

## The Original Poppy Run 5 Miles Road Race



**Fast flat course** 

Start/Finish at:-

## The B-Hive

Punchbowl Lane, Boston, Lincolnshire Sunday 11<sup>th</sup> November 2012 The Poppy Run Starts at 11.00am

Adequate parking \* First aid in attendance \* Toilets \* Marshalled course Water Station Prizes for the 5 mile race:

First 3 men Sen, Vet40, Vet50, Vet60 First 3 women Sen, Vet35, Vet45, Vet55 First men's team Senior/Vet combined First women's team Senior/Vet combined Only one individual prize per runner in the category entered 3 runners to count per team

All finishers to receive a Poppy Appeal Medal

Entry Fee: £10, Entries on the Day £15.00 Minimum Age 15 years.

Cheques made out to: Poppy Run/Just Athletics Closing date 8th November or when 500 entries reached.

Enquiries: contact 01754 820455 or www.bostonanddistrictac.com

Entry forms to: P Arnott, Fir Tree Cottage, Low Road, Friskney, Boston, Lincs, PE22 8SG

## **ALL PROFIT IN AID OF** THE ROYAL BRITISH LEGION POPPY APPEAL

A				
Surname:	Sex Male		Female	
First Name:	5 Mile		Age Group	
Address:				
Postcode: Email:				
Tel (Home):	Tel (Work):			
Date of Birth:	Age on race day:			
Club:	Entry Fee enclosed £			
I declare that I am medically fit to compete and that I e loss or damage caused by my participation.	enter at my own risk.	The organisers	will not be respons	sible for any injury,
Signed:		C		
Parent's signature for runners under 16. Support	ed by FINN	rores		British Legion