

**BOSTON AND DISTRICT ATHLETIC CLUB**  
**OPEN PENTATHLON COMPETITION**  
**SUNDAY APRIL 30<sup>th</sup> 2023**  
**RESULTS**

**U11 GIRLS TRIATHLON**

1	Rose Pell		B&DAC		
	LJ	3.54	56 points		
	Vortex	13.86	49.....		
	600m	2.25.0	54.....	Total points	159

2	Evie Nolan		B&DAC		
	LJ	2.76	30 points		
	Vortex	13.70	48 .....		
	600m	2.49.1	37 .....	Total points	115

**U13 GIRLS TRIATHLON**

1	Olivia Lindsey		Newark AC		
	Shot	5.15	42 points		
	LJ	3.14	42 .....		
	800m	3.02.8	58 .....	Total points	142

2	Isabelle Thorpe		Sleaford Striders		
	Shot	4.21	33 points		
	LJ	3.24	46 .....		
	800m	3.07.2	56 .....	Total points	135

3	Letitia Arch		Sleaford Striders		
	Shot	2.94	20 points		
	LJ	3.65	59 .....		
	800m	3.07.5	56 .....	Total points	135

4	Amelia Ambrose		B&DAC		
	Shot	2.57	18 points		
	LJ	2.71	28 .....		
	800m	3.57.3	55 .....	Total points	101

**U13 BOYS TRIATHLON**

1	Will Blagburn		Retford AC		
	Shot	4.69	38 points		
	LJ	1.98	10 .....		
	800m	4.03.2	28 .....	Total points	76

### U15 GIRLS PENTATHLON

Chloe Fields			Lincoln Wellington AC		
1	75H	13.8	497 points		
	Shot	10.68	574 .....		
	HJ	1.40	512 .....		
	LJ	4.33	386 .....		
	800m	2.56.0	403.....	Total points	2372
2 Mia O'Donnell			Crewe & Nantwich AC		
	75H	13.7	502 points		
	Shot	6.32	292 .....		
	HJ	1.35	460 .....		
	LJ	4.13	338 .....		
	800m	2.37.9	597 .....	Total points	2189
3 Alice Grieve			Rushcliffe AC		
	75H	14.8	414 points		
	Shot	6.09	277 .....		
	HJ	1.35	460 .....		
	LJ	4.15	343 .....		
	800m	2.46.8	497 .....	Total points	1991
4 Julia Paluch			B&DAC		
	75H	14.6	430 points		
	Shot	6.73	318 .....		
	HJ	1.20	312 .....		
	LJ	4.45	416 .....		
	800m	3.07.9	295 .....	Total points	1637
5 Kirsten Richardson			B&DAC		
	75H	16.4	301 points		
	Shot	4.61	184 .....		
	HJ	1.15	266 .....		
	LJ	3.33	167 .....		
	800m	3.03.9	330 .....	Total points	1382

### U15 BOYS PENTATHLON

1 Euan Lowe			Lincoln Wellington AC		
	80H	13.8	497 points		
	Shot	7.78	353 .....		
	HJ	1.53	411 .....		
	LJ	5.10	402 .....		
	800m	2.31.6	303 .....	Total points	1966

2	Isaac Pickering		Crewe & Nantwich AC	
	80H	13.0	568 points	
	Shot	8.50	396 .....	
	HJ	N/J	N/S	
	LJ	5.06	394 .....	
	800m	2.24.6	389 .....	Total points 1747

3	Joseph Thorpe		Sleaford Striders	
	80H	18.3	190 points	
	Shot	4.10	140 .....	
	HJ	1.20	188 .....	
	LJ	3.85	182 .....	
	800m	2.48.7	135 .....	Total points 835

#### U17 WOMEN

1	Thaila Jade Mason		Bedford & County	
	80H	12.7	599 points	
	Shot	7.84	389 .....	
	HJ	1.56	689 .....	
	LJ	5.21	617 .....	
	800m	2.46.6	500 .....	Total points 2794

#### U17 MEN

1	Loui Whittaker		Lincoln Wellington AC	
	100H	16.2	570 points	
	Shot	7.35	328 .....	
	HJ	1.40	317 .....	
	LJ	5.69	521 .....	
	800m	2.34.8	246.....	Total points 1982
2	Patrick McNally		B&DAC	
	100H	17.8	423 points	
	Shot	5.89	242 .....	
	HJ	1.48	374 .....	
	LJ	4.61	358 .....	
	800m	2.42.5	189 .....	Total points 1586

#### U20 WOMEN

1	Hannah Hardwick		B&DAC	
	100H	19.9	258 points	
	Shot	5.85	262 .....	
	HJ	1.10	222 .....	
	LJ	3.86	276 .....	
	800m	3.21.7	190 .....	Total points 1208

2	Megan Reid		B&DAC		
	100H	DNF	N/S		
	Shot	6.37	295 points		
	HJ	1.20	312 .....		
	LJ	2.55	40 .....		
	800m	DNF	N/S	Total points	647

SENIOR MEN

1	Olli Tiainen		B&DAC		
	110H	23.8	112 points		
	Shot	7.89	360.....		
	HJ	1.40	317 .....		
	LJ	4.83	514 .....		
	800m	2.42.3	191 .....	Total points	1494