

6th August 2016

Humberside Track & Field League. Six "Gold Tops" competed in the final Humberside League match at Grimsby on Sunday with five of them recording personal best performances. In the Under 13 Girls age group Amy Bunting produced three "P.B"s throwing a magnificent 22.78m in the Hammer competition and 17.91m in Discus and 7.03m in Shot Putt. In the Under 9 age group Rhys Buswell secured three new best performances. After clearing 2.18m in Long Jump Rhys then clocked 14.7secs for the 80 metres Sprint and 2 mins 30.6secs for the 600 metres. At Under 11 level Lyle Burrell Kenny cleared 3.21m in Long Jump for a new "P.B" and also ran the 80 metres in 14.1secs and the 150 metres in 25.5secs. and Georgia Ward's leap of 2.55m gave her a new best distance in Long Jump before she recorded 14.5secs in the 80 metres sprint. In the Under 11 Boys contests Matthew Lewis cleared 3.06m in Long Jump and then recorded 12.8secs for the 80 metres sprint. Senior Emma Penson ran in the Mile race recording a best ever time of 7 mins. 44.3 secs. for the track distance.

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Part 1

North of England Track & Field League Match. Boston and District Athletic Club representatives exceeded all expectations at the final match of the 2016 North of England Track and Field season by finishing in second place. The "Gold Tops" went into the match intent on survival in Division 3 following promotion to that division at the end of last season and were so successful in their efforts that they were just four points away from achieving promotion to Division 2.. In the final analysis B.A.D.A.C. scored 386 points at Cleckheaton on the day just behind League winners Scunthorpe who finished with 390 points. This was more than enough points to secure third place overall in the final League table ahead of Hallamshire Harriers, Cleethorpes and Newark with Scunthorpe and Bingley securing the two promotion places.

It was a superb team performance at Yorkshire's Cleckheaton track with representatives giving their all to preserve Boston and District A.C.'s position in Division 3E.C. for the 2017 league campaign. In half a dozen events the local club's representatives excelled.. The "Gold Tops" sprint Hurdles contributed maximum points with Frances Nuttall winning the Womens "A" race in 17.5secs and Alice Flint the "B" competition recording 17.9secs and their male counterparts Chris. Cope finishing first in the 110m Hurdles "A" event recording 18.9secs and David Turner crossing the line first in the "B" contest. to give B.A.D.A.C. The Mens 400 metres Hurdles event was almost as productive with Chris Cope finishing second in the "A" event recording 64.2 secs and David Turner winning the "B" race in 69.3 secs. and the demanding 3,000 metres Steeplechase was a similar outcome with Chris. Cope winning the "A" contest in 11 mins. 09.8secs and Matthew Cope coming home in second place in the "B" race in 13mins. 14.5secs.. The female jumpers also made a significant contribution to Boston and District A.C. success on the day with Frances Nuttall achieving second position in the Long Jump with 4.68m and Alice Flint going one place higher in the "B" event recording 4.63m. and the points situation was repeated in the High Jump with Frances second with 1.45m and Alice securing first place in the "B" competition with a clearance of 1.35m.. As at every other North of England match this season Stuart Smith's contribution was significant. He won the Discus contest with twelve metres to spare recording an excellent 45.27m and also finished first in the Shot with a putt measuring 11.93m. as well as having a considerable input in Javelin, Hammer, 100 metres and Relay. There were so many outstanding contributions by the "Gold Tops" team members on a day when in the final analysis their superb support for the team and each other comfortably preserved future competition in League 3 next season. (Further detailed results next week).

Part 2 of Beryl's report

North of England Track & Field League. The dozen Boston and District Athletic Club representatives at the final North of England Track and Field League match at Cleckheaton returned from Yorkshire having accomplished a remarkable achievement. In the first match of the 2016 series in May the "Gold Tops" struggled in their debut in Division 3EC finishing in a lowly fifth place but since that opening performance progress over the following three matches in the series advanced the local club right up to a position which saw them challenging for promotion to Division 2. In the final analysis Boston and District A.C. secured third position overall and retained their place in Division 3EC for next season when they will be hoping to make a big push for promotion in the Regional League Competition.

