LINCOLNSHIRE TRACK AND FIELD LEAGUE 2017

MATCH 4 SUNDAY 3rd SEPTEMBER 2017

TOMMY CLAY TRACK, PRSA, BOSTON

Track Programme (Report to starter's assistant 10 minutes prior to event)

Time	Event	Category
10.30am	10,000m CC	U20, senior & veteran men
11.30am	300m hurdles	U17 women
	400m hurdles	U20 & senior women
	400m hurdles	U17, U20 & senior men
11.50am	1500m	U13 boys & girls
	1500m	U15 boys & girls
	1500m	U17, U20 & senior men & women
12.15pm	300m CC	U15 girls
	300m	U15 boys, U17 women
	400m	U17men, U20 & senior men &
		women
12.30pm	80m	U9 boys & girls
	80m	U11 boys & girls
	100m	U13 boys & girls
	100m	U15 boys & girls
	100m	U17, U20 & senior women
	100m	U17, U20 & senior men
1.00pm	S/CHA CC	1500m, U17,U20 & senior women
		1500m, U17men
		2000m, U20, senior & vet men
1.35pm	600m	U11 boys & girls
1.40pm	200m	U13 boys & girls
	200m	U15 boys & girls
	200m	U17, U20 & senior women
	200m	U17, U20 & senior men
	150m	U11 boys & girls
2.10pm	4 x 50m shuttle relay	U9 boys & girls
	4 x 100m relays combined	U11 & U13 boys & girls
	4 X 100m relays combined	U15 boys & girls, U17,U20 &
		senior men & women
2.30pm	800m	U13 boys & girls
	800m	U15 boys & girls
	800m	U17, U20, senior men & women

CC are County Championship events and will not score points for the Lincs League