## **RETURN TO TRAINING UPDATE**

Dear athletes, parents and friends,

We hope you are all keeping safe and well.

We are writing to you to set out the arrangements we are making to open the B-Hive for training on September 1<sup>st</sup> 2020.

Some changes have had to be made and we hope that you will embrace them and help us to help you to get back to training as safely as possible.

Training nights and times will now be:

Tuesday	6.30 - 8pm	U/17 (in the 2021 T & F season) upwards
Thursday	6.30 - 8pm	U/13 & U/15 in the 2021 T & F season
Friday	5.00 - 6.30pm	U/11s

Training fees stay at £5 and we ask please that you have the correct money and put it in the tin provided at registration.

You do not need to pre-book but you must arrive on time and enter through the front door.

Parents if staying must go straight through and stay in the fitness room. Tables and chairs will be spaced out for family use. You will need to bring your own drinks if required, there will not be a tuck shop.

If you are leaving your child you must arrive on time to collect them.

Please adhere to social distancing at all times, this includes when arriving and departing from the B-Hive. We will all leave by the back door.

Whilst at the time of writing this it is not compulsory to wear a mask indoors please have one with you as the rules could have changed before September 1<sup>st</sup>.

Hand sanitisers and wipes will be available when you enter/exit the hive and at all of the different areas in both rooms.

We will ask that you stay in the designated training areas and with the coach you are working with and please only handle equipment allocated to you.

The toilets will be open and antibacterial soap and wipes will be provided. PLEASE USE THEM

Do not attend training training if you feel unwell. Attendance at training is at your own risk.

Athletes must be registered with the club and be up to date with subscriptions. Forms will be available for new members.

Before September 1<sup>st</sup> the B-Hive and the equipment will have been deep-cleaned and prepared for a return to training, any help with this will be much appreciated.

On return to training anti-bacterial sprays will be available for use during training for all areas and equipment.

We look forward to working with you all again and sincerely hope that you will help to to make it as safe as possible for all of us.

If you are able to give any time to help with the cleaning please ring:

Nanette01754 82062307711156086Peter07711156079

Very best wishes, stay safe.

Nanette & Peter