Saturday, 21st August, Costello Stadium, Hull, & Sunday, 22nd August, King George V Stadium, Grimsby

## 11.00 a.m. both days

EA Licence No. OUT 21/497

**Eligibility to Compete :-**Athletes are eligible either by virtue of birth or residence in either of the two counties (Humberside comprising the four unitary authorities of North East Lincolnshire, North Lincolnshire, East Yorkshire and Kingston upon Hull. Some athletes will have a dual qualification i.e. born in one county living in the other – these athletes must choose which county they wish to compete in, or for. They must stay with the same county each calendar year so if they entered Cross Country Championships of either county in 2020 they have made their choice for this year. NB This does not apply to schools competition where the location of the school attended is the deciding factor.

Age Groups :-all age groups, except Masters, and Under 20's are determined by age at midnight on Aug 31<sup>st</sup>/Sept. 1<sup>st,</sup> 2020. Under 20's are 17 or over on Aug. 31<sup>st</sup>, 2020 and under 20 on Dec. 31<sup>st</sup>, 2020. Age groups – Under 11 (at least 9 on Sunday 31st May. 2020), Under 13, Under 15, Under 17, Under 20 (Juniors), Seniors, Masters (Veterans) Categories for Masters/Veterans will be V35+, V50+ and V60+ only.

Awards The first three competitors in each event, from each county, in each event and age group will receive the award of their county. Athletes will not be separated by county, but the first three in each event from each county will receive the awards even if this means looking at heat times to determine the positions- Photo-finish is to be used in the Championships.

Entries. For the entry form follow the link to https://docs.google.com/forms/d/e/1FAIpQLScsD\_ty23GXPXfKoMN8nuURHZ1Kjmv-

LyAJujb51zfmcHtKCQ/viewform?usp=sf\_link

**Data Protection**:- "You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times, occupation and age category." *NB This is something new which we are advised by UKA to include on entry forms/schedules to comply with changes to the Data Protection Act.* 

Starting heights and Number of trials In all Field events except HJ and PV competitors will have four trials and if they achieve AAA Grade III standard in one of those trials they will be entitled to a further 2 trials. In the case of Masters/Veterans, who will throw the weights appropriate to their age, achieving the corresponding Masters standard in the first four rounds, shall determine whether or not two further trials are awarded. Similarly achieving Masters Standards in the first four rounds of horizontal jumps will determine whether or not 2 further trials are allowed. Opening heights U13 Girls HJ will open at 1.15 m; U13 Boys HJ at 1.20 m- the bar rising in 5 cm increments. PV will start at 1.70 m rising in 10 cm increments.

**Entry fees** £6 and an extra £4 for each subsequent event viz. £6 one event; £10 two events; £14 three events; £18 four events; £22 five events; £26 six events; £30 seven events; £34 eight events; £38 nine even

Please note the number of events an athlete in each age group may compete in is as below. They may enter more events but this is the maximum in which they can compete.

Under 11-not applicable; Under 13-3 events each day; Under 15 – 3 events each day; Under 17 -3 events each day, Under 20 – 5 events each day, Seniors and Masters - unlimited

## Closing date:- 9 p.m. Monday 9th August, 2021

10,000 metre championships (U20, Senior, Vet 35+, Vet50+, Vet 60+) for both counties will be incorporated into an Open 10,000 metres (Male and Female) in the Humberside Track League at King George V Stadium, Grimsby on 12<sup>th</sup> September 2021. Entries can be made alongside entries for these Championships or on the day.

## Humber A.A. & Lincolnshire A.A. Track & Field Championships -2021 Schedule.

Saturday, 21<sup>st</sup> August, Costello Stadium, Hull, & Sunday, 22<sup>nd</sup> August, King George V Stadium, Grimsby

## 11.00 a.m. both days

EA Licence No OUT 21/497 FVFNT SCHEDUI F

EVENT SCHEDULE		
	Saturday,21 <sup>st</sup> August, Costello Stadium, Hull.	Sunday 22 <sup>nd</sup> August, King George V Stadium, Grimsby.
Under 11 Girls		80m,150m, 600 Long Jump School Years (4 & 5)
Under 13 Girl	200m, 800m, High Jump, Long Jump, Pole Vault	100m, 1500m, 70m Hurdles, Shot.
Under 15 Girls	200m, 800m, 3000m, High Jump, Long Jump, Discus, Hammer.	100m, 300m, 1500m, 75m Hurdles, Shot, Javelin,
	Pole Vault	
Under 17 Women	200m, 800m, 3000m, 300m Hurdles, Triple Jump,	100m, 300m, 1500m, 80 m Hurdles, Long Jump, High Jump
	Hammer, Discus, Pole Vault	Shot, Javelin
Under 20 Women	200m, 800m, 3000m, 400m Hurdles, Triple Jump,	100m, 400m, 1500m, 100m Hurdles, Long Jump, High Jump,
	Shot, Hammer, Discus, Pole Vault	Javelin
Senior Women	200m, 800m, 3000m, 400m Hurdles, Triple Jump,	100m, 400m, 1500m, 100m Hurdles, Long Jump, High Jump
	Shot, Discus, Hammer, Pole Vault	Javelin
Veteran Women (V35+,	200m, 800m, 3000m, 400m Hurdles, Triple Jump	100m, 400m, 1500m, 80m Hurdles, Long, Jump, High Jump
V50+& V60+ only)	Shot, Discus, Hammer, Pole Vault	Javelin
Under 11 Boys		80m,150m, 600m Long Jump (School Years 4 &5)
Under 13 Boys	200m, 800m, High Jump, Long Jump, Pole Vault	100m, 1500m, 75m Hurdles, , Shot,
Under 15 Boys	200m, 800m, 3,000m, High Jump, Triple Jump. Discus, Hammer,	100m, 300m, 1500m, 80m Hurdles, Long Jump, Shot,
	Pole Vault	Javelin
Under 17 Men	200m, 800m, 3000m, 400m Hurdles, Triple Jump, Discus,	100m, 400m, 1500m, 100m Hurdles, High Jump, Long Jump, Shot,
	Hammer, Pole Vault	Javelin.
Under 20 Men	200m, 800m, 5000m, 400m Hurdles, Triple Jump, Shot, Discus,	100m, 400m, 1500m, 110m Hurdles, High Jump, Long Jump,
	Hammer, Pole Vault.	Javelin
Senior Men	200m, 800m, 5000m, 400m H, Triple Jump Shot, Discus,	100m, 400m, 1500m, 110m Hurdles,, High Jump, Long Jump,
	Hammer, Pole Vault	Javelin.
Veteran Men (V35+,	200m, 800m, 5000m,400m Hurdles, Triple Jump, Shot,, Discus,	100m, 400m, 1500m, 100m Hurdles, High Jump , Long Jump,
V50+& V60+ only)	Hammer, Pole Vault	Javelin

10,000 metre championships (U20, Senior, Vet 35+, Vet50+, Vet 60+, Male and Female) for both counties will be incorporated into an Open 10,000 metres (Male and Female) in the Humberside Track League at King George V Stadium, Grimsby on 12<sup>th</sup> September 2021. Entries can be made alongside entries for these Championships or on the day.