

Lincolnshire Athletics T&F Championships 2024 Prospectus.



Sunday 12th May 2024 Yarborough Track, Riseholme Road, Lincoln, LN1 3PT.

EA Licence No. OUT 24/110

1. Welcome to Lincolnshire Athletics County Championship 2024

It is Lincolnshire Athletics great pleasure to present our own County Championship Prospectus. It has been a considerable time since we were able to host this event for the County athletes. Lincolnshire Athletics has taken on the challenge to provide this event for 2024. It shall be the first time for several years that it has been hosted by Lincolnshire Athletics. It is envisaged that this pilot event will give us the knowledge and capability to expand the meeting over subsequent years. Lincolnshire Athletics will be presenting an ambitious programme and will be providing hand timing and measurements for this initial meeting. A warm welcome is extended to all athletes and spectators.

Lincolnshire Athletics expresses gratitude to all the Officials who are supporting this event, without whom this would not have been possible.

2. Eligibility to Compete

Athletes are eligible either by virtue of birth or residence in Lincolnshire. Some athletes will have a dual qualification i.e. born in one County living in the other – these athletes must choose which County they wish to compete in, or for. They must stay with the same county each calendar year so if they entered Cross Country Championships of either County in 2023/2024 XC season they have made their choice for this year.

3. Age Groups

U11 (School Yrs 4-5) and at least 9 years old on Sunday 12th May. 2024.

U13 (School Yrs 6-7)

U15 (School Yrs 8-9)

U17 (School Yrs 10-11),

U20 (Juniors) are 17 or over on Aug. 31st, 2024 and under 20 on Dec. 31st, 2024

Seniors are 20 and over on Dec. 31st, 2023

Masters will be:

35 - 39 M35 W35

40 - 44 M40 W40

45 - 49 M45 W45

50 - 54 M50 W50

55 - 59 M55 W55

60 - 64 M60 W60

65 - 69 M65 W65

70 - 74 M70 W70

75 - 79 M75 W75

80 - 84 M80 W80

85 - 89 M85 W85

90 - 94 M90 W90

95 - 99 M95 W95

100+ M100 W100

(Years old on the day of competition).

4. Awards

The first three competitors in each event and age group will receive an award.

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5. Entries.

We are using the Roster Platform this year and all athletes, parents, coaches or clubs will need to follow this link to create an account if they don't already have one:

<https://meets.rosterathletics.com/public/signup>

Once signed up simply search for our Lincolnshire Championships event.

Alternatively:

<https://meets.rosterathletics.com/public/competitions/details/about?id=24489>

and select the registration button.

6. Data Protection

"You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times and age category. *In compliance with the Data Protection Act.*

7. Starting heights and Number of trials

In all Field events except HJ and PV competitors will have four trials and if they achieve AAA Grade III standard in one of those trials they will be entitled to a further 2 trials. In the case of Masters/Veterans, who will throw the weights appropriate to their age, achieving the corresponding Masters standard in the first four rounds, shall determine whether two further trials are awarded. Similarly achieving Masters Standards in the first four rounds of horizontal jumps will determine whether 2 further trials are allowed.

Opening heights

U13 Girls HJ will open at 1.15 m;

U13 Boys HJ at 1.20 m- the bar rising in 5 cm increments.

PV will start at 1.70 m rising in 10 cm increments.

U11 Long Jump will be 3 Jumps Only.

Athletes may use their own implements if the equipment has been presented to the Field Referee for weighing at least 1 hour prior to the event in which the equipment shall be used.

8. Entry fees:

Meeting Fee = £5

U17 and older an additional £3 per event

I.E. 1 event is £5+£3 = £8

Juniors (U15 and Under) Meeting Fee plus £2 per event

I.E. 1 event is £5+£2 = £7

Please note the number of events an athlete in each age group may compete in is as below.

U11 -3 events **UKA rules to be applied**

U13s and U15s and U17s can only do 3 events

U13s can only compete in one event between 600m and 1500m

U15s can only compete in one event between 600m to 3000m

Closing date: Sunday 21 Apr 2024

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9. Event Prospectus

Start Time 10.00 a.m.

Age Group	Track	Field
U11 F	80m, 600m	LJ
U11 M	80m, 600m	LJ
U13 F	100m, 150m, 800m, 1500m	HJ, LJ, DT, JT, SP
U13 M	100m, 150m, 800m, 1500m	HJ, LJ, DT, JT, SP
U15 F	75mH, 100m, 200m, 300m, 800m, 1500m	HJ, LJ, DT, JT, SP, HT
U15 M	80mH, 100m, 200m, 300m, 800m, 1500m	HJ, LJ, DT, JT, SP, HT, TJ
U17 F	80mH, 100m, 200m, 300mH, 400m, 800, 1500m,	HJ, LJ, DT, JT, SP, HT, TJ, PV
U17 M	100mH, 100m, 200m, 400m, 400mH, 800m, 1500m	HJ, LJ, DT, JT, SP, HT, TJ, PV
U20 F	100mH, 100m, 200m, 400m, 800m, 1500m, 400mH	HJ, LJ, DT, JT, SP, HT, TJ, PV
U20 M	110mH, 100m, 200m, 400m, 800m, 1500m, 400mH, 3000m	HJ, LJ, DT, JT, SP, HT, TJ, PV
SW	100mH, 100m, 200, 400m, 800m, 1500m, 400mH, 3000m	HJ, LJ, DT, JT, SP, HT, TJ, PV
FV	100m, 200m, 400m, 800m, 1500m, 3000m	HJ, LJ, DT, JT, SP, HT, TJ, PV
SM	110mH, 100m, 200m, 400m, 800m, 1500m, 400mH, 3000m	HJ, LJ, DT, JT, SP, HT, TJ, PV
MV	100m, 200m, 400m, 800m, 1500m, 3000m	HJ, LJ, DT, JT, SP, HT, TJ, PV

Athletes may enter and pay for as many events as they choose but will be limited on the day to the number of events they are allowed to compete in for their age group.

It is a packed programme and we will endeavour to avoid clashes of events where we can but there is a strong possibility some clashes will still occur.

It is up to the athletes to manage this on the day. Our officials will endeavour to accommodate any athlete when they need to leave for another event. Please remember that the track events have precedence over field events.

Unfortunately, we are unable to issue refunds under any circumstances.

10. UKA Anti-Doping Rules

Athletes are required to read this statement from UKA

'An entrant shall be deemed to have made him/herself/their self, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entry, whether the licence holder is a citizen of, or resident in, the UK.'

Entering the County Championships will be taken as acceptance of the above statement.