

## LINCONSHIRE TRACK AND FIELD CHAMPIONSHIPS

8<sup>th</sup> & 9<sup>th</sup> May 2010

Boston and District Athletic Club representatives gained a total of eighty one Gold, Silver and Bronze Championship Awards at the 2010 Lincolnshire Track and Field Championships at Grantham's South Kesteven Stadium last weekend. Thirty seven of the awards gained were Gold ones presented to the winners of County Championship events held during the two day programme of running, jumping and throwing events.. In addition three B.A.D.A.C. members set new Lincs. Championships Best Performances. The three new championship record holders are all throwers. Marc Bradbury erased the fifteen year old Under 17 Mens Discus best performance. His winning throw of 43.25m. with the 1.5k. implement was forty nine centimetres further than Alan Rudkin's (Holbeach A.C.) performance in the 1995 Lincs. Championships. Haden Brittain extended the Under 20 Mens Hammer Championship best by almost a metre and a half when he secured victory with a throw of 45.18m. to erase Sean Band's record set last year. The youngest new Championship Record holder is Joseph Creese who added six centimetres to the Under 13 Boys Shot distance. His putt of 10.69m. gave him a convincing victory in the Championship and removed Ben Maylor's 2004 effort from the Lincs. Champs.record books. Stuart Smith claimed five Senior Mens County Championships over the weekend. On the track Stuart won the 110m. Hurdles (21.0 secs.) and in field events took first place in Discus ( 33.65m.) , Javelin ( 27.46m.)and Shot ( 10.91m.) and also took the High Jump title (1.45m.). In a busy weekend of competition Stuart also gained the Silver award in Triple Jump (10.75m.) and Long Jump (5.24m.) and finished in Bronze award position in Hammer (32.86m.) . In the Under 15 Boys section Oliver Smith continues to produce impressive performances running away from the 2010 Lincs. Champs. with four Gold Awards and a Silver. Oliver dominated the 100 metres and 200 metres heats winning both races comfortably. Despite the cold, wet, blustery conditions he improved from 12.3 secs.in the 100m. heat to win the final in 12.1 secs. and twice recorded 24.7secs. in winning both the 200 metres heat and final races. He added two further Under 15 County titles in the Long Jump clearing 5.22m. and Triple Jump with a clearance of 10.58m..and for good measure took the Silver award in the 400 metres (58.1 secs). Under 20 Chelsea Brockett also achieved four Championship victories. On the track she led the way in both the 400 metres sprint (64.6 secs.) and the 400 metres Hurdles (69.9secs.) and added first places in both Long and High Jumps (4.58m./1.50m.) and claimed a third in the 800 metres (2mins. 33.8 secs.) In the Under 17 Girls age group Alice Flint won both the 300 metres Hurdles (52.6 secs.) and the Triple Jump (8.34m.) Champs. and Marc Bradbury added the Shot title to his haul with a putt of 13.18m..

In the Senior Mens events Chris. Cope earned Gold awards from victories in the 400m. Hurdles ( 62.0 secs.) and the 3,000m. Steeplechase ( 11 mins. 35.3 secs) and Mark Bridges also achieved a "double" winning both horizontal jumps clearing 6.47m. in the Long Jump and 11.99m. in the Triple Jump. Wayne Clarke threw the 7.26k. Hammer 48.60m. to notch up another Lincolnshire title and in the Mens Veteran category the evergreen Tim Creese won the Shot (10.65m.) and the Discus ( 31.70m.) and added seconds in both Javelin (36.73m.) and Hammer (34.77m.). A leap of 5.07m. in the "Vets" Long Jump earned George Ashcroft a County title. The "Gold Tops" captain Isabelle Whitehead recorded 18.8 secs in winning the Under 20 Womens 100m. Hurdles Final and in the same age category Melanie Bristow threw 26.37m. to secure the Javelin title.

Under 17 Josh Walker looked impressive in winning the 100m. Hurdles finishing in 14.1 secs. a time inside E.S.A.A. Championships entry standard and added a bronze award in the 200 metres recording 24.1 secs.. Sam Johnson took the 400m. Hurdles title clocking 71.1 secs. and Under 15 Reuben Reed won the High Jump championship with a margin of victory of thirteen centimetres.

Two Under 13 Boys achieved County Championship titles with Zach McDonnell-Woods winning the 75m. Hurdles Final in 18.5secs. and Luke Macleod taking the Discus title ( 11.52m.) and Sarah Jane Price won the Under 13 Girls Javelin contest (10.53m.).

Michael Craven was clear winner of the Under 17 3,000 metres race recording 9 mins 46.3 secs. and Veteran George Ashcroft made it a personal horizontal jumps double with victory in the Triple Jump with a leap measuring 9.40m.