

Congratulations to the twenty members who entered and competed in this year's Lincolnshire Track and Field Championships. As a club athlete it is important to take the opportunity to test yourself in competition against other Lincolnshire qualified athletes in your age group and twenty "Gold Tops" did that with success at this year's County Championships

We have seven 2026 County Champions who finished first in their respective events and in addition many of our representatives achieved personal bests. In the Veteran Womens 3000 Metres Emma Penson recorded 14 mins. 16.3 secs. to secure the Lincs A.A. Gold Award and claim the County Championship for her age group. Under 20 Jess Newlin threw a season's best in the Hammer recording 23.09m. to claim her 2026 Gold Award and Isabelle Reid gained her County Championship in the Under 17 Javelin event with a throw measuring 20.82m.. At Under 16 level Lexi Mindham won the High Jump with a splendid new personal best clearance of 1.51m.. Adding to her High Jump Gold Award Lexi recorded a season's best Long Jump performance achieving 4.45m. for third place and a County Bronze Award. It was a good County Champs. for Lexi who also picked up a Silver Award in the 80m. Hurdles final finishing second in 13.8secs just one tenth outside her "P.B.". We wish Lexi continued good performances as she now goes on to represent Lincolnshire in the Northern Counties Inter-County Match at Shilden next weekend

In the Under 14 Girls Discus Championship competition Emily Ward created a new personal best throw recording 17.01m. to claim her first County Track & Field Champs, Gold Award. In the Under 12 section Connie Waterson won the Long Jump with a personal best clearance of 3.59m to establish herself as 2026 County champion. Connie added a Bronze Award to her 2026 collection when she recorded a personal best 12.3 secs. in third place in the 75 Metres Sprint. This "P.B" time was upgraded in the Under 12 Triathlon on Day 2 when Connie recorded 11.7secs in the 75 Metres, 3.34m. in Long Jump and 13.30m in the Vortex Throw to amass 203 points for runner up position and the Silver Award. Our sole male County Champion is Tajus Lubys who after a good Sportshall Athletics season showed good all round ability to win the Under 10 Boys Triathlon Gold Award. Recording a best time of 8.3 secs. for the 50 Metres Sprint, 3.11m. for Long Jump and a near "P.B." 21.70m. in Vortex Tajus finished with a total of 319 points in first position.

There were a number of other notable performances. In the Under 16 Boys category Caleb Cowley achieved a Silver Award in Javelin with 29.62m, and a Bronze Award for Long Jump with a leap measuring 4.88m. and in the same age group Harry Jackson was third in the 300 Metres clocking 40.6 secs. Rose Pell improved her 75m. Hurdles time to finish second in 14.3 secs. and added a further Silver Award in Long Jump with a clearance of 4.08m. Aurelia Barrett and Emily Ward shared the same time of 14.6 secs for 100 Metres for Bronze Awards and Emily added a further Bronze Award in the 200 Metres recording 30.6 secs.. At Under 14 level Toby Nicholson gained a Silver in Shot 4.57m. and a Bronze in the 200 Metres 30.8 secs. and although outside the awards he achieved personal bests in 100 Metres 14.9 secs. and 800 Metres 2 mins 40.5 secs.. John Maycock gained an Under 12 Bronze Award in 75 Metres sprint recording a "P.B." 11.9 secs. and extended his Long Jump best to 3.25m. In the Girls Under 12 category Lottie Blossom - Amos earned a Silver Award in the 150 Metres reducing her "P.B." by almost three seconds and also achieves a new best time in the 75 Metres clocking 12.5 secs.. Iris Barrett set a new "P.B." in the 75 Metres 12.8 secs. and in the Under 10 Girls Triathlon Millie Penson knocked half a second off her 50 Metres "P.B." recording 10.3 secs. and improved her best Vortex throw to 8.90 m.. Well done all who took on the challenge of the 2026 Lincolnshire A.A, County Track and Field Championships -you did your Club and yourselves proud.