

Lincolnshire Athletics T&F Championships 2025 Prospectus.



Sunday 11th May 2025 Yarborough Track, Riseholme Road, Lincoln, LN1 3SP.

EA Licence No. OUT 25/031

1. Welcome to Lincolnshire Athletics County Championship 2025

A warm welcome is extended to all athletes and spectators.

Lincolnshire Athletics expresses its gratitude to all the Officials and helpers who are supporting this event, without whom this would not have been possible.

2. Eligibility to Compete

Athletes are eligible either by virtue of birth or residence in Lincolnshire. Some athletes will have a dual qualification i.e. born in one County living in the other – these athletes must choose which County they wish to compete in, or for. They must stay with the same county each calendar year so if they entered Cross Country Championships of either County in 2024/2025 XC season they have made their choice for this year.

3. Age Groups

U11 (School Yrs 4-5) and at least 9 years old on Sunday 11th May, 2025.

U13 (School Yrs 6-7)

U15 (School Yrs 8-9)

U17 (School Yrs 10-11),

U20 (Juniors) are 17 or over on Aug. 31st, 2025 and under 20 on Dec. 31st, 2025

Seniors are 20 and over on Dec. 31st, 2025

Masters will be in the age groups below on the day of competition :

35 - 39 M35 W35

40 - 44 M40 W40

45 - 49 M45 W45

50 - 54 M50 W50

55 - 59 M55 W55

60 - 64 M60 W60

65 - 69 M65 W65

70 - 74 M70 W70

75 - 79 M75 W75

80 - 84 M80 W80

85 - 89 M85 W85

90 - 94 M90 W90

95 - 99 M95 W95

100+ M100 W100

4. Awards

The first three competitors in each event and age group will receive an award.

Lincolnshire Athletics T&F Championships 2025 Prospectus.



Sunday 11th May 2025 Yarborough Track, Riseholme Road, Lincoln, LN1 3SP.

5. Entries.

We are using the Roster Platform this year and all athletes, parents, coaches or clubs will need to follow this link to create an account if they don't already have one:

<https://meets.rosterathletics.com/public/signup>

Once signed up simply search for our Lincolnshire Championships event.

Alternatively:

<https://meets.rosterathletics.com/public/competitions/details/about?id=25834>

and select the registration button.

6. Data Protection

"You agree that we may publish your Personal Information as part of the results of the Event and may pass such information to the governing body or any affiliated organisation for the purpose of insurance, licences or for publishing results either for the event alone or combined with or compared to other events. Results may include (but not be limited to) name, any club affiliation, race times and age category. *In compliance with the Data Protection Act.*

7. Starting heights and Number of trials

Opening heights

U13 Girls HJ will open at 0.90 m - the bar rising in 5 cm increments.

U13 Boys HJ at 0.95 m - the bar rising in 5 cm increments.

PV will start at 1.70 m rising in 10 cm increments.

Throws and horizontal jumps will be a 'straight 4 attempts'

U11 Long Jump will be 3 Jumps Only.

Athletes may use their own implements if the equipment has been presented to the Field Referee for weighing at least 1 hour prior to the event in which the equipment shall be used.

8. Entry fees:

Meeting Fee = £5

U17 and older an additional £4 per event

i.e. 1 event is £5+£4 = £9

Juniors (U15 and Under) Meeting Fee plus £3 per event

i.e. 1 event is £5+£3 = £8

Please note the number of events an athlete in each age group may compete in is as below.

UKA rules to be applied

U11 - 3 events

U13s and U15s and U17s can only do 3 events

U13s can only compete in one event between 600m and 1500m

U15s can only compete in one event between 600m to 3000m

Lincolnshire Athletics T&F Championships 2025 Prospectus.

Sunday 11th May 2025 Yarborough Track, Riseholme Road, Lincoln, LN1 3SP.



9. Closing date: 20/4/2025 (*midnight*) Sorry but it's not possible to accept late entries.

Lincolnshire Athletics T&F Championships 2025 Prospectus.



Sunday 11th May 2025 Yarborough Track, Riseholme Road, Lincoln, LN1 3SP.

Event Prospectus

Start Time 10.00 a.m.

Age Group	Track	Field
U11 F	80m, 600m	LJ
U11 M	80m, 600m	LJ
U13 F	100m, 150m, 800m, 1500m	LJ, DT, JT, SP, HJ
U13 M	100m, 150m, 800m, 1500m	LJ, DT, JT, SP, HJ,
U15 F	100m, 200m, 300m, 800m, 1500m, 75mH,	LJ, DT, JT, SP, HJ, HT
U15 M	100m, 200m, 300m, 800m, 1500m, 80mH,	LJ, DT, JT, SP, HJ, HT, TJ
U17 F	100m, 200m, 400m, 800m, 1500m, 3000m, 80mH, 300mH	LJ, DT, JT, SP, HJ, HT, TJ, PV
U17 M	100m, 200m, 400m, 800m, 1500m, 3000m, 100mH, 400mH,	LJ, DT, JT, SP, HJ, HT, TJ, PV
U20 F	100m, 200m, 400m, 800m, 1500m, 3000m, 100mH, 400mH	LJ, DT, JT, SP, HJ, HT, TJ, PV
U20 M	100m, 200m, 400m, 800m, 1500m, 3000m, 110mH, 400mH	LJ, DT, JT, SP, HJ, HT, TJ, PV
SW	100m, 200m, 400m, 800m, 1500m, 3000m, 100mH, 400mH,	LJ, DT, JT, SP, HJ, HT, TJ, PV
FV	100m, 200m, 400m, 800m, 1500m, 3000m	LJ, DT, JT, SP, HJ, HT, TJ, PV
SM	100m, 200m, 400m, 800m, 1500m, 3000m, 110mH, 400mH	LJ, DT, JT, SP, HJ, HT, TJ, PV
MV	100m, 200m, 400m, 800m, 1500m, 3000m	LJ, DT, JT, SP, HJ, HT, TJ, PV

Athletes may enter and pay for as many events as they choose but will be limited on the day to the number of events they are allowed to compete in for their age group.

It is a packed programme and we will endeavour to avoid clashes of events where we can but there is a strong possibility some clashes will still occur.

It is up to the athletes to manage this on the day. Our officials will endeavour to accommodate any athlete when they need to leave for another event. Please remember that the track events have precedence over field events.

Unfortunately, we are unable to issue refunds under any circumstances.

10. UKA Anti-Doping Rules

Athletes are required to read this statement from UKA

'An entrant shall be deemed to have made him/herself/their self, familiar with, and agreed to be bound by the UKA Anti-Doping Rules and to submit to the authority of UK Anti-Doping in the application and enforcement of the Anti-Doping Rules. The UKA Anti-Doping Rules apply to entrants participating in the sport of Athletics, for 12 months from the date of entry, whether the licence holder is a citizen of, or resident in, the UK.'

Entering the County Championships will be taken as acceptance of the above statement.