

BOSTON and **DISTRICT** A.C.



6HR AND 12HR ROAD RACES

29th AUGUST 2010

IN THE WITHAM WAY COUNTRY PARK BOSTON LINCOLNSHIRE

DRINKS STATION * TOILETS * CHANGING FACILITIES AMPLE PARKING * FIRST AID IN ATTENDANCE * QUIET ROADS

Prizes:- Minimum, 1st Male and Female and1st Male Vet and Female Vet in the 12hr and 6hr. Memento to each finisher.

Maximum entry 50 in the 12hr and 50 in the 6hr Both races start at 0730am.

Entry Fee:- Both Races £20:00 Payable to:-

Just Athletics, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs., PE22 8SG.

Closing date for entries August 17th 2010 or when limit reached.

SURNAME:	MALE		6 HOUR	12 HOUR			
FIRST NAME:	FEMALE		BEST PERFOMANCE				
	Add	ress:					
Postcode:	Postcode:			Email:			
Tel (Home):	Tel (Home):						
Date of Birth:	Age on race day:						
	Clı	ub:					
Registration Number: (If applicable)			Entry Fee enclosed £				

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be responsible for any injury, loss or damage caused by my participation.

Signed:			