

Lincolnshire Track & Field League

Matches 1 & 3 April 10th & July 24th 2005

Track Programme (report to the Marksman 10 mins before the time stated)

| | |
|--------------|---|
| 11.30 | 70m H U/13 Girls |
| 11.35 | 1500m U/13 Boys |
| 11.45 | 75m H U/13Boys, U/15 Girls |
| 11.50 | 1500m U/13 Girls |
| 12.00 | 80m H U/17 Women, U/15 Boys |
| 12.05 | 1500m U/15 Girls |
| 12.15 | 100m H U/20/Sen/Vet Women, U/17Men |
| 12.20 | 1500m U/15 Boys |
| 12.30 | 110m H U/20, Sen/Vet Men |
| 12.45 | 4 x 100m U/13 Girls, U/13 Boys, U/15 Girls, U/15 Boys |
| 1.00 | 4 x 100m U/17 Women, U/17 Men, U/20 Men & Women, Sen/Vet Men & |
| 1.20 | 1500m U/17 Women, U/20 Women, Sen/Vet Women Women |
| 1.30 | 1500m U/17 Men, U/20 Men, Sen/Vet Men |
| 1.40 | 300m U/17 Women |
| 1.45 | 400m U/17 Men, U/20 Men |
| 1.50 | 400m U/20 Women, Sen/Vet Women |
| 1.55 | 400m Sen/Vet Men |
| 2.00 | 80m U/11 Girls, U/11 Boys |
| 2.10 | 100m U/13 Girls, U/13 Boys |
| 2.25 | 100m U/15 Girls, U/15 Boys |
| 2.35 | 100m U/17 Women, U/20 Women, Sen/Vet Women |
| 2.50 | 100m U/17 Men, U/20 Men, Sen/Vet Men |
| 3.05 | 600m U/11 Girls, U/11 Boys |
| 3.15 | 3000m U/15 Girls, U/15 Boys |
| 3.30 | 3000m U/17/U/20/Sen/Vet Men & Women |
| 3.50 | 200m U/13 Girls, U/13 Boys |
| 4.05 | 200m U/15 Girls, U/15 Boys |
| 4.20 | 200m U/17 Women, U/20 Women, Sen/Vet Women |
| 4.30 | 200m U/17 Men, U/20 Men, Sen/Vet Men |
| 4.45 | 800m U/13 Girls, U/13 Boys |
| 5.00 | 800m U/15 Girls, U/15 Boys |
| 5.15 | 800m U/17 Women, U/20 Women, Sen/Vet Women |
| 5.25 | 800m U/17 Men, U/20 Men, Sen/Vet Men |

FIELD PROGRAMME

MATCHES 1 April 10th, 2 April 24th, 3 July 24th & 4 August 21st 2005

| | 11.30 | 12.20 | 1.05 | 2.20 | 3.10 | 4.00 |
|------------|---------------------------|----------------------------|-------------------------|-------------------|---------------------------|------------------|
| HJ | U/15G U/13G | U/15B U/17M | U/20 S/V Men | U/13B | U/17,U/20 S/V Women | |
| LJ | U/11B U/11G | U/13G U/15G Women | U/17 U/20 S/V | U/15B | U/13B Men | U/17 U/20 S/V |
| TJ | U/17, U/20 S&VM | U/17, U/20 S&VW | | | | |
| SH | U/13B | U/15B U/17 M | U/17,U/20 S&VW | U/13G U/15G | U/17 U/20/S/V Men | |
| DIS | | | U/13G U/13B U/15G | U/20M S&VM | U/17W U/20W S&VW | U/17M U/15B |
| JAV | B/THR U/11B&G | U/13B U/15B | U/20M S&VM | U/17W U/20S&VW | U/17M | U/13G U/15G |
| HAM | U/17,U/20 S&VM | U/15B U/17,U/20 S&VW | | | | |
| PV | ALL GROUPS..... 1.50m+ | | | | | |

Lincolnshire Track & Field League

Matches 2 & 4 April 24th & August 21st 2005

Track Programme (report to the Marksman 10 mins before the time stated)

| | |
|-------|---|
| 11.30 | 300m H U/17 Women |
| 11.35 | 400m H U/20, Sen & Vet Women |
| 11.45 | 400m H U/17Men, U/20 Men, Sen & Vet Men |
| 11.55 | 1500m U/13 Boys |
| 12.05 | 1500m U/13 Girls |
| 12.15 | 1500m U/15 Girls |
| 12.25 | 1500m U/15 Boys |
| 12.35 | 1500m U/17Women, U/20 Women, Sen & Vet Women |
| 12.50 | 1500m U/17Men, U/20 Men, Sen & Vet Men |
| 1.00 | 300m U/17 Women |
| 1.05 | 400m U/17 Men, U/20 Men |
| 1.10 | 400m U/20 Women, Sen & Vet Women |
| 1.15 | 400m U/20 Men, Sen & Vet Men |
| 1.20 | 80m U/11 Girls & U/11 Boys |
| 1.30 | 100m U/13 Girls, U/13 Boys |
| 1.45 | 100m U/15 Girls, U/15 Boys |
| 1.55 | 100m U/17 Women, U/20 Women, Sen & Vet Women |
| 2.10 | 100m U/17 Men, U/20 Men, Sen & Vet Men |
| 2.25 | 600m U/11 Girls & U/11 Boys |
| *2.35 | 3000m U/15 Girls, U/15 Boys, U/17 Women |
| *2.50 | 1500m S/Cha U/17 Men, U/20, Sen & Vet Men & Women |
| 3.05 | 200m U/13 Girls, U/13 Boys |
| 3.20 | 200m U/15 Girls, U/15 Boys |
| 3.35 | 200m U/17 Women, U/20 Women, Sen & Vet Women |
| 3.50 | 200m U/17 Men, U/20 Men, Sen & Vet Men |
| 4.05 | 800m U/13 Girls, U/13 Boys |
| 4.20 | 800m U/15 Girls, U/15 Boys |
| 4.35 | 800m U/17 Women, U/20 Women, Sen & Vet Women |
| 4.50 | 800m U/17 Men, U/20 Men, Sen & Vet Men |
| 5.05 | 4 x 200m U/13 Girls, U/13 Boys, U/15 Girls, U/15 Boys, U/17 Women |
| 5.25 | 4 x 400m U/17 Men, U/20, Sen & Vet Men & Women |

* Match 4

| | |
|-------|---|
| 10.30 | 10000m County Champs U/20, Sen & Vet Men |
| 2.30 | 5000m County Champs replaces 3000m U/15 B & G, U/17W and 1500m Stp/Chase |