

BOSTON & DISTRICT ATHLETIC CLUB
JUNIOR SPORTSHALL 2022/23
MATCH FIVE FEBRUARY 25th 2023

RESULTS

U9 & U11 BOYS & GIRLS

2 Laps	1	Lexi Mindham	B&DAC	23.3
	2	Lucy Ambrose	B&DAC	24.2
	3	Hanna Moore	U9 Louth AC	24.8
	4	Rose Pell	B&DAC	25.1
	5	Mia Clark-Atkins	B&DAC	26.5
	6	Ellis Richardson	B&DAC	28.8
3 Laps	1	Lexi Mindham	B&DAC	37.5
	2	Lucy Ambrose	B&DAC	38.1
	3	Hanna Moore	U9 Louth AC	39.0
	4	Rose Pell	B&DAC	39.0
	5	Mia Clark-Atkins	B&DAC	41.9
	6	Ellis Richardson	B&DAC	44.6
4 Laps	1	Lexi Mindham	B&DAC	53.2
	2	Lucy Ambrose	B&DAC	53.6
	3	Rose Pell	B&DAC	55.6
	4	Hanna Moore	U9 Louth AC	55.8
	5	Mia Clark-Atkins	B&DAC	61.5
	6	Ellis Richardson	B&DAC	63.6
6 Laps	1	Lucy Ambrose	B&DAC	89.0
	2	Rose Pell	B&DAC	90.0
	3	Hanna Moore	U9 Louth AC	90.8
	4	Lexi Mindham	B&DAC	90.9
	5	Ellis Richardson	B&DAC	99.9
	6	Mia Clark-Atkins	B&DAC	101.4
SB 20secs	1	Lexi Mindham	B&DAC	47
	2	Lucy Ambrose	B&DAC	44
	3	Rose Pell	B&DAC	43
	4	Mia Clark-Atkins	B&DAC	43
	5	Ellis Richardson	B&DAC	33
	6	Hanna Moore	U9 Louth AC	32
Chest Pass	1	Lexi Mindham	B&DAC	6.00
	2	Mia Clark-Atkins	B&DAC	5.00
	3	Rose Pell	B&DAC	5.00
	4	Hanna Moore	U9 Louth AC	3.50
	5	Lucy Ambrose	B&DAC	3.50
	6	Ellis Richardson	B&DAC	3.25

Bal. Test	1	Lucy Ambrose		B&DAC	60sec
	2	Hanna Moore	U9	Louth AC	60sec
	3	Lexi Mindham		B&DAC	60sec
	4	Ellis Richardson		B&DAC	59sec
	5	Rose Pell		B&DAC	37sec
	6	Mia Clark-Atkins		B&DAC	31 sec
STJ	1	Mia Clark-Atkins		B&DAC	4.68
	2	Lexi Mindham		B&DAC	4.48
	3	Hanna Moore	U9	Louth AC	4.38
	4	Lucy Ambrose		B&DAC	3.90
	5	Rose Pell		B&DAC	3.88
	6	Ellis Richardson		B&DAC	3.36
VJ	1	Lexi Mindham		B&DAC	39
	2	Rose Pell		B&DAC	37
	3	Mia Clark-Atkins		B&DAC	33
	4	Hanna Moore	U9	Louth AC	32
	5	Lucy Ambrose		B&DAC	32
	6	Ellis Richardson		B&DAC	22
SLJ	1	Lexi Mindham		B&DAC	1.74
	2	Rose Pell		B&DAC	1.74
	3	Mia Clark-Atkins		B&DAC	1.66
	4	Lucy Ambrose		B&DAC	1.46
	5	Hanna Moore	U9	Louth AC	1.42
	6	Ellis Richardson		B&DAC	1.30

U13 BOYS & GIRLS

2 Laps	1	Owais Moore		Louth AC	22.9
	2	Jacob Collier		B&DAC	23.1
	3	Noah Donnelly-Coles		B&DAC	24.3
	4	Amelia Ambrose		B&DAC	25.9
3 Laps	1	Owais Moore		Louth AC	37.3
	2	Jacob Collier		B&DAC	38.6
	3	Noah Donnelly-Coles		B&DAC	40.4
	4	Amelia Ambrose		B&DAC	43.0
4 Laps	1	Owais Moore		Louth AC	51.8
	2	Jacob Collier		B&DAC	57.0
	3	Noah Donnelly-Coles		B&DAC	59.8
	4	Amelia Ambrose		B&DAC	64.4

6 Laps	1	Owais Moore	Louth AC	77.9
	2	Noah Donnelly-Coles	B&DAC	86.0
	3	Jacob Collier	B&DAC	86.5
	4	Amelia Ambrose	B&DAC	98.7
SB 30 secs	1	Owais Moore	Louth AC	65
	2	Noah Donnelly-Coles	B&DAC	60
	3	Amelia Ambrose	B&DAC	55
	4	Jacob Collier	B&DAC	52
Shot 3K	1	Owais Moore	Louth AC	5.22
	2	Jacob Collier	B&DAC	4.37
	3	Noah Donnelly-Coles	B&DAC	4.14
	4	Amelia Ambrose	B&DAC	2.08
Bal. Test	1	Amelia Ambrose	B&DAC	60secs
	2	Noah Donnelly-Coles	B&DAC	59secs
	3	Jacob Collier	B&DAC	47secs
	4	Owais Moore	Louth AC	40secs
STJ	1	Owais Moore	Louth AC	5.66
	2	Noah Donnelly-Coles	B&DAC	4.70
	3	Jacob Collier	B&DAC	4.15
	4	Amelia Ambrose	B&DAC	4.12
VJ	1	Owais Moore	Louth AC	44
	2	Noah Donnelly-Coles	B&DAC	35
	3	Jacob Collier	B&DAC	26
	4	Amelia Ambrose	B&DAC	24
SLJ	1	Owais Moore	Louth AC	1.62
	2	Noah Donnelly-Coles	B&DAC	1.54
	3	Jacob Collier	B&DAC	1.46
	4	Amelia Ambrose	B&DAC	1.44

U15 BOYS & GIRLS

2 Laps	1	Patrick McNally	B&DAC	22.6
	2	Ava Rhodes	Louth AC	23.4
	3	Florence Langan	Louth AC	23.8
3 Laps	1	Patrick McNally	B&DAC	35.2
	2	Ava Rhodes	Louth AC	37.2
	3	Florence Langan	Louth AC	40.6

4 Laps	1	Patrick McNally	B&DAC	45.5
	2	Ava Rhodes	Louth AC	49.7
	3	Florence Langan	Louth AC	52.9
6 Laps	1	Patrick McNally	B&DAC	76.4
	2	Ava Rhodes	Louth AC	82.3
	3	Florence Langan	Louth AC	98.4
SB 30secs	1	Patrick McNally	B&DAC	70
	2	Ava Rhodes	Louth AC	68
	3	Florence Langan	Louth AC	56
Shot	1	Patrick McNally 4K	B&DAC	6.63
	2	Ava Rhodes 3.25K	Louth AC	4.69
	3	Florence Langan	Louth AC	3.51
STJ	1	Patrick McNally	B&DAC	5.80
	2	Ava Rhodes	Louth AC	4.84
	3	Florence Langan	Louth AC	4.56
VJ	1	Patrick McNally	B&DAC	50
	2	Florence Langan	Louth AC	37
	3	Ava Rhodes	Louth AC	35
SLJ	1	Patrick McNally	B&DAC	2.02
	2	Ava Rhodes	Louth AC	1.64
	3	Florence Langan	Louth AC	1.52