

BOSTON AND DISTRICT ATHLETIC CLUB  
OPEN COMBINED EVENTS COMPETITION  
INCORPORATING THE LINCOLNSHIRE COUNTY CHAMPIONSHIPS COMBINED  
EVENTS

SATURDAY SEPTEMBER 2nd and SUNDAY SEPTEMBER 3rd 2023  
AT THE TOMMY CLAY TRACK, PRINCESS ROYAL SPORTS ARENA,  
GREAT FEN ROAD, BOSTON. PE21 7PB  
TROPHIES FOR FIRST THREE IN EACH AGE CATEGORY  
COUNTY BADGES FOR FIRST THREE IN COUNTY CHAMPIONSHIPS

The Combined Events for each age group are:

U13 Girls Pentathlon Long Jump, 70m Hurdles, Shot, High Jump, 800m (Sat. Sept. 2nd)

U15 Girls Pentathlon Long Jump, 75m Hurdles, Shot, High Jump, 800m (Sat. Sept. 2nd)

U17 Women Heptathlon 80m Hurdles, High Jump, Shot, 200m, Long Jump, Javelin, 800m

U20/Senior Women Heptathlon 100m Hurdles, High Jump, Shot, 200m, Long Jump, Javelin, 800m

U13 Boys Pentathlon Long Jump, 75m Hurdles, Shot, High Jump, 800m (Sun. Sept. 3<sup>rd</sup>)

U15 Boys Pentathlon Long Jump, 80m Hurdles, Shot, High Jump, 800m (Sun. Sept. 3<sup>rd</sup>)

U17 Men Octathlon 100m Hurdles, Long Jump, Shot, 400m, High Jump, Discus, Javelin, 1500m

U20/Senior Men Decathlon 100m, Long Jump, Shot, High Jump, 400m, 110m Hurdles, Discus, Pole Vault, Javelin, 1500m

SUNDAY SEPTEMBER 3<sup>rd</sup> TO INCLUDE:

U11 Boys & Girls Triathlon (school years 5/6) Long Jump, Vortex, 600m

Entry Fees:

Triathlon     £10

Pentathlon    £15

Heptathlon    £20

Octathlon     £20

Decathlon     £20

**CLOSING DATE FOR ENTRIES AUGUST 21<sup>st</sup> 2023**