



BOSTON & DISTRICT ATHLETIC CLUB



Present

The Friskney Half Marathon

Flat fast course

Start/Finish at

The Village Hall, Friskney, near Skegness. Lincolnshire.

Sunday 11th April 2010 Start 11.00am

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| * Certified measured course | * Adequate parking |
| * First aid in attendance | * Changing facilities |
| * Marshalled course | * Toilets and Showers |
| * Water Stations | * Min age for Half Marathon 17yrs on the day |
| • Commemorative medal to all finishers | |

Prizes:

First 3 men U20, Sen, Vet40, Vet50, Vet60 First 3 women U20, Sen, Vet35, Vet45, Vet55

First men's team Sen, Vet combined First women's team Sen, Vet combined

Only one individual prize per runner in the category entered 3 runners to count per team

Entry Fees:- Half Marathon £10 affiliated, £12 unattached

No late entries. Closing date 9th April 2010

Enquiries: contact 01754 820455 or www.bostonanddistrictac.com

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Surname:		Sex	Male <input type="checkbox"/>	Female <input type="checkbox"/>
First Name:	Age group			
Address:				
Postcode:		Email:		
Tel (Home):		Tel (Work):		
Date of Birth:		Age on race day:		
Club :-		Entry Fee enclosed £		

**Entry forms to:- Just Athletics, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG
Please make cheques payable to Just Athletics.**

Signed:

Supported by

