

BOSTON AND DISTRICT ATHLETIC CLUB
OPEN COMBINED EVENTS COMPETITION INCORPORATING THE LINCOLNSHIRE COUNTY CHAMPIONSHIPS
SATURDAY SEPTEMBER 3rd 2022

TIMETABLE

	<u>SEN/U20M</u> <u>DECATHLON</u>	<u>U17W/U20W</u> <u>HEPTATHLON</u>	<u>U15G</u> <u>PENTATHLON</u>	<u>U13G</u> <u>PENTATHLON</u>
10.00am	100m		LJ	
10.10		100mH		
10.20		80mH		
10.30				LJ
10.40				
10.50				
11.00am				
11.10	LJ		75mH	
11.20		HJ HJ		70mH
11.30				
11.40				
11.50			SHOT	
12.00Noon				
12.10				
12.20				SHOT
12.30				
12.40				
12.50		SHOT SHOT		
1.00pm	10K CHAMPIONSHIPS			
1.10				
1.20				
1.30	SHOT			
1.40				
1.50				
2.00			HJ	HJ
2.10				
2.20				
2.30	HJ			
2.40				
2.50				
3.00pm		200 200		
3.10			800	800
3.20				
3.30	400			