	Newark AC	609	8060	00:50:25	Steve Hale	Severn AC
499	7900	00:49:00	Mark Armstrong	Rugby & Northampton AC	610	8274	00:50:26	Barry Graney	St.Helens Sutton AC
500	7666	00:49:01	Kevin Hope	Notts AC	611	6689	00:50:26	Steve Robinson	East Cheshire Harriers & Tameside AC
501	6904	00:49:01	Neill Collins	Havering Mayesbrook	612	7116	00:50:27	Joe Cumberland	Istead & Ifield Harriers
502	7511	00:49:01	Chris Rumsey	Middlesbrough & Cleveland Harriers	613	8592	00:50:28	Steve Faulkner	Wakefield District Harriers & AC
503	8234	00:49:01	Nick Stringer	Sparkhill Harriers	614	6508	00:50:29	Lee Dave	City of Stoke AC
504	8629	00:49:02	Gareth Huxley	Wallsend Harriers & AC	615	7082	00:50:31	Ben Jones	Ilford AC
505	6845	00:49:02	Rich Guillaume	Hallamshire Harriers	616	6339	00:50:31	Jose Ferreira (F)	Boston & District AC
506	8442	00:49:03	Matt Ponting	Thames Valley Harriers	617	8849	00:50:31	Giles Hawking	York Knavesmire Harriers
507	7182	00:49:03	Richard Mathie	Kingston & Polytechnic Harriers	618	8606	00:50:33	Tony Barbat	Wallasey AC
508	6591	00:49:06	James Parrott	Coventry Godiva Harriers	619	6216	00:50:33	Stephen Fry	Bingley Harriers & AC
509	8237	00:49:07	Ian Bamber	Spectrum Striders	620	7009	00:50:34	John O'Shea (F)	Highgate Harriers
510	8318	00:49:08	Ben Styles	Stockport Harriers & AC	621	7254	00:50:35	Steve O'Neill	Leeds City AC
511	6696	00:49:08	Roy Lilly	East Hull Harriers	622	6467	00:50:35	Phil Iddon	Chorley Harriers
512	7488	00:49:08	Nick Slade	Medway & Maidstone AC	623	7376	00:50:36	Donald Kennedy	Longwood Harriers AC
513	7288	00:49:09	Alister Goulding	Leigh Harriers & AC	624	7343	00:50:37	Clark Roberts	Liverpool Pembroke & Sefton H & AC
514	7053	00:49:10	Richard Sunley	Horsforth Harriers	625	7294	00:50:38	Nick Clay	Leighton Buzzard AC
515	8452	00:49:12	Simon Brazil	The Stragglers	626	6135	00:50:38	Alan Metcalfe	Bedford & County AC
516	7342	00:49:12	Sammy Rashid	Liverpool Pembroke & Sefton H & AC	627	8373	00:50:39	Steve Doxey	Swinton RC
517	7997	00:49:13	Jolyon Attwooll	Serpentine RC	628	8740	00:50:40	Tony Devoy	Wirral AC
518	8051	00:49:13	Andrew Taylor	Serpentine RC	629	8723	00:50:41	Dave Kennedy	Winchester & District AC
519	7218	00:49:15	Tim Ashelford	Leeds & Bradford Triathlon Club	630	8250	00:50:42	Jeff Hornby	Spennborough AC
520	8294	00:49:16	Richard Brooks	Staffordshire Moorlands AC	631	6814	00:50:43	Mark Tennyson	Guildford & Godalming AC
521	6006	00:49:16	James Franklin	Abbey Runners	632	7512	00:50:43	Brian Seysell	Middlesbrough & Cleveland Harriers
522	8171	00:49:17	Paul Mitchell	South London Harriers	633	7066	00:50:46	David Egginton	Huncote Harriers AC
523	7690	00:49:17	Chris Smith	Notts AC	634	7102	00:50:47	Damien Vadgama	Invicta East Kent AC
524	8602	00:49:18	Chris Ward	Wakefield District Harriers & AC	635	8381	00:50:48	Tom Orton	Tamworth AC
525	7138	00:49:18	David Shaw	Keighley & Craven AC	636	8184	00:50:49	Keith Mackey	South Shields Harriers
526	6430	00:49:19	Tom Whitmore	Charnwood AC	637	7871	00:50:50	Ian Stainthorpe	Rochdale Harriers & AC
527	7809	00:49:20	Andy Bickerstaff	Ranelagh Harriers	638	6541	00:50:51	Paul Archer	Clayton-le-Moors Harriers
528	8181	00:49:21	Michael Jones	South Shields Harriers	639	7114	00:50:53	Mark Champion	Istead & Ifield Harriers
529	8043	00:49:22	Alessandro Poggi (F)	Serpentine RC	640	6641	00:50:54	Andy Fay	Dorking & Mole Valley AC
530	6615	00:49:22	Simon Rutherford	Darlington Harriers	641	7258	00:50:55	Peter Steel	Leeds City AC
531	7785	00:49:24	James Clark	Pudsey Pacers RC	642	7474	00:50:56	Ross Threfall	Marshall Milton Keynes AC
532	6700	00:49:24	Nigel Sisson	East Hull Harriers	643	8114	00:50:57	Kevin Rebound	Silson Joggers AC
533	6868	00:49:25	William Clapp	Harborough AC	644	7363	00:50:57	Paul Lemmon	London Heathside
534	6813	00:49:26	Adam Stirr	Guildford & Godalming AC	645	6317	00:50:58	Trevor Uttley	Blackpool Wyre & Fylde AC
535	8593	00:49:27	Martin Green	Wakefield District Harriers & AC	646	7698	00:50:58	Tim Woodthorpe	Notts AC
536	8384	00:49:27	Robert Dunn	Tattenhall Runners	647	8185	00:50:58	Chris McDonald	South Shields Harriers
537	7978	00:49:28	Tom Ford	Saltwell Harriers	648	6055	00:50:59	Adrian Fuller	Altrincham & District AC
538	6527	00:49:29	Alan Scott	Clapham Chasers	649	8239	00:50:59	Neil Garnett	Spectrum Striders
539	6394	00:49:30	Jamie Dancygor	Bromsgrove & Redditch AC	650	6520	00:50:59	Andrew Nesom	City of York AC

540	7550	00:49:31	Lee Morgan	Nene Valley Harriers	651	6318	00:51:00	Steve Waterhouse	Blackpool Wyre & Fylde AC
541	8596	00:49:31	Pete McNamara	Wakefield District Harriers & AC	652	7962	00:51:00	Ian Jackson	Salford Harriers
542	7345	00:49:31	Mark Salter	Liverpool Pembroke & Sefton H & AC	653	8253	00:51:01	Keith McGhie	Spenborough AC
543	7312	00:49:32	Paul Samways	Lincoln Wellington AC	654	6396	00:51:01	Andrew Freeman	Bromsgrove & Redditch AC
544	6356	00:49:33	Charlie Hazelrigg	Bracknell AC	655	7663	00:51:03	Martyn Gibbons	Notts AC
545	7848	00:49:34	Ian Scott	Richmond & Zetland Harriers	656	7720	00:51:04	Dale Foster	Otley AC
546	7901	00:49:34	Vincent Carroll	Rugby & Northampton AC	657	6532	00:51:05	Keith Scofield	Clapham Chasers
547	6561	00:49:35	Bryan Lomas	Congleton Harriers	658	6907	00:51:05	Martin Dunmore	Headington RR
548	6944	00:49:36	Jamie Helmer	Hercules Wimbledon AC	659	8412	00:51:06	Paul Williams	Telford AC
549	7789	00:49:36	Paul Galle	Pudsey Pacers RC	660	6690	00:51:06	Jon Carter	East Hull Harriers
550	8627	00:49:37	David Daniels	Wallsend Harriers & AC	661	7981	00:51:07	Fred Smith	Saltwell Harriers
551	8007	00:49:38	Ben Cope	Serpentine RC	662	6524	00:51:07	Mike Schofield	City of York AC
Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
663	7018	00:51:08	Scott Farley	Hillingdon AC	774	7728	00:52:41	Michael Davies	Owls AC
664	7834	00:51:08	Nigel Cobb	Redhill RR	775	8751	00:52:41	Neil Toher	Wirral AC
665	7403	00:51:08	Thomas Howarth	Lytham St Annes RRC	776	8178	00:52:41	Paul Doxford	South Shields Harriers
666	6809	00:51:08	David Wintle	Great Western Runners	777	6319	00:52:42	Stuart Williams	Blackpool Wyre & Fylde AC
667	6932	00:51:11	Dan Robins	Heaton Harriers	778	8537	00:52:43	Rob Burnstead	Valley Striders
668	7339	00:51:11	Jeff Mason	Liverpool Pembroke & Sefton H & AC	779	6555	00:52:44	Scott Ramsden	Clowne RR
669	7088	00:51:11	Malcolm Pickering	Ilkley Harriers	780	8793	00:52:44	Iain Cumming	Woodford Green AC with Essex Ladies
670	8143	00:51:11	Neil Pate	Skipton AC	781	7401	00:52:45	Tory Croft	Lytham St Annes RRC
671	8499	00:51:12	Andy Wood	Tonbridge AC	782	7891	00:52:47	Howard Darwin	Rotherham Harriers & AC
672	6675	00:51:13	Liam Browne	East Cheshire Harriers & Tameside AC	783	8689	00:52:47	Ian Legg	Wetherby Runners AC
673	7780	00:51:13	Nigel Armitage	Pudsey Pacers RC	784	8679	00:52:47	Colin Johnson	Westbury Harriers
674	8149	00:51:14	Steven Howes	Solihull & Small Heath AC	785	6712	00:52:48	Ian Fenwick	Elswick Harriers
675	6287	00:51:14	Richard Hall	Blackheath & Bromley Harriers	786	8027	00:52:49	Fraser Johnson	Serpentine RC
676	8500	00:51:15	Daniel Ansell	Trafford AC	787	8822	00:52:51	Steve Tattle	Workshop Harriers
677	7266	00:51:15	John Wood	Leeds City AC	788	6150	00:52:51	Andy Hunter	Beeston AC
678	8208	00:51:16	Christopher Dunn	Southport Waterloo AC	789	6095	00:52:52	James Taylor	Barnet & District AC
679	8192	00:51:17	Matthew Hibberd	Southampton RC	790	8271	00:52:53	Leon Poppellewll	St.Albans Striders
680	8628	00:51:18	Simon Gibbs	Wallsend Harriers & AC	791	7167	00:52:55	Lazo Pablo (F)	Kent AC
681	8242	00:51:18	Mike Houghton	Spectrum Striders	792	8776	00:52:55	Mark Moore	Wolverhampton & Bilston AC
682	6820	00:51:18	Andrew Carruthers	Halesowen AC	793	7117	00:52:56	Derek George	Istead & Ifield Harriers
683	8011	00:51:18	James Edgar	Serpentine RC	794	7682	00:52:56	Simon Reed	Notts AC
684	6054	00:51:20	Andy Ford	Altrincham & District AC	795	8650	00:52:57	Lee Barlow	Wesham Road Runners
685	7415	00:51:20	John Mooney	Macclesfield Harriers & AC	796	7270	00:52:58	Stephen Carreras	Leeds University CCC
686	8106	00:51:21	Stephen Waters	Shrewsbury AC	797	7048	00:52:59	Damian Wilde	Holmfirth Harriers AC
687	8417	00:51:21	Nicholas Gould	Thames Hare & Hounds	798	7080	00:53:03	Barry Wild	Huntingdonshire AC
688	8252	00:51:22	Dave Lane	Spenborough AC	799	7299	00:53:03	Chris Norman	Leighton Buzzard AC
689	8100	00:51:23	Jed Turner	Sheffield RC	800	7453	00:53:04	Graeme Wilkinson	Mansfield Harriers & AC
690	8272	00:51:25	Ian Costello	St.Helens Sutton AC	801	6206	00:53:04	Paul Smyth	Bexley AC
691	7036	00:51:26	Jason Heywood	Holmfirth Harriers AC	802	6803	00:53:05	Philip Chan	Great Western Runners
692	8019	00:51:27	Alan Hall	Serpentine RC	803	8210	00:53:07	Ray Handley	Southport Waterloo AC
693	6969	00:51:27	Tony Harran	Herne Hill Harriers	804	6005	00:53:08	Richard Foster	Abbey Runners
694	6181	00:51:28	Ian Boardley	Beverley AC	805	8534	00:53:08	Matt Allen	Valley Striders
695	6088	00:51:29	Chris Burkinshaw	Barnet & District AC	806	8280	00:53:09	Ian White	St.Helens Sutton AC
696	7703	00:51:30	John Hudson	Oldham & Royton Harriers & AC	807	8504	00:53:09	Kevin Bryden	Trafford AC
697	6474	00:51:30	Stuart Buchan	City of Hull AC	808	8555	00:53:10	Tony Mills	Valley Striders
698	7631	00:51:31	Mark Garrett	Norwich RR	809	7389	00:53:10	Lawrence Johnson	Low Fell RC
699	7152	00:51:32	Michael Williams	Kenilworth Runners	810	6651	00:53:10	Michael Mann	Dulwich Runners
700	7793	00:51:34	Andrew Teale	Pudsey Pacers RC	811	7832	00:53:12	Andrew Barks	Redhill RR
701	7887	00:51:35	Richard Stott	Rossendale Harriers & AC	812	8652	00:53:12	John Bertenshaw	Wesham Road Runners
702	7640	00:51:37	Paul Sullivan	Norwich RR	813	7081	00:53:13	Darren Bottrill	Ifford AC
703	7411	00:51:38	Chris Bentley	Macclesfield Harriers & AC	814	8757	00:53:14	Paul Freeman	Wolds Veterans RC
704	6289	00:51:39	Matthew Hill	Blackheath & Bromley Harriers	815	6473	00:53:16	Kieron Blogg	City of Hull AC
705	6621	00:51:39	Richard Leahy	Dartford RR	816	7618	00:53:17	David Wilson	North York Moors AC
706	7553	00:51:39	Steve Reid	Nene Valley Harriers	817	7815	00:53:17	Chris Owens	Ranelagh Harriers
707	8179	00:51:41	Ben Foster	South Shields Harriers	818	6517	00:53:18	Martin Kirby	City of York AC
708	7971	00:51:42	Mark Seed	Salford Harriers	819	8273	00:53:18	Mark Davies	St.Helens Sutton AC
709	8013	00:51:43	Alex Elferink	Serpentine RC	820	6204	00:53:19	Terry Roffey	Bexley AC
710	7296	00:51:43	Joby Hobbs	Leighton Buzzard AC	821	7946	00:53:21	Gary Willcock	Sale Harriers Manchester
711	6228	00:51:44	David Potter	Bingley Harriers & AC	822	6001	00:53:22	John Matthews	26.2 RRC
712	8654	00:51:45	John Collier	Wesham Road Runners	823	8774	00:53:22	Paul Jolliffe	Wolverhampton & Bilston AC
713	7272	00:51:47	James Gardner	Leeds University CCC	824	7955	00:53:23	Sean Cordell	Salford Harriers
714	8808	00:51:52	Jon Powell	Woodford Green AC with Essex Ladies	825	8379	00:53:24	Paul O'Callaghan	Tadworth AC
715	8694	00:51:52	Mark Young	Wetherby Runners AC	826	6501	00:53:25	Paul Cardy	City of Portsmouth AC
716	8737	00:51:52	Karl Bryers	Wirral AC	827	6569	00:53:26	Alex Wright	Corby AC
717	8781	00:51:53	James Toddington	Wolverhampton & Bilston AC	828	6701	00:53:26	Mike Vinegrad	East Hull Harriers
718	7836	00:51:53	Tony Lowe	Redhill RR	829	8004	00:53:27	Stephen Brown	Serpentine RC
719	6516	00:51:55	Chris Judge	City of York AC	830	7129	00:53:28	Matthew Dykes	Keighley & Craven AC
720	6100	00:51:56	David Brooksbank	Barnsley AC	831	6830	00:53:29	Phillip Scar	Halesowen AC
721	6703	00:51:56	Mark Bissell	Eden Runners	832	7067	00:53:30	Mark Gregory	Huncoate Harriers AC
722	6194	00:51:57	Jon Armstrong	Bexley AC	833	6684	00:53:30	Derek Hughes	East Cheshire Harriers & Tameside AC
723	8720	00:51:58	James Wheeler	Wilmslow RC	834	6668	00:53:31	Tesfu Yohannes (F)	Ealing Southall & Middlesex AC
724	8494	00:51:59	Richard Owen	Tonbridge AC	835	7078	00:53:31	Martin Rowe	Huntingdonshire AC
725	7575	00:52:00	Martin Bailey	Newcastle (Staffs) AC	836	8824	00:53:31	John Harrison	Workshop Harriers
726	6514	00:52:02	Paul Goble	City of York AC	837	6697	00:53:32	Steve Lonsdale	East Hull Harriers
727	6853	00:52:02	Tim Robinson	Hallamshire Harriers	838	7205	00:53:32	Martin Landells	KPMG
728	7790	00:52:03	John Marshall	Pudsey Pacers RC	839	7031	00:53:33	Wayne Byram	Holmfirth Harriers AC
729	7052	00:52:03	Marc Springer	Horsforth Harriers	840	7160	00:53:33	Lee Haze	Kent AC
730	8827	00:52:05	Mark Bush	Wreake Runners	841	8368	00:53:34	Gary Davis	Sutton-in-Ashfield Harriers & AC
731	6887	00:52:06	Steve Nesbitt	Harrogate Harriers & AC	842	6196	00:53:36	Tom Clench	Bexley AC
732	7447	00:52:09	John Harrison	Mansfield Harriers & AC	843	7665	00:53:37	James Hayden	Notts AC
733	8168	00:52:11	John Foss	South London Harriers	844	6891	00:53:37	Paul Stockburn	Harrogate Harriers & AC
734	7509	00:52:12	Marty Jordan	Middlesbrough & Cleveland Harriers	845	8816	00:53:37	Phil Bullock	Worcester AC
735	6789	00:52:12	Jason Stobbs	Gateshead Harriers	846	7899	00:53:39	Barry Greaves	Royton RR
736	7429	00:52:14	Eddie Gilligan	Manchester YMCA Harriers	847	8855	00:53:39	Russ Parkinson	York Knavesmire Harriers
737	7029	00:52:14	Chris Beadle	Holmfirth Harriers AC	848	7831	00:53:41	Mark Attenborough	Redhill RR
738	7032	00:52:16	Matthew Dewhirst	Holmfirth Harriers AC	849	7906	00:53:42	Brian Summers	Rugby & Northampton AC
739	7837	00:52:16	Martyn McHale	Redhill RR	850	7069	00:53:42	Jason Tomkins	Huncoate Harriers AC
740	8391	00:52:16	Frank Checcia	Team Bath AC	851	8029	00:53:43	Justin Lock	Serpentine RC
741	7318	00:52:17	Anthony Clarke	Liverpool Harriers & AC	852	6188	00:53:44	James Pearson	Beverley AC
742	7701	00:52:18	Mark Treadwell	Nuneaton Harriers AC	853	8730	00:53:44	Charles Coleman	Windsor Slough Eton & Hounslow AC
743	8823	00:52:19	Paul Dickinson	Workshop Harriers	854	7013	00:53:45	Nick Stockman	Highgate Harriers
744	7277	00:52:20	Max Sanders	Leeds University CCC	855	6705	00:53:48	Alan Marshall	Eden Runners
745	7087	00:52:21	Mark Iley	Ilkley Harriers	856	8545	00:53:48	Joel Giddings	Valley Striders
746	6200	00:52:21	Martin Jenner	Bexley AC	857	8556	00:53:49	Dan Murray	Valley Striders
747	8539	00:52:22	Jim Clay	Valley Striders	858	8623	00:53:51	Matt Williams	Wallasey AC
748	8674	00:52:22	Steve Adams	Westbury Harriers	859	6998	00:53:53	Jon Deane	Highgate Harriers
749	8232	00:52:22	Mark Pearce	Sparkhill Harriers	860	6826	00:53:54	Andy Nock	Halesowen AC
750	6265	00:52:23	Karl Oakes	Birtley AC	861	7985	00:53:57	Ted Kraft	Scarborough AC
751	7275	00:52:25	Ben Hylton (DQ)	Leeds University CCC (DQ)	862	7201	00:53:58	Mike Allen	KPMG
752	6393	00:52:25	Phillip Anderson	Bromsgrove & Redditch AC	863	7795	00:53:58	Jim Wheldon	Pudsey Pacers RC
753	6876	00:52:26	David Waddington	Harborough AC	864	7113	00:53:59	Steve Cable	Istead & Ifield Harriers
754	6350	00:52:27	Steve Cumley	Bournville Harriers	865	8561	00:53:59	Drew Taylor	Valley Striders
755	7093	00:52:27	Peter Bowell	Invicta East Kent AC	866	6799	00:54:00	Kevin Thomas	Gosforth Harriers & AC
756	8605	00:52:28	John Armstrong	Wallasey AC	867	7762	00:54:01	Tony Hyde	Pitsea RC
757	7765	00:52:28	Kevin Hesketh	Preston Harriers	868	7074	00:54:02	Wayne Gimblett	Huntingdonshire AC

758	8258	00:52:29	Dan Stewart	Spenborough AC	869	7228	00:54:02	Arthur Cooke	Leeds City AC
759	6815	00:52:29	Marc Woodall	Guildford & Godalming AC	870	6670	00:54:03	Daniel Bamber	East Cheshire Harriers & Tameside AC
760	8767	00:52:30	Andrew Bave	Wolverhampton & Bilston AC	871	7161	00:54:06	Bernie Hutchinson	Kent AC
761	8464	00:52:31	Phillip Utley	Thirsk & Sowerby Harriers	872	7558	00:54:09	Robert Ray	New Marske Harriers
762	7019	00:52:31	Paul Leppard	Hillingdon AC	873	7381	00:54:10	Trevor Wright	Longwood Harriers AC
763	8257	00:52:32	Gerrard Skipplings	Spenborough AC	874	8487	00:54:10	Simon Morgan	Tiptree RR
764	7992	00:52:33	Dave Greatonex	Sedgefield Harriers	875	8030	00:54:13	Cathel Logue	Serpentine RC
765	7319	00:52:33	Robert Cushion	Liverpool Harriers & AC	876	8183	00:54:14	Scott Lewis	South Shields Harriers
766	8872	00:52:33	Mark Clews	Aldershot Farnham & District AC	877	7276	00:54:14	Luke Pattinson	Leeds University CCC
767	8563	00:52:34	Andrew Thompson	Valley Striders	878	7574	00:54:18	Andrew Tuttle	Newbury AC
768	8448	00:52:36	Philip Wetton	Thames Valley Harriers	879	7630	00:54:19	Mark Edwards	Norwich RR
769	6779	00:52:37	Steven Medd	Gateshead Harriers	880	6724	00:54:19	David Gibson	Elvet Striders
770	7139	00:52:38	Liam Spencer	Keighley & Craven AC	881	7350	00:54:20	David Moran	Liverpool RC
771	8729	00:52:39	David Vossier	Winchester & District AC	882	7858	00:54:22	Chris Hill	Rochdale Harriers & AC
772	6435	00:52:40	Billy Parker-Brown	Chelmsford AC	883	8387	00:54:22	Mark Bown	Team Bath AC
773	7097	00:52:40	Michael Gorg	Invicta East Kent AC	884	7109	00:54:22	Ker Macrosson	Ipswich Jaffa Club
Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
885	6086	00:54:23	Steve Pickard	Baildon Runners	996	8523	00:56:14	Ryan Procter	Trentham RC
886	6314	00:54:23	Gary Johnstn	Blackpool Wyre & Fylde AC	997	7907	00:56:14	Adrian White	Rugby & Northampton AC
887	7002	00:54:24	Jon Gardner (F)	Highgate Harriers	998	8850	00:56:15	Rory Henderson	York Knavesmire Harriers
888	7352	00:54:24	George Pierce	Liverpool RC	999	8345	00:56:17	Michael Hill	Sunderland Harriers & AC
889	6238	00:54:26	Shaun Howat	Birchfield Harriers	1000	6900	00:56:20	William Darby	Hastings AC
890	8766	00:54:27	Dave Wilson	Wolds Veterans RC	1001	6261	00:56:20	Brian Bailes	Birtley AC
891	6987	00:54:28	James Ward	Herne Hill Harriers	1002	6453	00:56:21	David Breingan	Chiltern Harriers AC
892	6182	00:54:29	Mark Dalton	Beverly AC	1003	6755	00:56:21	Michael Cates	Eton Manor AC
893	7441	00:54:29	Terry Ashmore	Mansfield Harriers & AC	1004	6818	00:56:22	Thomas Bowen	Halesowen AC
894	8625	00:54:30	Michael Baker	Walsend Harriers & AC	1005	8355	00:56:23	Dan Armstrong	Sunderland Strollers
895	6362	00:54:31	Peter Gulc	Bridlington RR	1006	7700	00:56:23	Pete Greenfield	Nuneaton Harriers AC
896	8228	00:54:31	Craig Hinks	Sparkhill Harriers	1007	8762	00:56:25	Dave Jackson	Wolds Veterans RC
897	8693	00:54:32	Paul Windle	Wetherby Runners AC	1008	6159	00:56:26	Rob Harding	Belgrave Harriers
898	6939	00:54:32	Belal Aly (F)	Hercules Wimbledon AC	1009	8220	00:56:26	Greg Agaard	Sparkhill Harriers
899	7458	00:54:33	Andy Fox	Manx Harriers	1010	6721	00:56:27	Mike Bennett	Elvet Striders
900	8567	00:54:33	Simon Vallance	Valley Striders	1011	8363	00:56:28	Gerard Watson	Sunderland Strollers
901	7068	00:54:34	Carl Sommer	Huncoate Harriers AC	1012	8378	00:56:29	Richard Warning	Swinton RC
902	7810	00:54:35	Chris Brook	Ranelagh Harriers	1013	7662	00:56:30	Joe Gardener	Notts AC
903	7075	00:54:36	Shane Hunt	Huntingdonshire AC	1014	7806	00:56:32	Frank Nolan	Queens Park Harriers
904	6551	00:54:37	Philip Johnson	Cleethorpes AC	1015	7083	00:56:33	Matthew Maple	Ilford AC
905	6611	00:54:38	Steve Hutchinson	Darlington Harriers	1016	7781	00:56:33	Simon Beverley	Pudsey Pacers RC
906	8826	00:54:38	Robert Roper	Worksop Harriers	1017	8658	00:56:33	Russell Mabbett	Wesham Road Runners
907	7089	00:54:39	Arthur Reilly	Ilkley Harriers	1018	6462	00:56:33	Dave Taylor	Chorley AC
908	8303	00:54:40	Peter Brown	Steel City Striders	1019	7854	00:56:34	Paul Ridley	Riverside Runners
909	7541	00:54:40	Richard Teasdale	Morpeth Harriers & AC	1020	7413	00:56:34	Kevin Jackson	Macclesfield Harriers & AC
910	8034	00:54:41	Dean Morley	Serpentine RC	1021	8657	00:56:34	Alan Glasgow	Wesham Road Runners
911	6556	00:54:41	Matthew Russell	Clowne RR	1022	6539	00:56:36	Matthew Kingston	Claremont RR & AC
912	8586	00:54:42	Paul Hedley	Virgin Active RR	1023	6742	00:56:37	Mark Alden	Epsom & Ewell Harriers
913	8615	00:54:42	Richard Perry	Wallasey AC	1024	8550	00:56:37	Mark Hunter	Valley Striders
914	6464	00:54:42	Paul Wareing	Chorley AC	1025	8604	00:56:37	Steve Wilkinson	Wakefield District Harriers & AC
915	8408	00:54:44	Peter Plant	Telford AC	1026	6679	00:56:38	Andrew Farley	East Cheshire Harriers & Tameside AC
916	7980	00:54:44	Chris Redfern	Saltwell Harriers	1027	6562	00:56:40	Andy Roberts	Congleton Harriers
917	6012	00:54:45	Dominic Nurse	Abbey Runners	1028	6884	00:56:41	John McNeerney	Harrogate Harriers & AC
918	6101	00:54:46	Mick Casey	Barnsley AC	1029	6833	00:56:42	Mark Gaughan	Halifax Harriers AC
919	6092	00:54:47	Liam Mitchell	Barnet & District AC	1030	7492	00:56:43	Bobby Boothroyd	Metropolitan Police AC
920	7347	00:54:47	Steve Clayton	Liverpool RC	1031	6557	00:56:43	Paul Sadler	Clowne RR
921	7416	00:54:48	Raph Murray	Macclesfield Harriers & AC	1032	6529	00:56:44	Phillip Diamond	Capham Chasers
922	8222	00:54:49	Andy Carroll	Sparkhill Harriers	1033	8853	00:56:46	Patrick Langhan	York Knavesmire Harriers
923	7197	00:54:55	Sam Ostermeyer	Kirkstall Harriers	1034	7101	00:56:46	Mike Roberts	Invicta East Kent AC
924	8278	00:54:58	Steve Tate	St.Helens Sutton AC	1035	8127	00:56:48	Dave Richardson	Sinfin RC
925	7984	00:55:00	Keith Wood	Saltwell Harriers	1036	7667	00:56:48	Jamie Hutchinson	Notts AC
926	7715	00:55:01	Simon Anderson	Otley AC	1037	8161	00:56:50	Simon Walker	South Cheshire Harriers
927	7402	00:55:02	Torry Hellings	Lytham St Annes RRC	1038	6007	00:56:52	David Gillian	Abbey Runners
928	7940	00:55:03	Jerry Smith	Sale Harriers Manchester	1039	8304	00:56:52	Andy Buck	Steel City Striders
929	8420	00:55:03	Larry Mathews	Thames Hare & Hounds	1040	7746	00:56:56	Martin Hirrell	Penny Lane Striders
930	6885	00:55:03	Brian Miller	Harrogate Harriers & AC	1041	7271	00:56:56	Samuel Demharter	Leeds University CCC
931	8732	00:55:05	David Huck	Windsor Slough Eton & Hounslow AC	1042	6671	00:56:56	Howard Bamber	East Cheshire Harriers & Tameside AC
932	7103	00:55:06	John Wilkins	Invicta East Kent AC	1043	7173	00:56:59	Andrew Clawson	Kettering Town Harriers
933	6293	00:55:07	Brendan McShane	Blackheath & Bromley Harriers	1044	6342	00:57:00	Phil Galpin	Bourne Town Harriers
934	7800	00:55:07	Steven Snook	Quakers RC	1045	8268	00:57:01	Anthony Marsh	Springfield Striders
935	7070	00:55:08	Andrew Wolley	Huncoate Harriers AC	1046	8344	00:57:02	Leonard Chistopher	Sunderland Harriers & AC
936	7730	00:55:09	Simon May	Owls AC	1047	6618	00:57:03	Peter Butler	Dartford RR
937	7196	00:55:09	Paul Miller	Kirkstall Harriers	1048	8553	00:57:04	Gary Mann	Valley Striders
938	7995	00:55:10	Ean Parsons	Sedgefield Harriers	1049	8276	00:57:06	Peter Johnson	St.Helens Sutton AC
939	7641	00:55:11	Darwin Turner	Holmfirth Harriers AC	1050	6004	00:57:08	Andrew Davidson	Abbey Runners
940	7759	00:55:12	Ray Wilson	Peterborough AC	1051	6180	00:57:11	Neil Bant	Beverley AC
941	8196	00:55:12	Howard Long	Southampton RC	1052	8838	00:57:11	Brian Jones	Yaxley Runners & Joggers
942	7510	00:55:12	Tom McGrath	Middlesbrough & Cleveland Harriers	1053	7377	00:57:12	Leighton Medley	Longwood Harriers AC
943	7410	00:55:14	Robert Hawse	Mablethorpe RC	1054	7263	00:57:13	Gary Wilks	Leeds City AC
944	6076	00:55:15	Paul Baidon	Baildon Runners	1055	8347	00:57:13	Fegogrick Judson	Sunderland Harriers & AC
945	8549	00:55:16	Roy Huggins	Valley Striders	1056	7973	00:57:14	Ron Warrender	Salford Harriers
946	8518	00:55:16	Dan Clowes	Trentham RC	1057	6512	00:57:15	Jerry Barnes	City of York AC
947	8610	00:55:17	Mike Hughes	Wallasey AC	1058	8040	00:57:15	Mark Palmer (F)	Serpentine RC
948	8873	00:55:18	Nick Thorpe	Kippax & District Harriers	1059	7742	00:57:15	Mal Balmer	Penny Lane Striders
949	6408	00:55:19	Terry Fowler	Buxton & District AC	1060	6798	00:57:16	Chris Slone	Gosforth Harriers & AC
950	7033	00:55:20	Philip Egan	Holmfirth Harriers AC	1061	7119	00:57:19	Steve Lelliott	Istead & Ifield Harriers
951	7820	00:55:20	Christian Vaughan	Ranelagh Harriers	1062	8356	00:57:20	Mick Armstrong	Sunderland Strollers
952	7247	00:55:21	Danny Jones	Leeds City AC	1063	6308	00:57:20	Ian Close	Blackpool Wyre & Fylde AC
953	7269	00:55:21	Adam Brown	Leeds University CCC	1064	8551	00:57:22	Alan Hutchinson	Valley Striders
954	6002	00:55:22	Dave Wilson	26.2 RRC	1065	7408	00:57:23	Nigel Simpkin	Lytham St Annes RRC
955	7077	00:55:23	Andrew Richardson	Huntingdonshire AC	1066	6364	00:57:24	Kevin Lewis	Bridlington RR
956	8215	00:55:25	Tom Peacock	Southport Waterloo AC	1067	8758	00:57:28	John Green	Wolds Veterans RC
957	7409	00:55:26	Graham Webster	Lytham St Annes RRC	1068	7897	00:57:29	John Spencer	Rotherham Harriers & AC
958	6758	00:55:28	Adrian Frost	Eton Manor AC	1069	7499	00:57:30	Luke Lazell	Metropolitan Police AC
959	7127	00:55:29	Steve Carter	Keighley & Craven AC	1070	6097	00:57:31	Graham Bateson	Barnsley AC
960	8796	00:55:30	Alistair Holford	Woodford Green AC with Essex Ladies	1071	8828	00:57:32	Nick Dilkes	Wreake Runners
961	7123	00:55:31	Paul Raimbault	Jersey Spartans AC	1072	6431	00:57:33	Michael Bridgeland	Chelmsford AC
962	7404	00:55:33	Colin Laidlaw	Lytham St Annes RRC	1073	6285	00:57:35	Con Griffin	Blackheath & Bromley Harriers
963	7037	00:55:33	Brandon Holroyd	Holmfirth Harriers AC	1074	8795	00:57:36	Jonny Hargreaves	Woodford Green AC with Essex Ladies
964	7842	00:55:33	Paddy Patrick	Reigate Priory AC	1075	7870	00:57:37	Nigel Shaw	Rochdale Harriers & AC
965	6536	00:55:35	Louis Coles	Claremont RR & AC	1076	7513	00:57:39	Stephen Small	Middlesbrough & Cleveland Harriers
966	7096	00:55:36	Adrian Dawson	Invicta East Kent AC	1077	7176	00:57:41	Shanz Smith	Kettering Town Harriers
967	8260	00:55:37	Barrie Adams	Sphinx AC	1078	8413	00:57:42	Andrew Sedgley	Telford Harriers
968	8247	00:55:37	Julian Spencer	Spectrum Striders	1079	6351	00:57:45	Paul Foot	Bournville Harriers
969	7194	00:55:37	Tim Foreman	Kirkstall Harriers	1080	8229	00:57:45	Rob Mills	Sparkhill Harriers
970	7149	00:55:39	Peter Matthews	Kenilworth Runners	1081	7392	00:57:48	Luke Scorer	Low Fell RC
971	8603	00:55:40	Richard West	Wakefield District Harriers & AC	1082	8263	00:57:49	Mark Coyle	Sphinx AC
972	6878	00:55:41	Simon Baker	Harrogate Harriers & AC	1083	7982	00:57:52	Jimmy Smith	Saltwell Harriers
973	6667	00:55:42	Steve Plested	Ealing Southall & Middlesex AC	1084	7412	00:57:53	Chris Holden	Macclesfield Harriers & AC
974	8829	00:55:42	Mark Jelley	Wreake Runners	1085	6352	00:57:53	Chris Harlen-Marks	Bournville Harriers
975	7722	00:55:42	Andy Hunt	Otley AC	1086	7935	00:57:55	Tim Rainey	Sale Harriers Manchester

976	8321	00:55:43	Mark Chidgey	Stockport PCT RC	1087	7446	00:57:56	Jon Hardy	Mansfield Harriers & AC
977	8432	00:55:45	Richard Bell	Thames Valley Harriers	1088	6084	00:57:59	Lorne McNeil	Baldon Runners
978	8825	00:55:46	David Havenhand	Workshop Harriers	1089	6192	00:58:00	Peter Watkinson	Beverley AC
979	6819	00:55:48	Paul Butler	Halesowen AC	1090	8109	00:58:01	Tony Keech	Silson Joggers AC
980	6759	00:55:49	Ian Lambert	Eton Manor AC	1091	7017	00:58:01	Anupam Das	Hillingdon AC
981	7190	00:55:52	Gerry Waterton	Kippax & District Harriers	1092	6980	00:58:02	Valdis Pauzers	Herne Hill Harriers
982	8585	00:55:54	Russell Gardham	Virgin Active RR	1093	7705	00:58:02	Brian Schofield	Oldham & Royton Harriers & AC
983	8490	00:55:54	Tony Cohen	Tonbridge AC	1094	7213	00:58:03	Tony Foster	Leamington C & AC
984	6470	00:55:55	James Matthews	Chorley Harriers	1095	7208	00:58:03	Steve Perry	Lancaster & Morecambe AC
985	7873	00:55:55	Nick Walsh	Rochdale Harriers & AC	1096	7362	00:58:05	Carl Heap	London Heathside
986	6080	00:55:55	Gareth Hey	Baldon Runners	1097	7745	00:58:08	Tim Fletcher	Penny Lane Striders
987	6901	00:55:56	Paul McCleery	Hastings AC	1098	6722	00:58:09	Geoff Davis	Elvet Striders
988	6429	00:55:57	Mark Whitmore	Charnwood AC	1099	7565	00:58:14	Alex Combie	Newark AC
989	6177	00:55:58	Andrew Rose	Belper Harriers	1100	6672	00:58:14	John Bowker	East Cheshire Harriers & Tameside AC
990	6400	00:56:01	Nick Chapman	Burton AC	1101	7625	00:58:15	Michael Armes	Norwich RR
991	8770	00:56:04	Duncan Davies	Wolverhampton & Bilston AC	1102	8583	00:58:17	Robert Clarkson	Virgin Active RR
992	6175	00:56:05	Robert Norman	Belper Harriers	1103	7346	00:58:21	Robert Burke	Liverpool RC
993	8342	00:56:07	Roy Baker	Sunderland Harriers & AC	1104	6680	00:58:21	Tony Faulkner	East Cheshire Harriers & Tameside AC
994	8096	00:56:08	Mike Levery	Sheffield RC	1105	6714	00:58:21	Tom Hanson	Elswick Harriers
995	7387	00:56:09	Gerald Bishop	Low Fell RC	1106	7076	00:58:22	Ian Marshall	Huntingdonshire AC
Pos	RaceNo	Time	Name	Club	Pos	RaceNo	Time	Name	Club
1107	7749	00:58:22	Tony Man	Penny Lane Striders	1218	6702	01:00:46	Graham Wilkinson	East Hull Harriers
1108	8846	00:58:23	Duncan Chambers	York Knavesmire Harriers	1219	8343	01:00:50	William Bittlestone	Sunderland Harriers & AC
1109	7333	00:58:25	Adrian Roach	Liverpool Harriers & AC	1220	8308	01:00:51	Ian Stinson	Steel City Striders
1110	7290	00:58:27	Andy Howarth	Leigh Harriers & AC	1221	7784	01:00:52	David Byrom	Pudsey Pacers RC
1111	7356	00:58:28	Alan Howard	Loftus & Whitby AC	1222	6797	01:00:53	Steven Bond	Gosforth Harriers & AC
1112	8560	00:58:28	Alistair Smyth	Valley Striders	1223	7407	01:00:54	Joe Shaw	Lytham St Annes RRC
1113	7833	00:58:29	Terry Chambers	Redhill RR	1224	6320	01:00:55	Jeff Wright	Blackpool Wyre & Fylde AC
1114	7508	00:58:32	Michael Good	Middlesbrough & Cleveland Harriers	1225	7060	01:00:57	Peter Ramsoale	Horwich RMI Harriers
1115	7212	00:58:32	Paul Caruana	Leamington C & AC	1226	8752	01:00:59	Terry Alabaster	Witham RC
1116	7994	00:58:33	Matthew Jones	Sedgefield Harriers	1227	8023	01:01:00	Ian Hodge	Serpentine RC
1117	7126	00:58:34	Andy Brett	Keighley & Craven AC	1228	7090	01:01:02	Peter Shields	Ilkley Harriers
1118	7643	00:58:34	Ken Allen	Notts AC	1229	7434	01:01:07	Mike O'Brien	Manchester YMCA Harriers
1119	7835	00:58:36	Clive Greyson	Redhill RR	1230	8340	01:01:11	Philip May	Stubbington Green Runners
1120	8353	00:58:36	Peter Richardson	Sunderland Harriers & AC	1231	8665	01:01:12	Brian Porter	Wesham Road Runners
1121	8645	00:58:37	Paul Emery	Watford Joggers	1232	7195	01:01:14	Randolph Haggerty	Kirkstall Harriers
1122	7758	00:58:37	Peter Ward	Peterborough AC	1233	7635	01:01:16	Richard High	Norwich RR
1123	6669	00:58:38	Philip York	Ealing Southall & Middlesex AC	1234	7380	01:01:16	Michael Proctor	Longwood Harriers AC
1124	7796	00:58:43	David Woodhead	Pudsey Pacers RC	1235	7099	01:01:17	Tom Purnell	Invicta East Kent AC
1125	8800	00:58:44	Steve Lambert	Woodford Green AC with Essex Ladies	1236	6401	01:01:18	Robert Sharratt	Burton AC
1126	6720	00:58:44	Robert Wilson	Elswick Harriers	1237	8400	01:01:18	Steve Moss	Teesdale AC
1127	6805	00:58:45	John Hargreaves	Great Western Runners	1238	6857	01:01:19	John Spencer	Hallamshire Harriers
1128	6652	00:58:46	Andrew Murray	Dulwich Runners	1239	7448	01:01:20	Carl Lancaster	Mansfield Harriers & AC
1129	8241	00:58:47	Geoff Hand	Spectrum Striders	1240	8613	01:01:21	Pete McArdle	Wallasey AC
1130	6553	00:58:47	David Hazelton	Clowne RR	1241	7990	01:01:26	Richard Bayles	Sedgefield Harriers
1131	7552	00:58:48	Jaroslav Nijak	Nene Valley Harriers	1242	7863	01:01:27	Martin O'Reilly	Rochdale Harriers & AC
1132	6146	00:58:48	Rab Acid	Beeston AC	1243	6811	01:01:27	Matt Lythell	Guildford & Godalming AC
1133	8699	00:58:50	Graham Wiggins	White Horse Harriers	1244	8552	01:01:28	Rob Jackson	Valley Striders
1134	8454	00:58:51	Nick Brown	The Stragglers	1245	6174	01:01:29	Steve Meath	Belper Harriers
1135	7554	00:58:52	Iain Dovey	New Marske Harriers	1246	6872	01:01:30	Martin Hughes	Harborough AC
1136	8147	00:58:54	Robert Pritchard	Skyrac AC	1247	6325	01:01:32	Shaun Dodd	Blyth RC
1137	8564	00:58:54	Andy Thorpe	Valley Striders	1248	7062	01:01:34	Gordon Stone	Horwich RMI Harriers
1138	7702	00:58:55	Nick Wilson	Nuneaton Harriers AC	1249	6594	01:01:35	Martin Slevin	Coventry Godiva Harriers
1139	6545	00:58:55	James Hickie	Clayton-le-Moors Harriers	1250	7642	01:01:35	Tim Tyler	Norwich RR
1140	7188	00:58:56	Bruce Fletcher	Kippax & District Harriers	1251	8547	01:01:36	Tony Haygarth	Valley Striders
1141	8306	00:58:56	Dave Parry	Steel City Striders	1252	6202	01:01:38	Richard Long	Bexley AC
1142	7572	00:58:58	Richard Peach	Newark AC	1253	8111	01:01:41	Graham Linnell	Silson Joggers AC
1143	8769	00:59:00	Paul Carroll	Wolverhampton & Bilston AC	1254	6152	01:01:44	Don Anderson	Belgrave Harriers
1144	8573	00:59:01	Peter Simpson	Vegan Runners UK	1255	7571	01:01:52	Rob Orgill	Newark AC
1145	7349	00:59:01	William Merritt	Liverpool RC	1256	8571	01:01:56	Paul White	Valley Striders
1146	7406	00:59:04	Willie Richmond	Lytham St Annes RRC	1257	7616	01:01:57	Trevor Moss	North York Moors AC
1147	8341	00:59:05	Gordon Westley	Stubbington Green Runners	1258	6081	01:01:58	Don Johnson	Baldon Runners
1148	6795	00:59:05	Neil McGrow	Glossopdale Harriers	1259	8612	01:02:00	Derek McArdle	Wallasey AC
1149	7753	00:59:05	Tim Warn	Penny Lane Striders	1260	7421	01:02:01	Michael Cunneingham	Manchester Harriers & AC
1150	8401	00:59:06	Michael Thompson	Teesdale AC	1261	6692	01:02:04	Carl Dickenson	East Hull Harriers
1151	7216	00:59:07	Graham Roberts	Leamington C & AC	1262	7689	01:02:07	Martin Saunders	Notts AC
1152	7567	00:59:08	Jonathan Compton	Newark AC	1263	7405	01:02:15	Colin Nelson	Lytham St Annes RRC
1153	8590	00:59:09	Tony Audsley	Wakefield District Harriers & AC	1264	6113	01:02:20	Ian Smith	Basingstoke & Mid Hants AC
1154	8336	00:59:10	John Gueran	Stubbington Green Runners	1265	6323	01:02:23	Robby Barkley	Blyth RC
1155	7051	00:59:11	Phil McGeever	Horsforth Harriers	1266	6835	01:02:25	Bill Sage	Halifax Harriers AC
1156	7039	00:59:12	Jason Kaushal	Holmfirth Harriers AC	1267	7611	01:02:27	Dave Morris	North Shields Polytechnic
1157	7813	00:59:13	Jar O'Brien	Ranelagh Harriers	1268	7420	01:02:33	Mark Wheelton	Macclesfield Harriers & AC
1158	6201	00:59:15	Ross Jenner	Bexley AC	1269	6173	01:02:35	Simon Hackett	Belper Harriers
1159	6604	00:59:16	Matthew Kiernan	Croydon Harriers	1270	6178	01:02:36	Malcolm Weir	Belper Harriers
1160	7658	00:59:18	Nick Evans	Notts AC	1271	6880	01:02:39	Pat Brew	Harrogate Harriers & AC
1161	7199	00:59:20	Stuart Peardon	Kirkstall Harriers	1272	6075	01:02:40	John Wilcock	Aurora Harriers
1162	7239	00:59:21	Robert Gatenby	Leeds City AC	1273	8589	01:02:46	Richard Pullan	Virgin Active RR
1163	7859	00:59:22	Stev Leak	Rochdale Harriers & AC	1274	6804	01:02:48	Terry Fenton	Great Western Runners
1164	7977	00:59:25	David Cairns	Saltwell Harriers	1275	7207	01:02:50	Philip Lightfoot	KPMG
1165	6218	00:59:26	Fred Gibbs	Bingley Harriers & AC	1276	7452	01:02:50	Grant Saxton	Mansfield Harriers & AC
1166	6867	00:59:29	Richard Brown	Harborough AC	1277	7721	01:02:53	Tom Hannah	Otley AC
1167	8262	00:59:30	Barrie Burrows	Sphinx AC	1278	7566	01:02:54	John Combie	Newark AC
1168	8279	00:59:31	Ray Vose	St.Helens Sutton AC	1279	6455	01:02:55	Barry Chester	Chorley AC
1169	7338	00:59:32	Keith Lester	Liverpool Pembroke & Sefton H & AC	1280	6460	01:02:57	Henry Minorzyk	Chorley AC
1170	8587	00:59:33	Michael Jameson	Virgin Active RR	1281	7803	01:03:00	Andy Angus	Queens Park Harriers
1171	7792	00:59:33	Darryl Stead	Pudsey Pacers RC	1282	8565	01:03:02	Mick Tinker	Valley Striders
1172	7091	00:59:34	Steve Weston	Ilkley Harriers	1283	8365	01:03:02	John Woodward	Sunderland Strollers
1173	8782	00:59:36	Richard Wilson	Wolverhampton & Bilston AC	1284	6085	01:03:02	Rick Nottidge	Baldon Runners
1174	6754	00:59:36	Steve Adams	Eton Manor AC	1285	6602	01:03:03	Norman Hemming	Croydon Harriers
1175	6068	00:59:38	Ian Hayden	Aurora Harriers	1286	6011	01:03:04	David Nahal	Abbey Runners
1176	7016	00:59:39	John Bignell	Hillingdon AC	1287	7065	01:03:04	Keith Chambers	Huncoote Harriers AC
1177	8804	00:59:40	Michael Murphy	Woodford Green AC with Essex Ladies	1288	7301	01:03:09	Fred Watt	Leighton Buzzard AC
1178	7445	00:59:40	Jason Foster	Mansfield Harriers & AC	1289	7115	01:03:14	Ian Creasy	Istead & field Harriers
1179	7850	00:59:41	Jerry Bateman	Ripley RC	1290	8749	01:03:20	Nigel Pratten	Wirral AC
1180	6098	00:59:42	David Bennett	Barnsley AC	1291	8692	01:03:22	John Simpson	Wetherby Runners AC
1181	6537	00:59:43	Colin Dilks	Claremont RR & AC	1292	8753	01:03:26	David Andrews	Witham RC
1182	6902	00:59:45	Mark Reece	Hastings AC	1293	6348	01:03:26	Roland Stevens	Bourne Town Harriers
1183	6077	00:59:46	Simon Bowens	Baldon Runners	1294	8609	01:03:28	Mike Griffiths	Wallasey AC
1184	6199	00:59:46	Colin Hyde	Bexley AC	1295	6648	01:03:32	Dan Smith	Dudley Kingswinford RC
1185	6534	00:59:48	Gideon Shawyer	Clapham Chasers	1296	6073	01:03:34	Gareth Thraves	Aurora Harriers
1186	7786	00:59:49	Nigel Craven	Pudsey Pacers RC	1297	6149	01:03:37	Mark Hodgson	Beeston AC
1187	8540	00:59:50	Malcolm Coles	Valley Striders	1298	7092	01:03:37	Paul Wood	Ilkley Harriers
1188	8536	00:59:53	Patrick Barrett	Valley Striders	1299	6398	01:03:38	Leonard Quartly	Bromsgrove & Redditch AC
1189	7674	00:59:55	Richard Mitson	Notts AC	1300	8199	01:03:39	Richard Pearson	Southampton RC
1190	8568	00:59:56	John Wallace	Valley Striders	1301	6607	01:03:40	Rob Sargent	Dagenham 88 Runners
1191	7200	01:00:00	Martin Savage	Kirkstall Harriers	1302	6834	01:03:44	Heath Reilly	Halifax Harriers AC
1192	6631	01:00:01	Philip Harries	Derby AC	1303	7020	01:03:45	John Luscombe	Hillingdon AC
1193	7857	01:00:01	Raymond Dalby	Rochdale Harriers & AC	1304	7147	01:03:46	Tom Dable	Kenilworth Runners

1194	7250	01:00:02	John Mace	Leeds City AC	1305	7118	01:03:48	John Gillis	Istead & Ifield Harriers
1195	6808	01:00:05	Michael Willcox	Great Western Runners	1306	7839	01:03:48	Neil Hankton	Reigate Priory AC
1196	8780	01:00:06	Jim Smith	Wolverhampton & Bilston AC	1307	6634	01:03:50	Karl Petch	Derby AC
1197	8167	01:00:07	Peter Emery	South London Harriers	1308	8364	01:03:50	Phillip Watson	Sunderland Strollers
1198	8012	01:00:10	Gavin Edmonds	Serpentine RC	1309	7507	01:04:01	Roger Croft	Middlesbrough & Cleveland Harriers
1199	8754	01:00:10	Keith Taylor	Witham RC	1310	7869	01:04:07	Kristian Robinson	Rochdale Harriers & AC
1200	7805	01:00:11	Martin Hill	Queens Park Harriers	1311	8840	01:04:10	Leonard Peacock	Yaxley Runners & Joggers
1201	6616	01:00:12	Geoff Ward	Darlington Harriers	1312	8845	01:04:24	Ian Bithell	York Knavesmire Harriers
1202	7121	01:00:13	Chris Thompson	Istead & Ifield Harriers	1313	8146	01:04:28	Alan Bye	Skyrac AC
1203	8531	01:00:16	Colin Rathbone	Vale Royal AC	1314	8265	01:04:32	David Kelly	Sphinx AC
1204	7799	01:00:16	Graham Park	Quakers RC	1315	6347	01:04:34	Richard Pearson	Bourne Town Harriers
1205	7191	01:00:18	Kevin Blackhurst	Kirkstall Harriers	1316	7856	01:04:40	Matthew Cox	Rochdale Harriers & AC
1206	8175	01:00:23	George Arthur	South Shields Harriers	1317	6070	01:04:41	William Raine	Aurora Harriers
1207	6079	01:00:25	Ian Ferris	Baildon Runners	1318	8322	01:04:43	Paul Hawgood	Stockport PCT RC
1208	8624	01:00:26	Stan Williams	Wallasey AC	1319	6404	01:04:46	Mark Woolerton	Burton AC
1209	8777	01:00:26	Ian Pincher	Wolverhampton & Bilston AC	1320	6687	01:04:52	Martin McGann	East Cheshire Harriers & Tameside AC
1210	8525	01:00:29	Paul Thomas	Trentham RC	1321	7391	01:04:56	Neil Morris (F)	Low Fell RC
1211	8492	01:00:30	Mike Holmes	Tonbridge AC	1322	8362	01:04:59	Andy Stotton	Sunderland Strollers
1212	8755	01:00:31	Gary Coulam	Wolds Veterans RC	1323	7983	01:05:02	Richard Townsend	Saltwell Harriers
1213	8159	01:00:38	Robert Mayers	South Cheshire Harriers	1324	7627	01:05:05	Mark Burrows	Norwich RR
1214	8358	01:00:40	Brian Carroll	Sunderland Strollers	1325	7444	01:05:07	Ian Dobb	Mansfield Harriers & AC
1215	6057	01:00:42	Mike Jones	Altrincham & District AC	1326	7210	01:05:10	Dave Blower	Leamington C & AC
1216	7419	01:00:42	Alan Webster	Macclesfield Harriers & AC	1327	6324	01:05:13	Ralph Dickinson	Blyth RC
1217	7725	01:00:44	Phil Robinson	Otley AC	1328	8072	01:05:18	Russell Devitt	Shaftesbury Barnet Harriers

Pos	RaceNo	Time	Name	Club	Pos	Points	Team Name	Placings
1329	6540	01:05:21	David Wotton	Claremont RR & AC	1	182	Aldershot Farnham & District AC	(9 11 43 45 73)
1330	8498	01:05:22	Charles Whitmore	Tonbridge AC	2	208	Leeds City AC	(7 10 39 40 49 63)
1331	8756	01:05:31	Dave Edwards	Wolds Veterans RC	3	291	Bedford & County AC	(4 13 35 62 87 90)
1332	6361	01:05:34	David Foster	Bridlington RR	4	309	Coventry Godiva Harriers	(19 30 32 55 68 105)
1333	7442	01:05:36	Adrian Bellingham	Mansfield Harriers & AC	5	390	Woodford Green AC with Essex Ladies	(28 51 64 72 82 93)
1334	8015	01:05:46	Kieran Fanning (F)	Serpentine RC	6	392	Tipton Harriers	(14 33 57 60 96 132)
1335	7165	01:05:48	Adrian Musson	Kent AC	7	567	Belgrave Harriers	(16 41 89 103 153 165)
1336	7763	01:05:50	Nigel Harding	Poole AC	8	594	Newham & Essex Beagles	(2 25 31 69 199 268)
1337	6832	01:05:55	Stuart Towson	Halesowen AC	9	733	Hallamshire Harriers	(66 98 104 135 142 188)
1338	6432	01:05:55	Adam Colgrave	Chelmsford AC	10	830	Serpentine RC	(27 80 120 155 221 227)
1339	8319	01:06:03	Martin Vance	Stockport Harriers & AC	11	912	Morpeth Harriers & AC	(95 124 137 163 180 213)
1340	7311	01:06:03	Geoff Powley	Lincoln Wellington AC	12	955	Liverpool Harriers & AC	(85 118 128 136 178 310)
1341	8189	01:06:09	Frank Strand	South Shields Harriers	13	961	Blackheath & Bromley Harriers	(61 119 148 149 223 261)
1342	6082	01:06:13	Richard Kirwan	Baildon Runners	14	976	City of Norwich AC	(52 122 127 182 215 278)
1343	6415	01:06:14	Gerald Meah	Cambridge & Coleridge	15	1003	Herne Hill Harriers	(74 125 175 185 220 224)
1344	6072	01:06:14	Andrew Thompson	Aurora Harriers	16	1025	Notts AC	(17 29 198 257 260 264)
1345	8542	01:06:15	Steve Dixon	Valley Striders	17	1043	Kent AC	(26 36 211 225 250 295)
1346	8124	01:06:16	Tom Pope	Sinfin RC	18	1075	Sale Harriers Manchester	(15 24 67 111 423 435)
1347	8685	01:06:17	Tim Westmacott	Westbury Harriers	19	1140	Highgate Harriers	(37 102 174 189 207 431)
1348	6190	01:06:17	Neil Sergeant	Beverley AC	20	1249	Bingley Harriers & AC	(140 168 210 218 251 262)
1349	8831	01:06:18	Phil McMeelance	Wreake Runners	21	1359	Salford Harriers	(88 169 231 247 265 359)
1350	8240	01:06:20	Neville Griffiths	Spectrum Striders	22	1770	Stockport Harriers & AC	(3 109 249 436 463 510)
1351	7112	01:06:22	Stephen Barnsley	Istead & Ifield Harriers	23	1821	Trafford AC	(97 129 275 296 348 676)
1352	6538	01:06:23	David Kear	Claremont RR & AC	24	1850	Brighton & Hove City AC	(202 230 292 308 375 443)
1353	8497	01:06:26	Stuart Smith	Tonbridge AC	25	1873	Altrincham & District AC	(18 20 156 476 555 648)
1354	7382	01:06:26	John Hart	Loughan AC	26	1902	Manx Harriers	(65 173 323 411 461 469)
1355	7209	01:06:27	Mick Aston	Leamington C & AC	27	2080	Hercules Wimbledon AC	(154 317 321 353 387 548)
1356	6259	01:06:29	Geoffrey Mann	Birmingham Rowheath AC	28	2097	Wilmslow RC	(236 277 297 300 412 575)
1357	6420	01:06:34	Mark Newell	Cambridge Harriers	29	2209	New Marske Harriers	(22 42 59 79 872 1135)
1358	7383	01:06:37	Tony Maycraft	Loughan AC	30	2222	York Knavesmire Harriers	(70 228 357 444 559 564)
1359	7880	01:06:37	Bill Southgate	Rolls Royce Harriers	31	2352	The Stragglers	(195 209 404 450 515 579)
1360	6189	01:06:43	Brian Richardson	Beverley AC	32	2387	Invicta East Kent AC	(152 164 240 442 634 755)
1361	6326	01:06:46	Kevin Freeman	Blyth RC	33	2440	Southport Waterloo AC	(217 338 399 422 470 594)
1362	6171	01:06:52	Matthew Conroy	Belper Harriers	34	2640	East Cheshire Harriers & Tameside AC	(121 332 430 454 611 672)
1363	8324	01:06:57	Ian Clarke	Stourbridge RC	35	2673	City of York AC	(116 285 468 492 650 662)
1364	6764	01:07:01	Grahame Eke	Folkestone RC	36	2704	London Heathside	(206 409 413 446 586 644)
1365	7297	01:07:04	Jon Hull	Leighton Buzzard AC	37	2716	Thames Hare & Hounds	(54 181 267 598 687 929)
1366	8026	01:07:07	Sarb Johal	Serpentine RC	38	2729	East Hull Harriers	(99 452 475 511 532 660)
1367	7454	01:07:09	Steve Wragg	Mansfield Harriers & AC	39	2879	Chelmsford AC	(84 214 339 398 772 1072)
1368	8833	01:07:14	Matthew Bone	Yaxley Runners & Joggers	40	2904	Halesowen AC	(259 316 343 473 682 831)
1369	8463	01:07:17	Ernie Huck	Thirk & Sowerby Harriers	41	2947	Keighley & Craven AC	(276 325 447 525 604 770)
1370	6522	01:07:23	Dave Paver	City of York AC	42	3014	Liverpool Pembroke & Sefton H & AC	(269 490 516 542 573 624)
1371	8607	01:07:25	Phil Bird	Wallasey AC	43	3045	Wakefield District Harriers & AC	(229 524 535 541 603 613)
1372	7417	01:07:31	David Shoesmith	Macclesfield Harriers & AC	44	3081	Ranelagh Harriers	(147 201 487 527 817 902)
1373	8236	01:07:39	David Winter	Sparkhill Harriers	45	3229	Leeds University CCC	(284 326 366 713 744 796)
1374	8259	01:07:41	Edward Wilkinson	Spenborough AC	46	3241	Wolverhampton & Bilston AC	(106 471 581 606 717 760)
1375	8765	01:07:42	Bill Ward	Wolds Veterans RC	47	3296	Metropolitan Police AC	(203 298 347 349 1030 1069)
1376	8759	01:07:48	Jon Hammond	Wolds Veterans RC	48	3335	Hillingdon AC	(139 289 391 663 762 1091)
1377	6606	01:08:00	David Warren	Croydon Harriers	49	3367	Pudsey Pacers RC	(358 531 549 556 673 700)
1378	6328	01:08:02	Keith Willshire	Blyth RC	50	3370	Sparkhill Harriers	(301 333 503 588 749 896)
1379	8760	01:08:05	John Hudson	Wolds Veterans RC	51	3416	Norwich RR	(241 320 576 698 702 879)
1380	8600	01:08:14	Philij Hall	Grantham AC	52	3460	Valley Striders	(314 377 477 747 767 778)
1381	8156	01:08:21	Michael Cutler	South Cheshire Harriers	53	3477	South Shields Harriers	(497 528 572 597 636 647)
1382	7632	01:08:28	Kevin Gee	Norwich RR	54	3568	Mansfield Harriers & AC	(172 381 590 732 800 893)
1383	6264	01:08:32	Barry Murray	Birtley AC	55	3624	Nene Valley Harriers	(336 432 479 540 706 1131)
1384	6313	01:08:33	Peter Gibson	Blackpool Wyre & Fylde AC	56	3745	Trentham RC	(351 427 429 596 946 996)
1385	7393	01:08:34	James Skilling (F)	Low Fell RC	57	3794	Low Fell RC	(115 354 440 809 995 1081)
1386	7696	01:08:41	Keith Waring	Notts AC	58	3825	Otley AC	(342 364 562 656 926 975)
1387	6617	01:08:41	Dave Behagg	Dartford RR	59	3884	South London Harriers	(376 465 522 591 733 1197)
1388	7436	01:08:45	Jon Paramor	Manchester YMCA Harriers	60	3886	Blackpool Wyre & Fylde AC	(332 595 645 651 777 886)
1389	8261	01:09:04	Paul Bergin	Sphinx AC	61	3898	Rugby & Northampton AC	(441 499 546 566 849 997)
1390	7804	01:09:10	Alex Brodie	Queens Park Harriers	62	3940	Abbey Runners	(254 406 521 804 917 1038)
1391	6459	01:09:15	Phil McCullach	Chorley AC	63	4038	Westbury Harriers	(365 373 421 748 784 1347)
1392	7866	01:09:30	John Purdy	Rochdale Harriers & AC	64	4204	Wirral AC	(390 405 628 716 775 1290)
1393	6093	01:10:07	John Murphy	Barnet & District AC	65	4309	Elswick Harriers	(305 396 592 785 1105 1126)
1394	6074	01:10:12	Keith Weavers	Aurora Harriers	66	4369	Barnsley AC	(53 428 720 918 1070 1180)
1395	7709	01:10:16	Pete Deadman	Orion Harriers	67	4374	Silson Joggers AC	(346 460 582 643 1090 1253)
1396	6263	01:10:25	Tom Millmore	Birtley AC	68	4383	Clowne RR	(46 486 779 911 1031 1130)
1397	8058	01:10:26	Mike Anderton	Severn AC	69	4409	Holmfirth Harriers AC	(607 691 737 738 797 839)
1398	8246	01:10:44	Alan Peers	Spectrum Striders	70	4443	Beverley AC	(371 583 694 852 892 1051)
1399	6865	01:11:08	Hassan Dervish (DQ)	Herne Hill Harriers (DQ)	71	4534	Steel City Striders	(402 466 578 908 1039 1141)
1400	6343	01:11:29	Dave Grace	Bourne Town Harriers	72	4535	Spectrum Striders	(509 599 649 681 968 1129)
1401	6452	01:11:34	Trevor Brawn	Chiltern Harriers AC	73	4580	Wallasey AC	(488 618 756 858 913 947)
1402	6665	01:11:44	Alan Keeler	Ealing Southall & Middlesex AC	74	4586	Wetherby Runners AC	(416 484 715 783 897 1291)
1403	6461	01:11:54	Eddie Murray	Chorley AC	75	4695	Liverpool RC	(303 600 881 888 920 1103)
1404	8112	01:11:58	Allan Lock	Silson Joggers AC	76	4707	Sunderland Harriers & AC	(194 420 993 999 1046 1055)
1405	8655	01:12:05	Peter Cooke	Wesham Road Runners	77	4779	Harrogate Harriers & AC	(274 731 844 930 972 1028)
1406	7868	01:12:58	Phil Roberts	Rochdale Harriers & AC	78	4846	Wesham Road Runners	(489 712 795 812 1017 1021)
1407	6757	01:13:09	Steve Dunn	Eton Manor AC	79	4866	Spenborough AC	(630 653 688 758 763 1374)
1408	7400	01:13:12	Dave Cosh	Lytham St Annes RRC	80	4893	Redhill RR	(664 718 739 811 848 1113)
1409	6609	01:13:19	John Brant	Darlington Harriers	81	4898	St.Helens Sutton AC	(610 690 806 819 924 1049)
1410	7187	01:13:27	Tony Blythe	Kippax & District Harriers	82	4917	Ilkley Harriers	(196 669 745 907 1172 1228)
1411	7432	01:13:44	Ian Manners	Manchester YMCA Harriers				

1412	7938	01:15:02	Paul Rowley	Sale Harriers Manchester	83	5000	Middlesbrough & Cleveland Harriers	(502 632 734 942 1076 1114)
1413	7151	01:15:23	Arthur Smith	Kenilworth Runners	84	5089	Bexley AC	(722 746 801 820 842 1158)
1414	6622	01:15:54	Mike Richardson	Dartford RR	85	5120	Rochdale Harriers & AC	(378 637 882 985 1075 1163)
1415	8622	01:16:25	Rolf Westrum	Wallasey AC	86	5165	Tonbridge AC	(246 671 724 983 1211 1330)
1416	7375	01:16:47	Richard Hardcastle	Longwood Harriers AC	87	5171	Istead & Ifield Harriers	(612 639 793 864 1061 1202)
1417	8708	01:17:29	Trevor Faulkner	Wilmslow RC	88	5178	Great Western Runners	(114 666 802 1127 1195 1274)
1418	8160	01:17:37	Martin Stima	South Cheshire Harriers	89	5286	Saltwell Harriers	(537 661 916 925 1083 1164)
1419	6976	01:17:45	Andrew Lea-Gerrard	Herne Hill Harriers	90	5357	Lytham St Annes RRC	(665 781 927 957 962 1065)
1420	8377	01:18:40	Andy Smith	Swinton RC	91	5372	Ealing Southall & Middlesex AC	(456 584 834 973 1123 1402)
1421	8841	01:19:15	Ezequiel Ravettin	Yaxley Runners & Joggers	92	5385	Newark AC	(239 498 1099 1142 1152 1255)
1422	8548	01:19:39	Paul Holloaway	Valley Striders	93	5438	Huncote Harriers AC	(633 832 850 901 935 1287)
1423	7146	01:20:59	Colin Bricher	Kenilworth Runners	94	5465	Huntingdonshire AC	(798 835 868 903 955 1106)
1424	7764	01:21:43	George Wright	Poole AC	95	5560	Baldon Runners	(474 885 944 986 1088 1183)
1425	7987	01:25:00	Michael Thompson	Scarborough AC	96	5584	Kirkstall Harriers	(403 923 937 969 1161 1191)
1426	6262	01:26:50	Patrick Kelly	Birtley AC	97	5598	Wolds Veterans RC	(608 814 890 1007 1067 1212)
1427	6456	01:30:28	Mike Coppin	Chorley AC	98	5629	Macclesfield Harriers & AC	(685 703 921 1020 1084 1216)
1428	6934	01:33:24	George Routledge	Heaton Harriers	99	5841	Bourne Town Harriers	(307 482 1044 1293 1315 1400)
					100	5892	Virgin Active RR	(453 912 982 1102 1170 1273)
					101	6092	Kenilworth Runners	(283 699 970 1304 1413 1423)
					102	6105	Claremont RR & AC	(256 965 1022 1181 1329 1352)
					103	6109	Eton Manor AC	(587 958 980 1003 1174 1407)
					104	6883	Sunderland Strollers	(1005 1011 1062 1214 1283 1308)
					105	7127	Belper Harriers	(989 992 1245 1269 1270 1362)
					106	7285	Chorley AC	(914 1018 1279 1280 1391 1403)
					107	7798	Aurora Harriers	(1175 1272 1296 1317 1344 1394)