

There were a large number of personal best performances achieved at the third and final competition in the 2026 Club Sportshall Athletics Series held on March 6th

The Under 13 & Under 15 Vertical Jump result was exceptional with all five competitors extending their "P.B.'s" for the event. Lexi Mindham recorded a leap of 58cms. well above her previous best for Vertical Jump and also improved her time in both Two Laps 21.7 secs. , Four Laps 48.5 secs. and Standing Long Jump 2.15m. for an excellent conclusion to her Sportshall competition season. Rose Pell added two centimetres to her previous best in the series of Vertical Jumps recording 54 cms. and also went faster in both Two Laps 22.1 secs. and Four Laps 48.8 secs. for a competitive finish to her series. Emily Ward ran a good Six Laps clocking 1 min. 15.8 secs. and also improved her best performances in Vertical Jump 42cms. , Standing Triple Jump 5.22m. and Four Laps 49.1 secs.. Aurelia Barrett won the Four Laps race in 47.9 secs. , completed Six Laps in 1 min. 25.5 secs. and achieved a "P.B." in Vertical Jump registering a height of 50 cms.. In the same age group Toby Nicholson won the Six Lap race in 1 min. 21 secs. and bettered his performances in Four Laps 48.1 secs. Vertical Jump 35 cms. and Standing Long Jump 1.80m..

Three Under 11 girls added to their previous best 2026 series performances. Connie Waterson had an excellent competition and set five "personal bests" in Two Laps 22,7 secs. , Four Laps knocking a full second off her P.B. by recording 50,1 secs. , Standing Long Jump 1.88m. , Vertical Jump 38cms. and Standing Triple Jump 4.52m.. Lottie Blossom Amos equalled one best performance and improved five others. Completing Two laps in 23,4 secs. and reducing her Four Laps time by almost three seconds 52.5 secs., Lottie also cleared 1,80m. in Standing Long Jump , achieved a total of 44 in Speed Bounce and recorded 5.50m in Ball Push for five new "P.B.'s" . Charlotte Eguarvoen added to her best results by finishing the Two Laps in 22,.8 secs., the Four Laps in 51,0 secs. and amassed a total of 59 in the Speed Bounce as well as equalling her best clearance of 1.64m. in Standing Long Jump.

At Under 9 level Tyrus Lubys won all of the events on the programme and produced two "personal bests" . Tyrus reduced his Two Lap time by a full second clocking 23.6 secs. then added a centimetre to his best Vertical Jump leap recording 35 cms. and also won the Six Lap race in a time of 1 min. 33.3 secs..Harry Maycock was second in the Six Laps in 1 min. 34.1 secs. equalled his best in Vertical Jump 24 cms. and created a new "P.B." with a leap of 1.15m. in Standing Long Jump. Caleb Tyler set personal records in Two Laps 27.5 secs., Vertical Jump 26cms. , Speed Bounce 20 and equalled his best distance in the 1k Ball Push. Millie Penson set three new personal best performances . Millie improved her Two Lap time by a full second recording 28.4 secs. , reduced her Four Lap time by thirteen tenths clocking 66.0 secs. and extended her Standing Long Jump best from 1.08m to 1.22m.. Amayah Rose Eguavoen bettered results in four events recording 27 in Speed Bounce, 3.75m. in Ball Push , 26cms. in Vertical Jump an improvement of three centimetres and 66.0secs for Four Laps which was a massive reduction of 28 seconds on her previous best time for the distance..Under 7 Rupert Ellis made considerable improvements in performances in both track and field events.In Speed Bounce Rupert improved from 15 to a total of 18 ,and reduced his Four Lap time from 1 min. 14.2 secs, to 1 min. 10.2 secs. , added three centimetres to his Standing Long Jump achieving 1.08m. and extended his Ball Push from 1,05m. to 1.08 m..

We now look forward to the transfer of these promising performances to our forthcoming outdoor track and field competition season with the first of our Tommy Clay Track and Field Development Series on Friday April 10th .