

Louth A.C. Open Cross Country . Two Boston and District Athletic Club distance runners took the opportunity of testing their early season fitness 'over the country' at the Louth Athletic Club Open Meeting on Sunday. In wonderful summer weather more suited to track and field athletics Tony Tomlin and Emma Penniston enjoyed clean, dry underfoot conditions but the high afternoon temperature forced runners to take advantage of the drinks station set up on the undulating London Road course. In the Junior, Senior Veteran Mens race over 9170 metres Tony finished in forty fourth position in a time of 52 mins 36 secs. Emma contested the Junior, Senior Veteran Ladies event over 5,730 metres and looking strong over the final two hundred metres finished in a very promising ninth place recording 29 mins 56 secs.