



Boston & District Athletic Club

'Access for All - No Barriers'

Registered Charity No. 1133406

TRACK & FIELD ATHLETICS. ROAD RUNNING. CROSS COUNTRY.
FUN RUNS. MARATHONS. JOGGING. INDOOR ATHLETICS.
CIRCUITS. FITNESS.

Training

We offer training for all abilities by qualified coaches and instructors.

Athletics

Tuesday / Thursday 7-9pm

Wednesday 4-6pm (schools groups)

Friday 5-7pm (summer) / Saturday 10am-12pm (winter) (5-11 years)

School Holiday Programmes



Running

Tuesday / Thursday 7-9pm

Some Sunday mornings



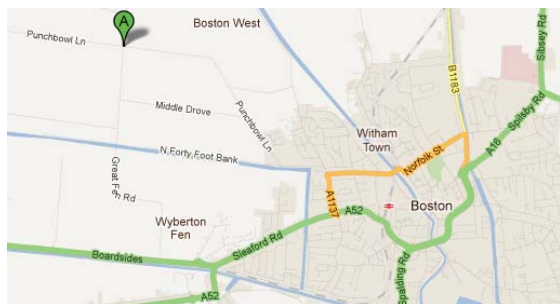
Circuit Classes/Weight Training

Evenings and weekends

Pay per session or book a course

If you are interested in getting involved or would like to offer support, call
01754 820455 (day) / 01754 820623 (eve)

'The B-Hive' has been the home of Boston and District AC since 2009. The name was chosen because it resembles the busy atmosphere of a bee hive when training or competition is taking place inside!



The B-Hive is a 1,500 square metre indoor facility alongside a grassed 8 acre track and field area.

The B-Hive, Unit 2 Yew Tree Warehouse, Yew Tree Farm, Punchbowl Lane, Boston, PE20 3SB

Affiliated to:

www.bostonanddistrictac.com

