

Lincolnshire Track & Field League

Matches 1 & 3 April 9th & May 28th 2006

Track Programme (report to the Marksman 10 mins before the time stated)

11.30	70mH U/13 Girls
11.35	1500m U/13 Boys
11.45	75mH U/13Boys, U/15 Girls
11.50	1500m U/13 Girls
12.00	80mH U/17 Women, U/15 Boys
12.05	1500m U/15 Girls
12.15	100mH U/20/Sen/Vet Women, U/17Men
12.20	1500m U/15 Boys
12.30	110mH U/20, Sen/Vet Men
12.45	4 x 100m U/13 Girls, U/13 Boys, U/15 Girls, U/15 Boys
1.00	4 x 100m U/17 Women, U/17 Men, U/20 Men & Women, Sen/Vet Men & Women
1.20	1500m U/17 Women, U/20 Women, Sen/Vet Women
1.30	1500m U/17 Men, U/20 Men, Sen/Vet Men
1.40	300m U/17 Women
1.45	400m U/17 Men, U/20 Men
1.50	400m U/20 Women, Sen/Vet Women
1.55	400m Sen/Vet Men
2.00	80m U/11 Girls, U/11 Boys
2.10	100m U/13 Girls, U/13 Boys
2.25	100m U/15 Girls, U/15 Boys
2.35	100m U/17 Women, U/20 Women, Sen/Vet Women
2.50	100m U/17 Men, U/20 Men, Sen/Vet Men
3.05	600m U/11 Girls, U/11 Boys
3.15	3000m U/15 Girls, U/15 Boys
3.30	3000m U/17/U/20/Sen/Vet Men & Women
3.50	200m U/13 Girls, U/13 Boys
4.05	200m U/15 Girls, U/15 Boys
4.20	200m U/17 Women, U/20 Women, Sen/Vet Women
4.30	200m U/17 Men, U/20 Men, Sen/Vet Men
4.45	* 800m U/13 Girls, U/13 Boys
5.00	800m U/15 Girls, U/15 Boys
5.15	800m U/17 Women, U/20 Women, Sen/Vet Women
5.25	800m U/17 Men, U/20 Men, Sen/Vet Men

* May 28th Lincs. U/13B & U/13G Triathlon Championships

FIELD PROGRAMME

MATCHES 1 April 9th, 2 April 23rd, 3 May 28th & 4 August 20th 2006

	11.30	12.20	1.05	2.20	3.10	4.00
HJ	U/15G U/13G	U/15B U/17M	U/20 S/V Men	U/13B	U/17,U/20 S/V Women	
LJ	U/11B U/11G	U/13G U/15G	U/17 U/20 S/V Women	U/15B	U/13B	U/17 U/20 S/V Men
TJ	U/17, U/20 S&VM	U/17, U/20 S&VW				
SH	* U/13B	U/15B U/17 M	U/17,U/20 S&VW	* U/13G U/15G	U/20/SV Men	
DIS			+ U/13G + U/13B U/15G	U/20M S&VM	U/17W U/20W S&VW	U/17M U/15B
JAV	B/THR U/11B&G	+ U/13B U/15B	U/20M S&VM	U/17W U/20S&VW	U/17M	+ U/13G U/15G
HAM	U/17,U/20 S&VM	U/15B U/17,U/20 S&VW				
PV	ALL GROUPS.....					
	1.50m+					

*** May 28th U/13B & U/13G Lincs Triathlon Championships**

+ August 20th U/13B & U/13G Lincs Discus and Javelin Championships

Lincolnshire Track & Field League

Matches 2 & 4 April 23rd & August 20th 2006

Track Programme (report to the Marksman 10 mins before the time stated)

- 11.30 300m H U/17 Women
- 11.35 400m H U/20, Sen & Vet Women
- 11.45 400M H U/17Men, U/20 Men, Sen & Vet Men
- 11.55 1500m U/13 Boys
- 12.05 1500m U/13 Girls
- 12.15 1500m U/15 Girls
- 12.25 1500m U/15 Boys
- 12.35 1500m U/17Women, U/20 Women, Sen & Vet Women
- 12.50 1500m U/17Men, U/20 Men, Sen & Vet Men
- 1.00 300m U/17 Women
- 1.05 400m U/17 Men, U/20 Men
- 1.10 400m U/20 Women, Sen & Vet Women
- 1.15 400m U/20 Men, Sen & Vet Men
- 1.20 80m U/11 Girls & U/11 Boys
- 1.30 100m U/13 Girls, U/13 Boys
- 1.45 100m U/15 Girls, U/15 Boys
- 1.55 100m U/17 Women, U/20 Women, Sen & Vet Women
- 2.10 100m U/17 Men, U/20 Men, Sen & Vet Men
- 2.25 600m U/11 Girls & U/11 Boys
- *2.35 3000m U/15 Girls, U/15 Boys, U/17 Women
- *2.50 1500m S/Chase U/17 Men, U/20, Sen & Vet Men & Women
- 3.05 200m U/13 Girls, U/13 Boys
- 3.20 200m U/15 Girls, U/15 Boys
- 3.35 200m U/17 Women, U/20 Women, Sen & Vet Women
- 3.50 200m U/17 Men, U/20 Men, Sen & Vet Men
- 4.05 800m U/13 Girls, U/13 Boys
- 4.20 800m U/15 Girls, U/15 Boys
- 4.35 800m U/17 Women, U/20 Women, Sen & Vet Women
- 4.50 800m U/17 Men, U/20 Men, Sen & Vet Men
- 5.05 4 x 200m U/13 Girls, U/13 Boys, U/15 Girls, U/15 Boys, U/17 Women
- 5.25 4 x 400m U/17 Men, U/20, Sen & Vet Men & Women

* Match 4

- 10.30 10000m County Champs U/20, Sen & Vet Men
- 2.30 5000m County Champs replaces 3000m U/15 B & G, U/17W and 1500m Stp/Chase