

BOSTON AND DISTRICT ATHLETIC CLUB
JUNIOR SPORTSHALL ATHLETICS COMPETITIONS

At the B-Hive, Punchbowl Lane, Boston, PE20 3SB

10am – 12.30pm approx. (Registration starts at 9.15am)

EVENTS FOR

**Under 7 Boys and Girls, Under 9 Boys and Girls, Under 11 Boys and Girls
Under 13 Boys and Girls**

Entry Fee £5

Refreshments available

Saturday October 1st 2016

Saturday November 5th 2016

Saturday December 3rd 2016

Saturday January 7th 2017

Saturday February 4th 2017

Saturday March 4th 2017

Timetables will vary depending on entries but events will include:

One lap, two lap and four lap runs.

Standing Long Jump.

Standing Triple Jump.

Vertical Jump.

Speed Bounce.

Chest Pass