



Under UKA rules (licence no 2013-105855) Bassingham Cricket Club present their annual

# **BASSINGHAM BASH 5 MILE ROAD RACE**

Bassingham Village Gala, Saturday 10th August 2013, 2.30pm

Flat fast rural course.

#### Over £500 worth of PRIZES

First three men and first three ladies Veteran (0ver 40, 45, 50) male and female Spot and local runner prizes

Men's Course Record; 24.58 Ben Livesey Birchfield Harriers 2012 Ladies Course Record; 29.03 Sarah Wilkinson Morpeth Harriers 2010



**Physiotherapy Personal Training**  Sports Therapy Massage Treatment **Clinical Pilates** Kinesio Taping Rehabilitation

**Group Training and Exercise** 

01522 788884 www.physiofitlincs.co.uk



Tel: +44 (0)1522 789 078 Email: steve@jaguartiming.co.uk





115c High Street, Lincoln. www.lincolnshirerunner.com



www.lmg.uk.com

### Jonathan Hobbs and Associates POACHERS

Registered Osteopaths 416B High Street Lincoln 01522 532061

(READERCY STRATEGY-CHANGE-HR MANAGEMENT e.mail: create@kre-anergy.co.uk

www. kre-anergy.co.uk Tel: 01522 872555 Fax 01522 872556

Poachers Brewery 439 Newark Rd Lincoln 01522 807404

www.poachersbrewery.co.uk

Eyecare & eyewear available at

#### j:d opticians Ltd.

17/19 AppletonGate Newark (opposite the Palace Theatre) TEL: 01636 611133

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**Tel Mike Theo 07969 149781** 

ENTRY DETAILS OVERLEAF





Under UKA rules (licence no 2013-105855)

**ENTRY FEES:** £7.00 att. £9.00 unatt. £1.00 extra on the day

Cheques payable to Bassingham Cricket Club

**ENTRIES TO** Bill Taylor, 1 Hallfield, Bassingham, Lincoln

LN5 9PF Tel. 01522 788701. Email bill@kre-anergy.co.uk

Please include a 9x8 stamped addressed envelope.

Closing data for postal entries FTH August 2012

closing date it	postal chilics 3	August 2015	

TitleFirst Na	nmeSurname
Address	
Club	Registration no
Date of Birth	MALE : FEMALE please circle
injury or damage, whether oc	t entirely my own risk and I shall make no claim for loss, ecurring before, during or after the race against the s of age and agree to abide by UKA rules
SIGNED	Date

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