



Boston and District AC

Entry Form for

The Friskney Half Marathon

Accurately measured



Fast flat course

Start & Finish at

The Village Hall, Friskney, Near Skegness, Lincolnshire, PE22 8RD

Sunday 19th September 2021 start at 11.00am

2 weeks before the London Marathon, as usual.

Permit 2021-42065

- | | |
|-----------------------------|--|
| * Course Certificate 19/184 | * Adequate parking |
| * First aid in attendance | * Changing facilities |
| * Marshalled course | * Toilets and Showers |
| * Water Stations | * Commemorative medal to all finishers |
| * Max time limit of 3 hours | * Headphones are not permitted |

Prizes:

First men: Sen, Vet40, Vet50, Vet60
 First men's team Sen/Vet combined
 3 runners to count per team

First women: Sen, Vet40, Vet50, Vet60
 First women's team Sen/Vet combined
 3 runners to count per team

Entry Fee: £17. Discounted to £15 for affiliated runners. Minimum age 17 years

You may enter using the Runners World website or by post. For postal entries please make cheques payable to Boston & District AC and post with your entry form to:

Nanette Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs, PE22 8RJ

or make an electronic payment to: Boston & District AC, sort code 30-97-95, account number 00979085 (please remember to post your entry form when paying electronically)

Closing date 13th September 2021, no late entries

Enquiries: tel. 01754 820623 or www.bostonanddistrictac.com

Surname Firstname Male or Female (please circle)

Address: House number & street

Town Postcode

Telephone email

Date of birth Age on race day (Min age 17 years)

Affiliated Athletic Club or Unattached

I enclose a cheque for £..... or I have made an electronic payment of £..... on date

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed:
Parent's signature for runners under 18

Date