

**BOSTON AND DISTRICT ATHLETIC CLUB**  
**JUNIOR SPORTSHALL 2019/20**  
**MATCH THREE**                      **NOVEMBER 23<sup>rd</sup> 2019**  
**RESULTS**

**UNDER SEVEN & UNDER NINE**

<b>2 Laps</b>	<b>Lumen Myers</b>	<b>B &amp; D AC</b>	<b>25.8</b>
	<b>Devan Quantrill</b>	.....	<b>26.2</b>
	<b>Noah Donnelly-Coles</b>	.....	<b>26.6</b>
	<b>Mia Clark-Atkins</b>	.....	<b>30.3</b>
	<b>Caprice Rush</b>	.....	<b>31.5</b>
	<b>Sienna Rush</b>	<b>U/7</b> .....	<b>31.5</b>
<b>3 min. Challenge</b>	<b>Lumen Myers</b>	.....	<b>23 Laps</b>
	<b>Devan Quantrill</b>	.....	<b>21</b>
	<b>Noah Donnelly-Coles</b>	.....	<b>20</b>
	<b>Mia Clark-Atkins</b>	.....	<b>18</b>
	<b>Caprice Rush</b>	.....	<b>17</b>
	<b>Sienna Rush</b>	<b>U/7</b> .....	<b>17</b>
<b>Hi-Stepper</b>	<b>Devan Quantrill</b>	.....	<b>17.7</b>
	<b>Noah Donnelly-Coles</b>	.....	<b>17.8</b>
	<b>Lumen Myers</b>	.....	<b>18.9</b>
	<b>Mia Clark-Atkins</b>	.....	<b>19.1</b>
	<b>Sienna Rush</b>	<b>U/7</b> .....	<b>22.4</b>
	<b>Caprice Rush</b>	.....	<b>25.9</b>
<b>SLJ</b>	<b>Noah Donnelly-Coles</b>	.....	<b>1.40</b>
	<b>Lumen Myers</b>	.....	<b>1.36</b>
	<b>Mia Clark-Atkins</b>	.....	<b>1.32</b>
	<b>Caprice Rush</b>	.....	<b>1.24</b>
	<b>Devan Quantrill</b>	.....	<b>1.20</b>
	<b>Sienna Rush</b>	<b>U/7</b> .....	<b>0.98</b>
<b>STJ</b>	<b>Lumen Myers</b>	.....	<b>4.00</b>
	<b>Noah Donnelly-Coles</b>	.....	<b>3.82</b>
	<b>Devan Quantrill</b>	.....	<b>3.50</b>
	<b>Mia Clark-Atkins</b>	.....	<b>3.46</b>
	<b>Caprice Rush</b>	.....	<b>3.02</b>
	<b>Sienna Rush</b>	<b>U/7</b> .....	<b>2.02</b>
<b>VJ</b>	<b>Noah Donnelly-Coles</b>	.....	<b>37</b>
	<b>Devan Quantrill</b>	.....	<b>37</b>
	<b>Lumen Myers</b>	.....	<b>35</b>
	<b>Mia Clark-Atkins</b>	.....	<b>33</b>
	<b>Caprice Rush</b>	.....	<b>23</b>
	<b>Sienna Rush</b>	<b>U/7</b> .....	<b>14</b>
<b>Chest Push</b>	<b>Lumen Myers</b>	.....	<b>3.75</b>
	<b>Devan Quantrill</b>	.....	<b>3.25</b>
	<b>Mia Clark-Atkins</b>	.....	<b>3.25</b>
	<b>Caprice Rush</b>	.....	<b>3.00</b>

	Noah Donnelly-Coles	.....	3.00
	Sienna Rush U/7	.....	1.50
<b>Balance</b>	Lumen Myers	.....	32.7secs
<b>Test</b>	Devan Quantrill	.....	21.0
	Caprice Rush	.....	17.9
	Mia Clark-Atkins	.....	13.6
	Noah Donnelly-Coles	.....	13.6
	Sienna Rush U/7	.....	10.0
<b>Speed</b>	Noah Donnelly-Coles	.....	37
<b>Bounce</b>	Devan Quantrill	.....	36
	Lumen Myers	.....	35
	Mia Clark-Atkins	.....	24
	Caprice Rush	.....	18
	Sienna Rush	.....	17
<b>UNDER ELEVEN</b>			
<b>2 Laps</b>	Jack Clark-Atkins	<b>B &amp; D AC</b>	23.5
	Issy Reid	.....	25.7
	Logan Rush	.....	25.7
	Damian McNally	.....	27.3
	Lear Holland	.....	27.7
<b>4 min</b>	Jack Clark-Atkins	.....	29 laps
<b>Challenge</b>	Logan Rush	.....	28
	Damian McNally	.....	26
	Lear Holland	.....	25
	Issy Reid	.....	24
<b>SLJ</b>	Jack Clark-Atkins	.....	1.86
	Damian McNally	.....	1.52
	Issy Reid	.....	1.48
	Leah Holland	.....	1.44
	Logan Rush	.....	1.32
<b>STJ</b>	Jack Clark-Atkins	.....	5.06
	Issy Reid	.....	4.24
	Damian McNally	.....	4.12
	Leah Holland	.....	4.10
	Logan Rush	.....	4.08
<b>Shot</b>	Jack Clark-Arkins	.....	5.21
	Issy Reid	.....	4.22
	Logan Rush	.....	3.48
	Damian McNally	.....	2.86
	Leah Holland	.....	2.46
<b>Chest</b>	Jack Clark-Atkins	.....	5.25

<b>Push</b>	<b>Issy Reid</b>	.....	<b>3.75</b>
	<b>Logan Rush</b>	.....	<b>3.75</b>
	<b>Damian McNally</b>	.....	<b>3.50</b>
	<b>Leah Holland</b>	.....	<b>3.00</b>
<b>Speed Bounce</b>	<b>Jack Clark-Atkins</b>	.....	<b>48</b>
	<b>Leah Holland</b>	.....	<b>45</b>
	<b>Issy Reid</b>	.....	<b>45</b>
	<b>Logan Rush</b>	.....	<b>45</b>
	<b>Damian McNally</b>	.....	<b>41</b>
<b>Balance Test</b>	<b>Damian McNally</b>	.....	<b>56.3 secs</b>
	<b>Jack Clark-Atkins</b>	.....	<b>41.0</b>
	<b>Logan Rush</b>	.....	<b>38.7</b>
	<b>Leah Holland</b>	.....	<b>31.2</b>
	<b>Issy Reid</b>	.....	<b>29.4</b>

#### **UNDER THIRTEEN & UNDER FIFTEEN**

<b>2 Laps</b>	<b>Louise Hirst</b>	<b>U15</b>	<b>Sleaford Striders</b>	<b>22.5</b>
	<b>Megan Reid</b>	<b>U15</b>	<b>B &amp; D AC</b>	<b>22.9</b>
	<b>Zara Holland</b>	<b>U13</b>	.....	<b>25.3</b>
	<b>Hayden Quantrill</b>	<b>U13</b>	.....	<b>25.7</b>
	<b>Abi Hirst</b>	<b>U13</b>	<b>St Georges Acad.</b>	<b>26.7</b>
	<b>Evie Milner</b>	<b>U13</b>	<b>B &amp; D AC</b>	<b>27.7</b>
<b>4 Minute Challenge</b>	<b>Louise Hirst</b>	<b>U15</b>	<b>SS</b>	<b>31 laps</b>
	<b>Megan Reid</b>	<b>U15</b>	<b>B &amp; D AC</b>	<b>28</b>
	<b>Zara Holland</b>	<b>U13</b>	.....	<b>28</b>
	<b>Hayden Quantrill</b>	<b>U13</b>	.....	<b>26</b>
	<b>Abi Hirst</b>	<b>U13</b>	<b>St Georges Acad.</b>	<b>26</b>
	<b>Evie Milner</b>	<b>U13</b>	<b>B &amp; D AC</b>	<b>24</b>
<b>SLJ</b>	<b>Megan Reid</b>	<b>U15</b>	<b>B &amp; D AC</b>	<b>1.98</b>
	<b>Louise Hirst</b>	<b>U15</b>	<b>SS</b>	<b>1.98</b>
	<b>Zara Holland</b>	<b>U13</b>	<b>B &amp; D AC</b>	<b>1.78</b>
	<b>Hayden Quantrill</b>	<b>U13</b>	.....	<b>1.60</b>
	<b>Abi Hirst</b>	<b>U13</b>	<b>St Georges Acad.</b>	<b>1.46</b>
	<b>Evie Milner</b>	<b>U13</b>	<b>B &amp; DAC</b>	<b>1.24</b>
<b>STJ</b>	<b>Louise Hirst</b>	<b>U15</b>	<b>SS</b>	<b>5.96</b>
	<b>Megan Reid</b>	<b>U15</b>	<b>B &amp; DAC</b>	<b>5.18</b>
	<b>Zara Holland</b>	<b>U13</b>	.....	<b>5.14</b>
	<b>Hayden Quantrill</b>	<b>U13</b>	.....	<b>5.12</b>
	<b>Abi Hirst</b>	<b>U13</b>	<b>St Georges Acad.</b>	<b>4.00</b>
	<b>Evie Milner</b>	<b>U13</b>	<b>B &amp; D AC</b>	<b>3.84</b>
<b>SHOT</b>	<b>Louise Hirst</b>	<b>U15</b>	<b>SS</b>	<b>7.73</b>
	<b>Megan Reid</b>	<b>U15</b>	<b>B &amp; D AC</b>	<b>6.22</b>
	<b>Zara Holland</b>	<b>U13</b>	.....	<b>4.72</b>
	<b>Abi Hirst</b>	<b>U13</b>	<b>St Georges Acad.</b>	<b>4.17</b>

	<b>Hayden Quantrill</b>	<b>U13</b>	<b>B &amp; D AC</b>	<b>3.82</b>
	<b>Evie Milner</b>	<b>U13</b>	.....	<b>2.75</b>
<b>Speed</b>	<b>Louise Hirst</b>	<b>U15</b>	<b>SS</b>	<b>72</b>
<b>Bounce</b>	<b>Zara Holland</b>	<b>U13</b>	<b>B &amp; D AC</b>	<b>68</b>
	<b>Hayden Quantrill</b>	<b>U13</b>	.....	<b>67</b>
	<b>Megan Reid</b>	<b>U15</b>	.....	<b>62</b>
	<b>Abi Hirst</b>	<b>U13</b>	<b>St Georges Acad.</b>	<b>50</b>
	<b>Evie Milner</b>	<b>U13</b>	<b>B &amp; D AC</b>	<b>40</b>
<b>Balance</b>	<b>Louise Hirst</b>	<b>U15</b>	<b>SS</b>	<b>60.0</b>
	<b>Megan Reid</b>	<b>U15</b>	<b>B &amp; D AC</b>	<b>59.8</b>
	<b>Hayden Quantrill</b>	<b>U13</b>	.....	<b>59.1</b>
	<b>Zara Holland</b>	<b>U13</b>	.....	<b>36.7</b>
	<b>Abi Hirst</b>	<b>U13</b>	<b>St Georges Acad.</b>	<b>17.1</b>
	<b>Evie Milner</b>	<b>U13</b>	<b>B &amp; D AC</b>	<b>16.5</b>

### TEAMS

<b>Christmas 'Ball Ball's'</b>	<b>70 points</b>	<b>Christmas Turkeys</b>	<b>62 points</b>
<b>Louise Hirst</b>		<b>Megan Reid</b>	
<b>Evie Milner</b>		<b>Abi Hirst</b>	
<b>Logan Rush</b>		<b>Damian McNally</b>	
<b>Jack Clark-Atkins</b>		<b>Leah Holland</b>	
<b>Lumen Myers</b>		<b>Noah Donnelly-Coles</b>	
<b>Mia Clark-Atkins</b>		<b>Devan Quantrill</b>	
<b>Running Rudolfs</b>	<b>62 points</b>		
<b>Zara Holland</b>			
<b>Hayden Quantrill</b>			
<b>Issy Reid</b>			
<b>Caprice Rush</b>			
<b>Sienna Rush</b>			