## **LINCOLNSHIRE TRACK AND FIELD LEAGUE MATCH 2**

18<sup>th</sup> April 2010

Boston and District Athletic Club representatives produced some exciting performances over the weekend at the Lincolnshire Track and Field League match at Grantham and at the Liverpool Open Throws meeting. In improving temperatures more conducive for the production of good times, heights and distances "Gold Tops" moved their personal bests on a notch or two at both Liverpool on Saturday and Grantham on Sunday. At Liverpool Marc Bradbury produced a Shot personal best of 12.70m. and demolished that the following day at Grantham winning the Under 17 Mens 5k Shot event with an impressive putt of 13.19m. just one centimetre short of the English Schools A.A. Entry standard. Marc also produced another good Discus performance at Liverpool again throwing beyond the ESAA Entry distance recording 42.90m. and also achieved 34.01m in the Hammer event. Once again he improved his Hammer "p.b." the following day at Grantham with a throw of 37.04m. In the Under 20 Mens age group Haden Brittain produced an impressive Hammer throw on Saturday recording 46.55m. at the Liverpool meet and followed this with a victory at the Lincs. League match on Sunday. Haden also won the Shot event at Grantham with a putt of 10.48m. and gained a second in the Javelin with a throw of 37.07m.

On the track on Sunday it was Under 15 Sprinter Oliver Smith who shone. Recording a magnificent "double" Oliver won both the Under 15 Boys 100 and 200 metres events in personal best times and anchored the Boston and District A.C. 4 X 200m. team to a scintilating victory. Taking advantage of the slight following wind Oliver streaked ahead of the opposition to record 12.4secs. just six tenths below the ESAA entry time in the 100m. In the 200m, his margin of victory was enormous as he left the other competitors in his wake long before the stagger unwound and the advantage of the breeze became apparent and went on to cross the finish line in 25.00 secs.. In the 4 X 200m, race he took over the baton in third position at the final changeover and impressively reeled in over thirty metres to bring the team home for a remarkable victory. At Under 20 level Jeremy Baily achieved two first places and a second . In the Triple Jump he cleared 11.67m. to win the event and then secured his double with a victory in the 800 metres in 2 mins. 20.0 secs. before adding second place points in the 400 metres recording 55.8secs..In the same age group Chelsea Brockett won three events. Clearing 1.49m. in High Jump, 9.24m. in Triple Jump and clocking 65.6secs. for the 400m. Sprint Chelsea achieved a splendid treble. Senior Man Stuart Smith also achieved a very encouraging early season treble victory. Opening with a 400m. Hurdles victory in 66.1secs. Stuart went on to win both the Shot with a putt of 10.38m. and the Hammer with a throw measured at 31.43m. Adding a third in the 100m. Sprint in 13.0secs., a second in both High Jump clearing 1.55m. and Javelin 30.20m. Stuart made a good start to his 2010 competitive season. George Ashcroft won the Veteran Mens 100metres race recording 13.2 secs..and at the opposite end of the age range Under 13 Luke MacLeod won the Hammer with a throw of 14.09m.

There were a number of very encouraging second places gained by "Gold Tops". Maria Hollingsworth was runner up in the Under 15 Girls 100 metres returning a time of 13.9 secs. and there was an added bonus for B.A,D.A.C. with Becky Locking finishing third in 14.5secs. Jasmine Orrey's best Triple Jump effort of 8.92m.at Under 20 level earned her second place points and a time of 30.2 secs. in the 200 metres gave her a third place. In the same age group Louise Rutt recorded 69.5 secs. in runners up position in the 400 metres and also added a third in the 800 metres clocking 2 mins 41.7secs.. Under 17 Sam Johnson finished the 400m. Hurdles event in 67.0secs, for another second position. Third places were chalked up by Isobel Rushby in the Under 13 Girls 1500 metres 6 mins. 21.4secs. and Emma Penniston 5 mins. 59secs. in the same event at Under 17 level, Over 100metres Under 15 Liam Ashcroft recorded 16.0 secs, for a valuable third place and Melanie Bristow also secured third in the Under 20 Womens Triple Jump with aleap of 8.49m. In the Vet . Mens Triple Jump George Ashcroft contributed third place points to the Club total with a leap of 9.12m. Other notable performances were achieved by Alice Flint who was fourth in the Under 17 Womens 300 metres in 47.3 secs and the Triple Jump with a clearance of 8.25m.. Sam Johnson cleared 1.50m in the High Jump in the Under 17 age group and Aidan McClure recorded 2 mins. 31.6secs. in the 800mmetres in the same age group. A putt of 8.01m. in the Under 15 Boys Shot gave Reuben Reed a fourth place and Becky Locking recorded 30.4 secs. in fourth place in the Under 15 200 metres