



# Boston and District AC

## Entry Form for

# The Friskney Half Marathon



Accurately measured



**Fast flat course                      Start & Finish at**

**The Village Hall, Friskney, Near Skegness, Lincolnshire, PE22 8RD**  
**Sunday 9<sup>th</sup> April 2023. Start at 11.00am**

2 weeks before the London Marathon, as usual.

Permit applied for

- |                             |  |
|-----------------------------|--|
| * Course Certificate 19/184 | * Adequate parking                     |
| * First aid in attendance   | * Changing facilities                  |
| * Marshalled course         | * Toilets and Showers                  |
| * Water Stations            | * Commemorative medal to all finishers |
| * Max time limit of 3 hours | * Headphones are not permitted         |

**Prizes:**

First men: Sen, Vet40, Vet50, Vet60  
 First men's team Sen/Vet combined  
 3 runners to count per team

First women: Sen, Vet40, Vet50, Vet60  
 First women's team Sen/Vet combined  
 3 runners to count per team

**Entry Fee: £17. Discounted to £15 for affiliated runners. Minimum age 17 years**

You may enter using the Run Britain website or by post.

For postal entries please make cheques payable to Boston & District AC and post with your entry form to:  
 Nanette Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs, PE22 8RJ  
 or make an electronic payment to: Boston & District AC, sort code 30-97-95, account number 00979085  
 (please remember to post your entry form when paying electronically)

**Closing date 3rd April 2023, no late entries**

**Enquiries: tel. 01754 820623 or [www.bostonanddistrictac.com](http://www.bostonanddistrictac.com)**

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Surname ..... Firstname ..... Male or Female (please circle)

Address: House number & street .....

Town ..... Postcode .....

Telephone ..... email .....

Date of birth ..... Age on race day ..... (Min age 17 years)

Affiliated Athletic Club or Unattached .....

I enclose a cheque for £..... or I have made an electronic payment of £..... on date .....

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed: .....  
 Parent's signature for runners under 18

Date .....