



# Boston and District AC

## Entry Form for

# The Poppy Run

# 10Km Road Race



Accurately measured



**Fast flat course                      Start & Finish at**  
**The Village Hall, Friskney, Near Skegness, Lincolnshire, PE22 8RD**  
**Sunday 12<sup>th</sup> November 2023. Start at 10.00am**

Permit applied for  
 Adequate parking \* First aid in attendance \* Toilets  
 Marshalled course \* Water Station

Prizes:

First men: Sen, Vet40, Vet50, Vet60      First women: Sen, Vet40, Vet 50, Vet 60  
 First men's team Senior/Vet combined      First women's team Senior/Vet combined  
 3 runners to count per team  
 All finishers to receive a Poppy Appeal Medal

**Entry Fees: Affiliated £15, Unaffiliated £17. Minimum Age 15 years.**

You may enter using the Run Britain website or by post.  
 For postal entries please make cheques payable to Boston & District AC and post with your entry form to:  
 Nanette Johnson, Paddock Way, Field Lane, Friskney, Boston, Lincs, PE22 8RJ  
 or make an electronic payment to: Boston & District AC, sort code 30-97-95, account number 00979085  
 (please remember to post your entry form when paying electronically)

**Closing date 6th November, no late entries.**

**Enquiries: tel. 01754 820623 or [www.bostonanddistrictac.com](http://www.bostonanddistrictac.com)**

**ALL PROFIT IN AID OF THE ROYAL BRITISH LEGION POPPY APPEAL**

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The Poppy Run 10Km entry form (photocopies accepted)

Surname ..... First name ..... Male or Female (please circle)

Address: House number & street .....

Town ..... Postcode .....

Telephone ..... email .....

Date of birth ..... Age on race day ..... (Min age 15 years)

Affiliated Athletic Club or Unattached .....

I enclose a cheque for £..... or I have made an electronic payment of £..... on date .....

I declare that I am medically fit to compete and that I enter at my own risk. The organisers will not be held liable for any injury, loss or damage caused by my participation.

Signed: .....  
 Parent's signature for runners under 16

Date .....