

BOSTON & DISTRICT ATHLETIC CLUB

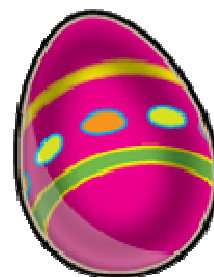
Present

The Friskney Half Marathon

Fast flat course

Start & Finish at

**The Village Hall, Friskney, near
Skegness, Lincolnshire**



Sunday 8th April 2012 start at 11.00am

2 weeks before the London Marathon

- | | | | |
|---|---------------------------|---|--------------------------|
| * | Certified measured course | * | Adequate parking |
| * | First aid in attendance | * | Changing facilities |
| * | Marshalled course | * | Toilets and Showers |
| * | Water Stations | * | Min age 17yrs on the day |

Commemorative medal to all finishers

Prizes:

First 3 men Sen, Vet40, Vet50, Vet60

First 3 women Sen, Vet35, Vet45, Vet55

First men's team Sen & Vet combined

First women's team Sen & Vet combined

Only one individual prize per runner in the category entered 3 runners to count per team

Entry Fees: £12 affiliated, £14 unattached. Please make cheques payable to Just Athletics

Closing date 29th March 2012, no late entries

Enquiries: contact 01754 820455 or www.bostonanddistrictac.com

Entry forms to:

Just Athletics, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG



Surname Firstname Male or Female (please circle)

Address: House number & street

Town Postcode

Telephone email

Date of birth Age on race day (Min age 17 years)

Affiliated Athletic Club or Unattached

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed:

Date

Parent's signature for runners under 18

Supported by

finnforest