Sunday 19th February 2012

A 13.1 mile route mainly on rural roads with just 1 mile off-road (farm track). To see a map of the revised route visit the web site.

Entry Limit 1000 Permit Number: Applied for Event web site <u>www.sleafordhalf.com</u>



Shower/changing facilities Massage CHIP TIMING.

Commemorative T-Shirt, Goodie bag and a free cup of tea for all half marathon finishers

Extensive trophy list £25 prize for male/female record 1.07.41(Matt Bowser Lincoln Wellington, 2011) 1.21.59 (Philippa Taylor, Nene Valley 2011)

> realbuzz.com healthy active living

Start & Finish: RAF Cranwell, Near Sleaford Half Marathon 10:30 a.m. Fun Run 11:00 a.m.

- > The course is not suitable for wheelchair users and dogs are not permitted.
- Note that Marshals will be on post no longer than 3 hours and the finishing line will be closed at 1:30pm.
- Closing date for entries: Saturday 4th February 2012. Numbers will be posted in batches by 14th February.
- Entries on the day (if entry limit not reached,): add £2. (T-shirts sizes cannot be guaranteed to entrants on the day). If you are planning to enter on the day please check <u>www.sleafordhalf.com</u> before travelling.
- > Fun Run entries on the day only: cost £4.

e mail address for entry enquiries pinkhanksy5@hotmail.com

Event organized by Sleaford Striders. For more information on the Club visit <u>www.sleafordstriders.org</u>

Please complete **CLEARLY IN BLOCK CAPITALS!**

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Entry Details	UKA Club Runners			Unatta	ched	
Half Marathon	£13.00			£15.00		
Tee Shirt Size (Please circle size	required)	Small	Medium	Large	XL	
NAME		ESTIMAT	ED FINISH ⁻	TIME:	hours	mins
ADDRESS						
POST CODE		PHONE NC).			
EMAIL ADDRESS						
DATE OF BIRTH	AGE ON DAY			GENDER		
UK ATHLETICS AFFILIATED CLU	В					
UK ATHLETICS REG NO.						
Dest seven lated forms to Clasford Half Manathen, 2 Destroy, Avenue, Clasford NC24 7TV						

Post completed form to Sleaford Half Marathon, 2 Rookery Avenue, Sleaford NG34 7TY

I enclose my cheque/P.O. for £_____ made payable to Sleaford Striders A.C.

Numbers can only be transferred with the permission of the organiser and entry fees are not refundable I declare that I am an amateur and agree to abide by all rules that apply and certify that I am medically fit to run this event. Furthermore I agree that the organisers will in no way be held responsible for any injury, loss or illness incurred to my person during or as a result of this event.

Signature..... Date

(Runners in the Half Marathon must be aged 18 or over)

e mail address for entry enquiries pinkhanksy5@hotmail.com