



FRIDAY FIVES

Starting: Friday 8th July 2011 a series of races for all standards will take place on a 5.4 miles course starting at the B-HIVE on Punchbowl Lane, Boston, Lincs. PE20 3SB

There will be five "Friday Fives" races starting at 7pm on the following dates:

July 8th, 22nd, Aug 5th, 19th, 26th.

Entries on the day from 6pm to 6.45pm

Entries on the day £5.00 or all five £20.00

Start Time 7pm.

Minimum age 15 Years

Postal Entries to: Nanette Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs. PE22 8RL

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Surname:		First Name	
Address:			
Postcode:		Email:	
Tel (Home):		Tel (Work):	
Date of Birth:		Age on race day:	
Entry Fee enclosed £		Cheques payable to BDAC	

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be responsible for any injury, loss or damage caused by my participation.

Signed