

BOSTON & DISTRICT ATHLETIC CLUB
TOMMY CLAY DEVELOPMENT SERIES
MEETING FIVE FRIDAY JUNE 28th 2024

Report from Beryl Clay

Two B.A.D.A.C. hammer throwers achieved personal best performances at the fifth of this season's Tommy Clay Track & Field Development Series Meetings on June 28th. Following his victory at the Anglian Schools Track and Field Championships at Norwich Edward Roffe threw 39.01m, which exceeded the English Schools A.A. Championships Entry Standard by over a metre. We wish Edward all the very best for the 2024 E.S.A.A. Junior Boys Hammer competition at Alexander Stadium, Birmingham next weekend. Mia Clark-Atkins threw 20.78m in the Under 13 Girls event for a new Hammer "P.B." At Under 15 level Isobel Cassell cleared a personal best 8.08m in the Triple Jump and equalled her best 100 Metres performance recording 14.7 secs. Under 13 Girls Rose Pell and Lexi Mindham also ran well over 100 Metres with Rose just one tenth of a second outside her best effort of 15.3 and Lexi equalling her best time of 14.9 secs.. The sixth event in the Series is on Friday July 12th with the first event at 6-30pm. as usual.