

LINCOLNSHIRE TRACK AND FIELD LEAGUE 2015

MATCH 1 SUNDAY 29TH MARCH

SOUTH KESTEVEN STADIUM GRANTHAM

Track Programme (Report to starter's assistant 10 minutes prior)

Time	Event	Category
11-00am	70m hurdles	U13 girls
11-35am	1500m	U13 boys
11-45am	75m hurdles	U13 boys, U15 girls
11-50am	1500m	U13 girls
12-00 noon	80m hurdles	U17 women, U15 boys
12-05pm	1500m	U15 girls
12-15pm	100m hurdles	U20 & sen women, U17 men
12-20pm	1500m	U15 boys
12-30pm	110m hurdles	U20 & senior men
12-40pm	4 x 100m relays	All: U13 B&G – sen men & women
12-55pm	1500m	U17, U20 & sen women
1-10pm	1500m	U17, U20 & sen men
1-25pm	300m	U15 boys, U17 women
1-30pm	400m	U17, U20 & senior men
1-40pm	400m	U20 & senior women
1-50pm	80m	U11 boys & girls
1-55pm	100m	U13 boys & girls
2-05pm	100m	U15 boys & girls
2-15pm	100m	U17, U20 & sen women
2-30pm	100m	U17, U20 & sen men
2-45pm	600m	U11 boys & girls
2-55pm	3000m	U15 boys & girls
3-10pm	3000m	U17, U20 & sen men & women
3-25pm	200m	U13 boys & girls
3-35pm	200m	U15 boys & girls
3-45pm	200m	U17, U20 & sen women
3-55pm	200m	U17, U20 & sen men
4-05pm	800m	U13 boys & girls
4-15pm	800m	U15 boys & girls
4-25pm	800m	U17, U20 & sen women
4-50pm	800m	U17, U20 & sen men